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In other business, the BOCC continued proposed Amendments to Zoning regulations related to Power Generation Facilities until Aug. 6, and agreed to separate consideration of Power Generation Facilities from consideration of Massage Therapy Businesses and Natural Medicine Businesses.

## 'When we're asleep, they're working' **CITIZEN PRAISES MCSO AND JAIL STAFF; BOCC APPROVES TITLE I FUNDS DISTRIBUTION AT REGULAR MEETING**

**Montrose** Mirror

#### **Bv** Caitlin Switzer

LOCAL NEWS, FREE TO YOU!

MONTROSE-The Montrose Board of County Commissioners (BOCC) gathered for a regular meeting on Wednesday, June 4. BOCC Chair Scott Mijares called the session to order. All commissioners were present.

© Issue No. 641June 9, 2025

Following the Pledge of Allegiance, Pastor Karl Leuthauser of Grace Community Church delivered the Invocation, referencing Romans 15:13. "Father, I thank you, I thank you for these leaders. I thank you for their heart to serve this community...may the God of joy fill you with all joy as you trust in him, so that you may overflow with hope and the power of the holy spirit...let us do our work with great joy..."

Mijares thanked Pastor Leuthauser for organizing the

Continued pg 6

# **ALLISON NADEL RECUPERATING FROM BRAIN SURGERY**

#### Courtesy of Montrose Altrusa

MONTROSE-On Sept. 10, 2024, Allison Nadel underwent major brain surgery to remove a 4 cm tumor located at the base of her brain. Following the 11-hour surgery, she spent three weeks recovering at St. Mary's Hospital in Grand Junction. Allison has been recuperating at home since Oct. 8, getting stronger, healing well and seeing good progress in her vision, balance, and coordination.

While she currently walks out in public with her walker, she navigates around the house on her own, growing in independence. Allison has weekly therapy appointments and challenges herself with workouts at the pool, working on puzzles and crocheting. She still has a lot of healing to experience and we'd like to provide support and encouragement through this process. The recovery may seem slow to her, but she's a fighter and we continue to see tremendous progress! To follow her healing journey, search for "Allison Nadel" on Caring-Bridge.com. To make a financial donation to assist in her ongoing recovery and medical expenses, please join us at the fundraiser on June 28. You can also make a donation to her benefit account at Alpine Bank or on her Caring



Above, Allison Nadel with her mother, Linda Nadel. Courtesy photo.

Gia Pirelli: The Satisfied Woman!

Bridge site.

**City Dismisses Constituent Concerns Over Traffic Safety!**  Photos from 2025 Montrose Pride Fest Cartoon by Tim Jomes! & Other local Events!

**Calendar of Events!** 



#### Dear Readers:

We appreciate your letters! We like reading and hearing opinions from all perspectives. We are sharing herewith our updated guidelines: In the past we have had one rule, to be implemented at the editor's discretion. We are now including two more suggested "Rules" for letter writers.

Page 2

RULE 1. The Dead Horse Rule has been in place from the start of the *Mirror*. This is somewhat self-explanatory, but there are times when something has been said so many times it can run afoul of the "Dead Horse Rule," in which case we will inform the writer.

RULE 2. While there are always exceptions, a letter can often say what needs to be said in one page or less. Our pages are 8.5 X 11, we use a 10 pt Calibri font; letters that are roughly 800 words fit well within this suggested guideline.

RULE 3. Please limit repetitive mud-slinging to avoid bumping up against Rule 1. Also, in the case of those writing to intentionally discredit a public official or candidate for public office, please provide a link to the source of your allegation if possible. Unsourced, unproven allegations are not credible, and could in fact be untruths.

Finally, opinions expressed in letters and commentary are those of the authors themselves, and do not reflect the views of the *Montrose Mirror* or editorial staff.

Thank you, Caitlin Switzer, Montrose Mirror Editor



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# Kora Harp Events

West African Kora Event Wednesday, June 11— 6:30pm Library Meeting Room

Join us for a West African Kora Event with Sean Gaskell on Wednesday, June 11 at 6:30pm in the library's meeting room. This event will feature

320 S 2nd, www.montroselibrary.org Mon-Thurs 10-7, Fri 10-6, Sat 10-5, Sun 1-5, (970)249-9656.



MONTROSE REGIONAL

LIBRARY DISTRICT

Sean and the 21 string Kora Harp. He will play some selections for attendees along with sharing insight into his musical journey. No registration is necessary for this event, but space is limited.

# COMMUNITY NEWS BRIEFS

# YOUTH SUMMER GOLF CAMP SET TO START JUNE 25

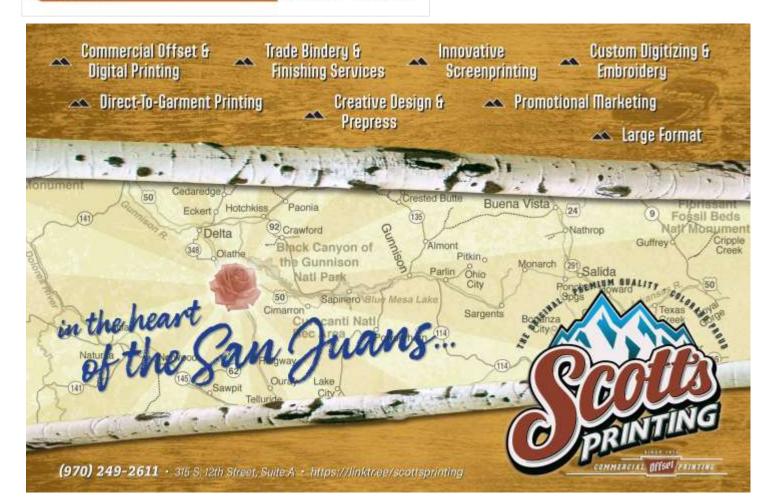
Special to the Mirror MONTROSE-The Youth Summer Golf Camp is the perfect opportunity for new players to learn the fundamentals of golf! The camp includes:



The basics of the golf swing
On-course etiquette and rules
Sportsmanship and teamwork
Sessions at all local courses
Practice rounds at Black Canyon Golf Course
Snacks and drinks
A spot in the Jack Pixler Tournament
Free weekly play at participating courses

-Free weekly play at participating courses Registration for the camp is \$90 per youth. Camp times and age groups vary.

For more details and to register, visit the <u>Montrose</u> Junior Golf Alliance website.





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# **REGIONAL NEWS BRIEFS**

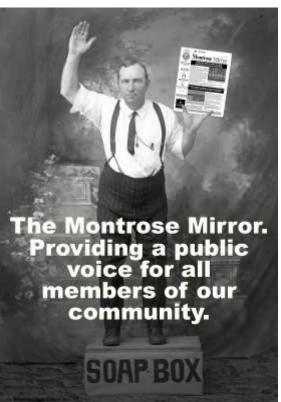
#### WHISPER IN THE ALLEYS: A HAUNTED HISTORY TOUR FOR ADULTS FRIDAY 13TH OF JUNE



#### Special to the Mirror

MONTROSE-This exclusive after-hours event is designed for adult thrill seekers ready to explore what lurks in the darkened alleys of downtown Montrose. Join the local museum's ghost expert for an evening of eerie tales woven with rich history, as you uncover the secrets hiding in the shadows. The tour winds through historic streets and makes special stops at unique buildings steeped in legend and lore. At each stop, you will have time to soak in the chilling ambiance—and enjoy a selection of libations that will warm your spirits. Spaces for this special crawl are limited. Tickets cost \$25.00 per person. RSVP by calling 970-249-2085 or emailing <u>in-</u>

<u>fo@montrosehistory.org</u> (the ticket price includes appetizers and the guided tour with the local historian; drinks are not included.) The tour begins at the Montrose Historical Museum at 6:00 pm on Friday June 13.



## BOCC APPROVES TITLE I FUNDS DISTRIBUTION AT REGULAR MEETING From page 1

#### recent Day of Prayer for public officials. PUBLIC COMMENT PERIOD

Jim Anderson spoke. "...As you know, Montrose County and the residents here fully support our Montrose County Sheriff's Office...they certainly deserve our respect, our support, and our love ... " Anderson also thanked Sheriff Gene Lillard for arranging for him to take a tour of the jail. "I found the most incredible group of officers you would ever want to meet," he said. "...Our jail staff is the most professional jail staff that I've ever seen, what they have to know and what they have to regulate, and what they have to do on a day-to-day basis--it's a very dangerous world in there...I would like to thank Sheriff Lillard and the staff, and I would like the public to know and the press to know what a wonderful Sheriff's office we have ... I'd also like to thank the staff, and in particularly our county commissioners who fully support our Montrose County Sheriff's Department, Sheriff Gene Lillard and the fine, fine work they do.

"When we're asleep, they're working. Thank you very much."

#### **INTERIM COUNTY MANAGER**

Interim County Manager Leslie Quon had no changes to the meeting agenda.

#### **CONSENT AGENDA**

Commissioners voted unanimously to approve Consent Agenda items, with Resolution 29-2025 assigned to Item 6.

# GENERAL BUSINESS & ADMINISTRATIVE ITEMS

The first two items were approved unanimously, as presented by Vendla Stockdale of Montrose Regional Airport:

- Consideration and possible action on the Land Lease Agreement for New Hangar Build at <u>1770 Airport Road</u>, with Warren Investments, LLC; as reviewed by Counsel; and

- Consideration and possible action on the Land Lease Agreement for New Hangar Build at <u>1790 Airport Road</u>, with Warren Investments, LLC; as reviewed by Counsel. Commissioners also voted to approve the Chair's signature on <u>an agreement</u> with Summit Water Engineers, Inc. to provide expert technical advice regarding water rights of Montrose County in four pending water court cases. The contract provides for a fee of \$200 per hour, not to exceed \$8,500 without additional written approval of the Board.

Commissioners approved the Chair's signature on an <u>agreement</u> and <u>conflict waiver</u> with the Dufford Waldeck law firm to provide legal services regarding the water rights of Montrose County in four pending water court cases. The contract provides for a fee of \$380 per hour, not to exceed \$15,200 without additional written approval of the Board.

Item 5 generated some discussion; "Consideration and possible authorization of the Chair's signature on <u>Resolution 30-</u> <u>2025</u> concerning distribution of Title I funds received under the Secure Rural Schools and Community Self Determination Act of 2000 and Colorado Revised Statutes 30-29-101 et seq." The County will pass \$99,423.67 on to the four school districts operating within Montrose County.

BOCC Chair Scott Mijares said that the County has financial needs as well; Commissioner Sue Hansen said that she was not interested in making changes to the distribution of Title I funds. "I think we ought to stick with what we've done in the past."

BOCC Vice Chair Sean Pond asked about the West End schools.

Finance Director Cindy Dunlap said that the funds are distributed among the four local school districts serving Montrose County, including the West End, Norwood, Delta, and Montrose County RE-1J. The RE-1J schools receive the lion's share of the distribution, at \$92,001.69, Dunlap said.

Commissioners voted two to one to approve Resolution 30-2025, with Mijares opposed.

The BOCC unanimously approved the 2025 Gravel Crushing Services contract to Steincrusher, LLC of Delta having submitted the lowest responsible, <u>responsive</u> bid in the amount of \$859,250. This is \$279,250 more than the 2025 budget amount of \$580,000; funds transferred from another project will cover the additional cost. Upon approval, a purchase order will be issued to Steincrusher, LLC. Also unanimously approved was the Chair's signature on a Cooperative Law Enforcement Agreement between Montrose County and the USDA, Forest Service Grand Mesa, Uncompahgre and Gunnison National Forests, which compensates the Sheriff's Office for assistance with law enforcement on public lands. Commissioners then left regular session, to reconvene as the Montrose County Board of Adjustment.

#### MONTROSE COUNTY BOARD OF ADJUST-MENT

Upon consideration of a <u>request</u> for variance for a <u>set-back of 6 feet where 10 feet</u> <u>is required</u>, for Applicant Christopher Kor at Parcel 376515101003, the Board of Adjustment voted unanimously to deny the variance.

# PLANNING AND DEVELOPMENT GENERAL BUSINESS

The first P&D item was consideration and possible approval of the <u>Ranger Ran-</u> <u>chettes Special Use Permit [SU24-005]</u> based on the findings of fact and subject to the conditions of approval listed in the <u>staff report</u>. The item had been continued from the <u>special meeting</u> of Wednesday, May 28. After some discussion, Commissioners voted to re-open the public hearing and to allow additional written and inperson public comment, and to continue the matter to the BOCC meeting of June 18. Written comment may be submitted to County Planning and Development <u>Director Tallmadge Richmond</u>.

The second planning and development item was the <u>proposed Amendment to</u> <u>the Montrose County Zoning Regulations</u> related to Power Generation Facilities, Massage Therapy Businesses, and Natural Medicine Businesses.

The BOCC took comment from the public. Among those who spoke were Don Coram; Janet Chapman; Ryan Sedgley; Jennifer Jones; Thomas McCloskey; and Jim Heneghan.

BOCC Chair Scott Mijares expressed concerns about the impacts of solar energy plants, and a desire to hear opposing viewpoints. He said that he would support

# BOCC APPROVES TITLE I FUNDS DISTRIBUTION From previous pg

continuing the moratorium, while Commissioner Sue Hansen expressed a readiness to move forward and lift the moratorium Commissioner Sean Pond said that he is an advocate of solar energy, but also of taking the time needed to ensure the decision is the right one.

With Hansen voting to deny, the vote was two-to-one in favor of continuing the matter until Aug. 6. All three agreed to separate consideration of Power Generation Facilities from consideration of Massage Therapy Businesses and Natural Medicine Businesses. Following a five-minute recess, commissioners voted to approve the four remaining Planning and Development items:

- The <u>Heller Subdivision Preliminary Plan</u> [MA25-003] proposal to divide 10.66 acres into two lots at Parcel 376534400015; - <u>Trout Creek IV Resubdivision</u> Preliminary Plan [MA25-004] proposal to divide a six-acre Lot into three lots at Parcel

399326107002; and

- The Ash Warehouse Minor Subdivision [MI25-005] proposal to divide 42.590 acres into two Lots at Parcel 349528200013, 2520 N. River Road, and

- The <u>Cimarron Vista Subdivision</u> <u>Request for Extension [EXT24-006] proposal</u> to extend the time period of a Minor Subdivision application.

With no further business, the meeting was adjourned.





# **COLORADO NEWS BRIEFS**

## FREE SUMMER MEALS AVAILABLE FOR ALL COLORADO YOUTH AGES 18 AND YOUNGER

#### Special to the Mirror

**DENVER** -- The Colorado Department of Education today announced that 635 summer meal sites are open statewide to provide meals free of charge to all youth ages 18 and younger. Parents, families, and community members can visit www.kidsfoodfinder.org to find a nearby meal site.

The Summer Meals Program is funded by the U.S. Department of Agriculture and administered by the Colorado Department of Education's School Nutrition Unit in partnership with community-based program sponsors. Last year, program sponsors provided more than 1.9 million meals to Colorado youth.

"Many Colorado children rely on their schools for access to food, and our Summer Meals Program provides a critical resource for children and families during the summer months. We are grateful to our 83 community partners for stepping up to serve them, said Colorado Education Commissioner Susana Córdova Meals are provided free of charge to any youth aged 18 and younger; no registration, identification, or proof of income or enrollment is required to access summer meals.

CDE is working with 82 community organizations that have applied to operate 635 meal sites across the state. In rural areas, some sites allow children to take meals home and others are even offering home delivery options to reach more children. Any school, nonprofit, government agency, camp, university, or community- or faith-based organization can serve as a summer meals provider, and it's not too late to get involved. New meal sites are

welcome to join the program by partnering with an existing provider anytime throughout the summer. All meals served meet USDA nutrition guidelines.

Finding a meal site is easy—just visit www.kidsfoodfinder.org. Summer meals are free, healthy, and available to all kids and teens. No sign-up. No ID. Just food.

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# **OPINION/EDITORIAL: LETTERS**

# WE THE PEOPLE DON'T WANT TO USE OUR CITY FUNDS (SALES TAX FUNDS INCLUDED) FOR ILLEGAL ACTIVITIES

#### To the City of Montrose:

Thank you, Mayor Frank, for your time last week explaining to me that you have stated that Montrose is a non-sanctuary city. I still have a problem with your statement. A verbal statement can be rescinded at any time by anybody. As Dr. Gayle Frazzetta stated at the last city council meeting 5/20/25 "until Montrose declares that it is a non-sanctuary city in writing it is not binding". I am asking the council to declare or proclaim or produce something in writing stating exactly what you stated at the end of the last city council meeting, that Montrose is a non-sanctuary city. You have said that a written statement is nonbinding, well, I feel that a verbal statement as made by you is more non-

binding. If the council were to declare or proclaim Montrose to be a non-sanctuary city in writing signed by the mayor and council members it would become obvious to all that Montrose is non-sanctuary. This would also be a notification to the local NGOs that receive city funds that they are not to be used for illegals. Notice, I am still referring to those that have entered our country illegally and are living in our midst as illegals. A person who has entered our country by legal means and plans on making America their country, making Colorado their home state, and making Montrose County and city their permanent home are immigrants (legal immigrants, if you prefer). The legal immigrant has done everything required to

become an American citizen. A true immigrant wants to become part of the community, not a sponge looking for a handout. A true immigrant will become a part of our community and not just a way of sending all their funds out of state. So you see, a declaration would help the legal immigrant and not the freeloader. By making this proclamation it would put the NGOs who are currently aiding the illegals on notice that WE THE PEOPLE don't want to use our city funds (sales tax funds included) for illegal activities. I am asking the entire city council to produce such a document for proof that Montrose is indeed a non-sanctuary city. Thank You, John Brown, Montrose



# **REGIONAL NEWS BRIEFS**

# **CSP WARNS MOTORISTS TO WATCH FOR WILDLIFE THIS CALVING SEASON**





FAIR &

08.22.2025



DELTAHEALTHCO.ORG/HEALTHFAIR/ 🕤 🕲 💟 in 🖸 🕑

#### Special to the Mirror

COLORADO — June and July are peak calving seasons for elk, and the Colorado State Patrol is launching an education and enforcement campaign, "Give Me a 'Brake'" to help reduce wildlife–vehicle collisions. Troopers wanted to share these practical tips from Wild Aware and their Wild Eyes Program:

-Scan roads (or shoulders) for movement, eye shine -Use bright lights at night when safe and flash lights at oncoming cars to warn of wildlife on the road -Do not honk at wildlife in/near road

-Stop for wildlife in road/use hazard lights -Don't exceed the speed limit

Wildlife-vehicle collisions can be very costly to drivers. According to the Rocky Mountain Insurance Information Association, the insurance industry pays out nearly \$1.1 billion yearly in claims for all wildlife collisions nationwide. The average property damage cost of these crashes is estimated at over \$3,000.

If you are involved in a crash with an animal, Colorado State Patrol wants you to call 9-1-1 just as you would in any other emergency. In addition, if you witness wildlife in distress from possibly being struck on or near the side of the road, call \*CSP for the proper resource to be notified and sent to the scene.



see something, say something



Constituents who wish to speak at City Council meetings must now line up and await their turn. Meting Screenshot June 3, 2025.

#### By Caitlin Switzer

MONTROSE-From Fourth of July festivities to concerns about proposed development plans, a variety of topics came before the Montrose City Council at the regular meeting of June 3. All City Councilors were present. Constituents also filled council chambers as Mayor David Frank called the meeting to order and led in saying the Pledge of Allegiance.

Council issued a proclamation in support of <u>Pride Month in Montrose County</u>. A number of representatives from Montrose Pride were present to accept the Proclamation.

Mayor Frank presented the "You Make a Difference" award to Montrose Pavilion staff members Danny Kinimaka and Ryan Henderson, for their hard work on behalf of the community and for consistently going above and beyond to ensure every production runs smoothly.

#### CALL FOR PUBLIC COMMENT ON NON-AGENDA ITEMS

Frank read the rules for public comment and asked all who wished to speak to form a line.

First to speak was Cliff Faurer, who noted that the Envision 2040 Comprehensive Plan is scheduled to be updated over the coming year. Significant development is planned and underway in the southeast area of the city but much remains unknown. "...There appear to be significant inconsistencies between planned and actual land use ... "

Faurer read from the comprehensive plan, and said, "It appears that there is a disconnect between the planned use and the proposed use of the land identified as the Leonard Farms and Valley Ranch subdivisions...let's make sure that upcoming updates to the comprehensive plan reflect the needs of the community and adhere to the land use designations." Teresa Faurer spoke. She asked what an evacuation plan would look like if the proposed Leonard Farms and Valley Ranch subdivisions were in place. "...it would be safe to say that a full evacuation of this immediate area today would result in more 400 vehicles evacuating at the same time down a single road...these numbers do not include the emergency vehicles that are entering the developments being evacuated ... "

John Brown spoke. He said that despite Mayor Frank stating that Montrose is not a sanctuary city, the City's sanctuary status should be in writing. "...a verbal statement can be rescinded any time by anybody...if it is not in writing in a contract format than it never happened. This is a contract with the people...I feel that a verbal statement as made by you is also non-binding..."

Brown asked council to produce something in writing, signed by the Mayor and Council. "This would also be notification to the local NGO's that receive City funds to not use those funds for illegals...a person who has entered our country by legal means and plans on making America their country, making Colorado their home, and making Montrose county and city their permanent home are immigrants—legal immigrants...a declaration would help the legal immigrant and not the freeloaders...we the people don't want to use our funds, sales tax funds included, for illegal activities..."

Michael Badagliacco spoke about water, and how 26,000 gallons of water is treated by Project 7 daily but often used for watering lawns and other irrigation purposes around town.

"...it's expensive, it's tough on the environment...we're only putting more pressure on our water supply...we've got plenty of untreated water from the Uncompahgre Valley Water Users Association ... " Badagliacco suggested using untreated water from the UVWUA to set up parallel non-potable water lines for consumers. "...We don't have to do this all at once...using the association's water for irrigation fits right in with Montrose's 2016 Water Conservation Plan and the Turf Replacement Program..." He asked council to back the idea, and to use it as an alternative for Project 7's proposed new treatment plant.

Kellie Koedel spoke in opposition to the Leonard Farms subdivision. With 19 years in the roadway construction industry, Koedel is the Colorado agent for the largest traffic structure manufacturer in the U.S., she said. "I like my job except for inevitably when I get the phone call that a kid was hit by a car in front of a school...this happens more often than you think...these cars that line up, partially in the lane at drop off and pickup, they don't have stop signs and flashing lights like a school bus does...poor planning is at fault...we all know that this problem is coming...Otter Road and Woodgate are simply not ready for this high density housing at this time, especially with such close proximity to an elementary school..."

Others who spoke in opposition to the Leonard Farms Subdivision included Joe Salett; Charles Head; Pete Peterson; and

# CITY DISMISSES CONSTITUENT CONCERNS From pg 1

#### Donna Swalla.

Leah Vandersluis spoke about public safety, citing statistics from <u>Crime Grade</u>. Public safety is "a top concern for our citizens and for Colorado in general," she said. "Did you know that Colorado has been number one in car theft for years...we are higher than 89 percent of U.S. cities...we rated as D- in Montrose...this applies only to our official city boundaries..." With policies coming from the state to tie

the hands of law enforcement, the City of Aurora has taken a lead in creating policies to un-tie those hands, she said.

"...I just want to encourage you to consider this," Vandersluis said. "All of us in Montrose are concerned about safety, and we really want to be able to feel safe in the city."

Justin Grant Oatman-White spoke. "I represent the homeless of the community. Everybody's concerned about safety, from what I hear. My friends are in danger. They're 10.5 miles and 7.6 miles out of town. There's hardships of water and food, and nobody seems to care about that. It's the middle of summer. I care about that. There has to be some sort of resolution to this problem. I have solutions for the homeless community. If you guys would like to hear them, I'd like to set up a private meeting with you guys so we could get down to the brass tacks, if that would be permissible to you guys. I do have legitimate answers. Thank you." Council Ed Ulibarri asked City Attorney Chris Dowsey to explain the meaning of Ex Parte communications, with regard to matters that will come before council in a public hearing. There was in fact ex parte communication sent to council this week, Dowsey said. "It needs to be in front of the public so every party...should be aware of this information that has been given...if in fact there is a pending application then...outside of the context of any open meeting it would be ex parte communication ... "

#### **APPROVAL OF MINUTES**

Council voted to approve the <u>minutes of</u> <u>the May 20, 2025</u> regular City Council meeting as presented.

# FIREWORKS DISPLAY PERMIT APPLICA-

Pavilion and Community Events Manager Kathryn Schroer presented the <u>application</u>

for the firework display as well as plans for the Fourth of July celebration. There will be a Patriotic parade at 10am on Friday, July 4. The Parade theme is "Heroes among us." At 1pm the Amphitheater welcomes family friendly activities. At 3pm the beer garden will be open, at 6pm the Montrose Summer Music Series presents D&G Railroad followed by California Honey Drops. The Fireworks display will begin from Sunset Mesa around 9:40pm. And on Saturday July 5 at 9am the Warrior Resource Center (4 Hillcrest Plaza Way) will host a pancake breakfast.

The fireworks display permit was unanimously approved.

# RESOLUTION 2025-05 & RESOLUTION 2025-06

With Councilor Reed recusing himself due to a potential conflict of interest, Council considered <u>Resolution 2025-05</u>, setting July 15, 2025, as the hearing date for the annexation of the Waterfall Canyon Pond Addition and <u>Resolution 2025-06</u>, setting July 15, 2025, as the hearing date for the annexation of the Waterfall Canyon West Addition.

Commenting on Waterfall Canyon, Rick Stayner asked council to delay the request for a hearing, due to the need for the subdivision's HOA to obtain attorney review. "Please allow us this time to determine our legal rights to determine what if any effect it may have on our community." Councilors adopted Resolution 2025-05 in a three to one vote with one abstention and with Councilor Ed Ulibarri voting to deny Resolution 2025-05.

Council also voted to adopt Resolution 2025-06 in a three to one vote, with one abstention and with Councilor Ed Ulibarri voting to deny Resolution 2025-06. Councilor J. David Reed returned to the dais.

# SUGARPINE SUBDIVISION PRELIMINARY PLAT

Council considered the <u>Sugarpine Subdivi</u>sion Preliminary Plat. Attorney Chris Dowsey said that ex parte communication was received on the proposal and asked Council not to use that information when making a decision.

Councilor Ed Ulibarri asked whose responsibility it would be to fix the bridge at 6700 Road. "I'm just a little concerned as to safety..." City Engineer Scott Murphy said that the bridge will be widened with a full replacement, and a traffic signal is possible within the next five years.

Councilor Judy Ann Files asked about lot size. Lot size accommodates minimum size for a duplex, Community Development Director Jace Hochwalt said.

Mayor Frank asked several questions about access.

Ulibarri said he has health and safety concerns about there being only one exit from both parts of the subdivision. "If something happens at the intersection how are people going to get out of that ... " Reed said that the Fire Protection District and EMS services have reviewed the plan. Scott Hawkins spoke. "I did ask for a continuation of this ruling tonight," he said. "Because this went through planning last Wednesday and there was some information...that we were not privy to...it was the traffic study...we as people who live in that subdivision don't feel that traffic study was accurate...in the planning commission it was brought up that this was the only subdivision in the City of Montrose...where a subdivision was built and the only way into that subdivision is through another subdivision...the city owns that property to the west of the Iron Horse Subdivision and absolutely could build 6675 Road to a reasonable width...right now you can't pass two cars on there...consider the safety. You're doubling the traffic on our streets...you're dumping all of this subdivision right into us and making us deal with it...I'm asking you guys to maybe take a harder look at this...consider the safety aspects of the actual residents who live in Iron Horse Subdivision.

Martin Crespin spoke, "...Our concern right now is traffic...the problem is we don't have access for this new subdivision...Sugar Pine will be developed, no question; we need help with traffic...you guys control the city. You can control the buildout of that 6675 Road if you want to. It will help a great deal...we need your help for an access road...last year we directed a letter to the city council asking that we have two roads with 'Slow Children Playing' signs installed. We have not heard anything from the city...for the safety of the Iron Horse Subdivision we would

# CITY DISMISSES CONSTITUENT CONCERNS From previous pg

still like to get some 'Slow Children Playing' signs—and then of course here comes the doubling of the traffic. We could use your help."

Jen Hill Hawkins said that there is no place for kids to play at Sugar Pine, "They're going to go over to our park at Iron Horse Subdivision...with all the people speeding..." She asked if there was a way to plan a park at Sugar Pine as well. David Wentz spoke, saying he understood that the plan was to use Cedar Creek as open space for Sugar Pine.

In a four to one vote with Ulibarri voting to deny, Council voted to approve the <u>Sugar Pine Subdivision Preliminary Plat</u>. **MONTROSE POLICE DEPARTMENT AXON** 

#### **TASER 10 BUNDLE PURCHASE**

Council voted to approve the purchase of 65 Axon Taser 10s and the Taser Certification Bundle for the total purchase price of \$59,147.40.

Police Chief Blaine Hall said that taser use has saved the lives of citizens and police officers across the nation, "...We really couldn't do our jobs as successfully as we do without the taser."

"Anything the Council could do to promote the safety of our police officers should be paramount, as well as the public safety," Councilor Ed Ulibarri said.

#### **STAFF REPORTS**

City Engineer Scott Murphy gave a road work update.

#### **CITY COUNCIL COMMENTS**

Councilor Ed Ulibarri thanked Councilor Judy Ann Files for allowing him to substitute on the tree board and shared some of the information from the meeting. The new City Forester is very knowledgeable, he said. "It was pretty interesting and pretty exciting..."

Councilor Judy Ann Files said that the Forum at CMU would feature MADA. Frank said he played in the Welcome Home Alliance for Veterans golf tournament.

"... It was a great opportunity and a great organization..."

With no further business, Mayor Frank adjourned the meeting.

See Something? Say Something! Text or VM: (970) 892-8638 info@montroseDOGE.org Check us out on 🐼 🗐 📢

Holding Public officials of Montrose, CO Accountable to "We the People"

#### Did you know?

ontrose

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https://montroseDOGE.org

Ladies and Gentlemen, lend us your ears!

Do you live outside the Montrose City Limits and order items from *etailers*? You may be paying City Tax?

If so, *Check your receipts* from your online order from e-tailers such as Amazon, Target, Nordstrom, etc... You may be paying **City Sales Tax** that you are entitled a refund by the City of Montrose.

If your Tax line on those receipts say you are paying more than 4.65%...

Take yourself down to Montrose City Hall and ask for your refund! You are entitled to it, but they do not advertise it!

It is YOUR MONEY, NOT THEIRS!

Did you know?

Mayor Reed, when asked on March 10<sup>th</sup>, in the Montrose Mirror as well as a March 14<sup>th</sup> post on the <u>Montrose DOGE Facebook</u> Page and again in the Mirror and directly at the <u>City Council meeting</u> March 31 and Facebook March 30, 2025 to agree to a sit down to publicly refute the allegations made by Mr. David White of serious issues within the Montrose City Government.

#### To date, there has still been no response!

Now there is a chance for our newly appointed Mayor, David Frank to do the right thing.

Will Mayor Frank continue to avoid the questions? Or will he step up and give the public the answers to the obvious and glaring questions?

The ball is in your court Mayor Frank! What say you?

#### Did You Know?

According to a tip to Montrose Citizens DOGE, your City Councilman and former Mayor J. David Reed, Esq. has been representing Scott Stryker and Stryker Construction.

#### Can anyone say, "Conflict of interest"?

How many contracts did J. David Reed award via the Council to Stryker Construction during his time on the Council?

#### What say you Montrose?

#### Your voice matters!

Montrose Citizens D.O.G.E. is a nonpartisan community watchdog group reporting on things that raise eyebrows in the City and County of Montrose, CO's government fiscal expenditures and other questionable actions, holding our public officials accountable to We the People. Join our efforts...

# **REGIONAL NEWS BRIEFS**

# REGIONAL HEALTH

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### LEAGUE OF WOMEN VOTERS OF THE UNCOMPAHGRE VALLEY TO PRESENT DISTINGUISHED PUBLIC SERVICE AWARD

#### Special to the Mirror

MONTROSE-The League of Women Voters of the Uncompahgre Valley will hold their Annual Meeting at 11:30 am on Thursday, June 12 at the Hispanic Affairs Project meeting room, 504 N. First St, in Montrose. The League, which serves Montrose, Delta and Ouray Counties, will present its first Distinguished Public Service Award at the meeting. The League wishes to recognize and express appreciation to Montrose County Commissioner of District 2 Sue Hansen for her seven years of outstanding service to Montrose County. Lunch is offered at \$15 per person, by check or cash, only, please. Members and guests must RSVP by June 6 to Janine Reid at janinereid57@gmail.com.



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Let's connect and discuss how I can help turn your real estate dreams into reality!

## MICHELLE KLIPPERT BROKER ASSOCIATE CRS, ABR, GRI, SRES, SFR Mobile: 970.275.3016 Office: 970.249.7653 MichelleKlippertRealtor@gmail.com



# **REGIONAL NEWS BRIEFS**

# MONTROSE REGIONAL HEALTH TO OPEN NEW THERAPY CLINIC AT FORMER IN MOTION LOCATION

Mountain View Therapy Star Court to maintain access to outpatient therapy in Montrose

#### Special to the MIrror

MONTROSE– Montrose Regional Health (MRH) is expanding its therapy services with the opening of Mountain View Therapy Star Court, located at 611 E Star Ct, Suite B, in Montrose, Colorado. The clinic will occupy the space currently home to In Motion Therapy, which will close on July 7, 2025.

"When we learned that In Motion would be closing, we were approached with the opportunity to keep therapy services alive in that space," said Leann Tobin, Chief Ancillary Services and Marketing Officer at Montrose Regional Health. "The need for highquality therapy continues to grow, and we want to ensure that patients can stay close to home for the care they need. Mountain View Therapy is a trusted and respected provider, and we're proud to expand its presence in our community."

Patients currently receiving care at In Motion Therapy will be offered the option to continue their treatment with Mountain View Therapy (MVT). In addition, In Motion staff will be invited to apply for positions at MVT Star Court or other MRH-affiliated clinics. With the addition of the Star Court location, MVT will operate nine clinics across the region. These locations provide comprehensive physical, occupational, and speech therapy services, including expanded offerings in Ridgway and Telluride.

For more information, contact Mountain View Therapy at (970) 240-7369 or visit <u>https://montrosehealth.com/medical-services/</u> mountain-view-therapy/





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## THE EROSION OF TRUST: BIDEN'S AUTOPEN AND CONCERNS OVER COGNITIVE DECLINE

#### Editor:

Trust in government and media has long been a cornerstone of a functioning democracy/republic. However, recent revelations surrounding President Joe Biden's alleged cognitive decline and the use of an autopen for signing key executive actions have fueled skepticism among the American public.

As investigations unfold, many are questioning who was truly making decisions in the White House in the past four years and whether transparency has been sacrificed for political convenience.

The Autopen Controversy

The autopen—a device used to replicate a signature—has historically been employed for routine matters, such as signing letters or minor documents. However, reports suggest that Biden's administration may have used the autopen for significant executive actions, including sweeping par-

dons. This raises concerns about whether the President was personally involved in these decisions or if unelected officials were acting on his behalf.

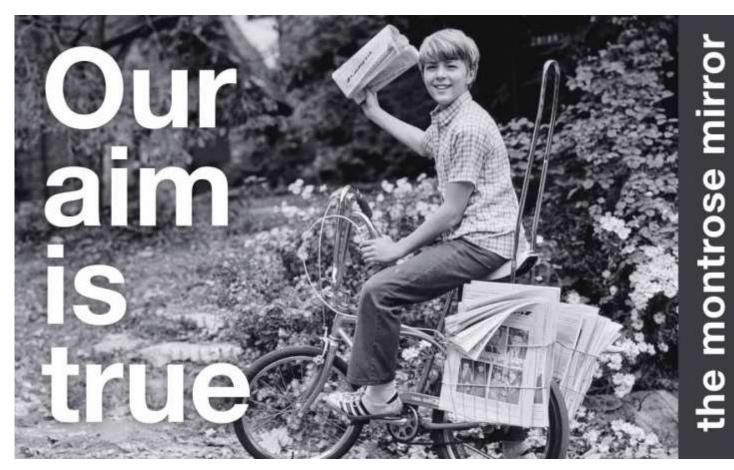
House Oversight Committee Chair James Comer has launched an investigation into the matter, demanding testimony from Biden's physician and former White House aides [A]https://oversight.house.gov/ release/chairman-comer-demandstestimony-from-bidens-doctor-formerwhite-house-aides-on-cover-up-of-mental -decline. Comer argues that the American people deserve to know when Biden's cognitive decline began and who has been making critical decisions in his stead. Media's Role in the Cover-Up While some media outlets have reported on Biden's cognitive struggles, others have downplayed or ignored the issue altogether. Critics argue that mainstream media has failed to provide an honest

assessment of President Bidens, mental state, instead opting to protect his administration from scrutiny. This selective reporting has only deepened public distrust, as many feel they are being misled rather than informed.

The Broader Implications

The implications of these revelations extend beyond Biden's presidency. If key decisions were being made by unelected officials rather than the President himself, it sets a dangerous precedent for future administrations. Transparency and accountability must be prioritized to restore faith in government institutions. As investigations continue, the American people must demand answers. Trust in leadership is not a given—it must be earned through honesty, integrity, and a commitment to serving the public interest.

RAY LANGSTON, MONTROSE







#### About The Property :

This home is simply perfect— beautifully maintained and thoughtfully updated throughout. You'll love the waterproof laminate wood-style flooring, new counter tops, and unique kitchen sink. The stainless steel appliances complement the abundance of storage and counter space. The main floor features a guest bathroom and a spacious Primary bedroom with a generous walk-in closet and en-suite bath. The front porch is the ideal spot to relax and enjoy the peace of the quiet cul-de-sac. The private, fenced backyard includes a pergola covered, tiled patio, lush lawn, shrubs, evergreens, and fruit trees, creating a serene space to unwind in comfort. (PS did you notice the secret storage area behind the fence?) The lot's shape offers an expansive and private backyard — perfect for outdoor enjoyment. Come see this flawless home for yourself!



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# **OPINION/EDITORIAL: LETTERS**

# THE AMERICAN DUTY TO DISREGARD UNCONSTITUTIONAL LAWS

#### Editor:

The Question of Obedience vs Duty The question of whether one must obey an unconstitutional law strikes at the heart of our constitutional republic. Recent debates, particularly surrounding claims that President Trump has disregarded "the law," have brought this issue into sharp focus. Both sides of the political spectrum, Left and Right, insist that "the law" must be followed. But what happens when a law itself violates the Constitution? Is blind obedience required, or does our system permit, even encourage, defiance of such laws? As a military veteran and student of history, I argue that unconstitutional laws, often enacted under the "color of law," lack legitimacy and can be disregarded, as supported by legal precedent and constitutional principles.

#### The Principle of Lawful Orders

In a recent interview with NBC's Kristen Welker, Senator John Kennedy of Louisiana, known for his sharp wit, stated he would call out President Trump if he defied a court order. While Senator Kennedy's stance reflects a respect for legal authority, it overlooks a critical principle ingrained in our nation's fabric: not all orders or laws are lawful. As a military man, I was taught that obedience to orders is contingent upon their lawfulness. The Uniform Code of Military Justice (UCMJ), Article 92, emphasizes that service members are obligated to obey only "lawful orders." This principle extends beyond the military to the broader legal system, where laws must align with the Constitution, the supreme law of the land. Understanding "Color of Law" The concept of "color of law" is central to this discussion. Under 18 U.S.C. § 242, acting under "color of law" refers to conduct that carries the appearance of legal authority but is, in fact, illegal. Laws or actions taken under this pretense, lacking constitutional grounding, are invalid. The Supreme Court has long affirmed that

unconstitutional laws are void. In Marbury v. Madison (1803), Chief Justice John Marshall declared, "An act of the legislature repugnant to the Constitution is void." This foundational case established judicial review, empowering courts to strike down laws that violate constitutional principles. If a law is void, it lacks the authority to bind citizens, rendering obedience optional at best.

#### **Historical and Legal Precedents**

History provides stark examples of laws enacted under "color of law" that were later deemed unconstitutional. The Fugitive Slave Act of 1850, for instance, required citizens to assist in capturing escaped slaves, a law enforced under the guise of federal authority. Yet, it was widely resisted by abolitionists who viewed it as morally and constitutionally repugnant, particularly for violating the principles of liberty enshrined in the Fifth Amendment. Similarly, Plessy v. Ferguson (1896) upheld "separate but equal" segregation laws, only for them to be overturned by Brown v. Board of Education (1954) as violations of the Equal Protection Clause of the Fourteenth Amendment. These cases illustrate that laws, even when passed by legislatures and upheld by courts, can lack legitimacy if they contravene the Constitution. The Supreme Court has also recognized that individuals may challenge unconstitutional laws without fear of punishment. In Ex parte Young (1908), the Court held that federal courts could enjoin enforcement of unconstitutional state laws, affirming that such laws lack binding force. The Duty to Uphold the Constitution This brings us back to the question: must

President Trump, or any citizen, obey a law or court order that is unconstitutional? The answer, grounded in legal precedent, is no. The Constitution, as outlined in Article VI, Clause 2 (the Supremacy Clause), establishes itself as the "supreme Law of the Land." Any statute or order that conflicts with it is subordinate and unenforceable. Citizens, including public officials, have a duty to uphold the Constitution, not to blindly follow laws or orders that undermine it.

#### Addressing the Counterargument Critics may argue that disregarding a law risks anarchy or undermines the rule of law. This concern is valid but overstated. The judiciary exists to resolve disputes over constitutionality, and mechanisms like judicial review ensure that challenges to laws occur within a legal framework. Moreover, civil disobedience against unconstitutional laws has a storied tradition in America, from the Boston Tea Party to the Civil Rights Movement. Rosa Parks' refusal to obey a segregation law was not anarchy; it was a principled stand against

anarchy, it was a principled stand against an unjust law, later validated by the courts. Senator Kennedy's instinct to uphold court orders reflects a respect for process, but it must be tempered by the recognition that courts are not infallible. The Supreme Court's own history, upholding slavery in **Dred Scott v. Sandford (1857)** or internment in **Korematsu v. United States (1944)**, demonstrates that judicial rulings can err. When a law or order violates the Constitution, defiance may not only be permissible but necessary to preserve the

#### **Prioritizing Constitutional Fidelity**

republic's foundation.

In conclusion, an unconstitutional law, passed under the "color of law," lacks legitimacy and need not be obeyed. The Constitution, as the supreme law, takes precedence, and both legal precedent and historical examples support the right to disregard void laws.

As citizens, we are not obligated to follow orders or laws that betray the principles we swear to uphold. To do otherwise would be to elevate form over substance, undermining the very Constitution that defines our nation.

Michael J Badagliacco, "MJB" Citizen-Montrose, CO



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Page 26

# TRUMP'S TARIFFS: A CATALYST FOR AMERICAN ECONOMIC REVIVAL

#### Editor:

President Trump's tariffs have ignited fierce debate, with critics forecasting economic catastrophe: rising consumer prices, disrupted supply chains, and a fractured global trade system. Yet, as evidence mounts, a different narrative is taking shape: Trump's trade policies are proving to be a catalyst for a robust U.S. economic revival. Far from the dire predictions, tariffs are driving a resurgence in American manufacturing, boosting domestic production, and fostering economic resilience. From national trends to local impacts in places like Montrose, Colorado, the naysayers got it wrong, and the data backs it up.

**Resurgence in American Manufacturing** At the heart of this success is a seismic shift in corporate behavior: companies are increasingly choosing to manufacture in the United States.

Tariffs, by raising the cost of imported goods, have prompted businesses, both domestic giants and international firms, to rethink their supply chains. A 2024 report from the National Association of Manufacturers noted a 15% increase in domestic manufacturing investments since the introduction of Trump's tariff policies, with companies like Intel and TSMC announcing multi-billion-dollar U.S. factory expansions in states like Arizona and Ohio (National Association of Manufacturers, 2024). This isn't mere rhetoric: the U.S. Bureau of Labor Statistics reported a net gain of 200,000 manufacturing jobs in 2024 alone, concentrated in Rust Belt states like Michigan and Pennsylvania (BLS, 2024). These figures represent more than jobs: they signify revitalized communities, rising wages, and a renewed sense of economic pride in "Made in America." **Economic Stability Through Shorter Sup**ply Chains

Critics have long argued that tariffs would burden consumers with higher prices, and in the short term, some price hikes have occurred. However, these adjustments pale in comparison to the long-term bene-

fits of reducing reliance on foreign produc- -100 direct jobs with wages of \$40,000tion. By incentivizing domestic manufacturing, tariffs are shortening supply chains, which enhances economic stability. A 2025 study from the Economic Policy Institute found that domestic production cuts lead times by up to 30%, reducing vulnerability to global disruptions like those seen during the 2020 supply chain crisis (EPI, 2025). Moreover, localized production fosters innovation and quality control, as companies can oversee operations more closely. The result? American workers and consumers benefit from higher-quality goods and a more resilient economy.

Strengthened Global Trade Relations Skeptics also warned that tariffs would alienate trading partners and cripple global trade. Instead, the opposite is unfolding.

Countries are actively negotiating new trade agreements with the U.S. to secure favorable terms. For instance, the U.S.-Mexico-Canada Agreement (USMCA), renegotiated under Trump's first term and expanded in 2024, has strengthened North American trade ties, with Canada and Mexico increasing exports to the U.S. by 12% last year (U.S. Trade Representative, 2025). Tariffs have also exposed the risks of over-reliance on single markets, particularly China. A 2024 McKinsey report highlighted that 40% of U.S.-based companies have diversified their supply chains away from China, with many relocating operations to the U.S. or allied nations (McKinsey & Company, 2024). This isn't isolationism: it's strategic pragmatism, ensuring America's economic security in a volatile global landscape.

Local Impact in Montrose, Colorado

The benefits of Trump's tariffs are not confined to industrial heartlands; they are reaching smaller communities like Montrose, Colorado, a city of about 20,000 with a vibrant agricultural and small-scale manufacturing base. Tariffs could attract manufacturers in sectors like agricultural equipment or food processing, creating 50

\$60,000 annually, and an equal number of indirect jobs in transportation and construction, as supported by the Montrose Economic Development Corporation. Local farmers, who rely on timely access to equipment, could see reduced lead times as domestic production of farm machinery ramps up, stabilizing supply chains for Montrose's orchards, vineyards, and livestock operations. The resulting income growth could boost local spending by \$5-10 million annually, revitalizing downtown businesses and fostering community pride in "Made in America" goods. Montrose's burgeoning wine industry, for instance, could gain from increased domestic demand under the USMCA, which has boosted North American trade by 12% (U.S. Trade Representative, 2025). While consumer electronics may see temporary 5-10% price hikes, these are offset by the economic boost from new jobs and potential federal incentives for workforce training, positioning Montrose to thrive in a reshaped American economy.

#### Addressing Trade-Offs

Admittedly, no policy is without trade-offs. Short-term price increases have hit some sectors, particularly consumer electronics, where tariffs on imported components raised costs by 5-10% in 2024 (Consumer Technology Association, 2024). Yet, these costs are temporary and offset by the broader economic gains: job creation, infrastructure investment, and reduced dependence on foreign supply chains. The evidence is clear, from national data to local impacts in places like Montrose: Trump's tariff strategy is delivering results. It's not flawless, but it's a bold step toward economic independence. The revival of American manufacturing, the surge in domestic investment, and the strategic realignment of global trade all point to one conclusion: tariffs are not just a blunt tool; they're a powerful engine for building a stronger, self-reliant America. Michael J Badagliacco, "MJB" Citizen-Montrose, CO

# **OPINION/EDITORIAL: LETTERS**

## FAMILY OF FOUR LEFT HOMELESS AFTER FILING COMPLAINT ABOUT SUBSTANDARD LIVING CONDITIONS

Editor's Note: We received this letter last week, and are sharing with permission of the author:

#### Dear Montrose Mirror,

I'm writing to bring urgent attention to a deep miscarriage of justice that occurred in Montrose County, Colorado, and has left my family of four homeless after we were wrongfully evicted since January 24, 2025 — not just by a landlord, but by a system that denied us basic due process. For nearly three years, we lived in dangerous, substandard conditions. We paid rent every month, but repeatedly asked for repairs that were never made - including a major sewer issue that sent raw waste fumes through our vents. I have lupus, and the health risks were severe. Our front door didn't close or lock properly for over 2.5 years, and we were forced to sleep with a recliner pushed against it every night to feel even a sliver of safety. When we rightfully pushed back, our landlord retaliated with an eviction — and that's where things became even more disturbing.

Our eviction summons was entered into the court system at 4:07 PM on a Thursday, and our deadline to submit evidence — under the so-called "96-hour rule" — was the following Monday at 9 AM, which happened to be Martin Luther King Jr. Day, a court holiday.

That means we had zero business days to meet the requirement — yet the court still enforced the deadline and barred us from presenting our evidence. Meanwhile, the landlord's attorney was allowed to submit a full binder of evidence off the record the very morning of the hearing. It was the first time we'd ever seen it — and it was referenced during the hearing. We had brought evidence on flash drives (as directed by the clerk), but it was still denied.

We were evicted on the spot. I lost my work-from-home job. We are now homeless, without shelter, enduring summer heat without basic necessities — all because we asked for repairs and were then denied the legal right to defend ourselves in court.

This case is now on appeal (Case #2025CV5), and I've filed formal complaints with the Colorado Attorney General, HUD, and the Department of Justice, but the silence is overwhelming. I have no intention of staying quiet. I believe what happened to us may be happening to others in this county, and I want to share our story to help expose it.

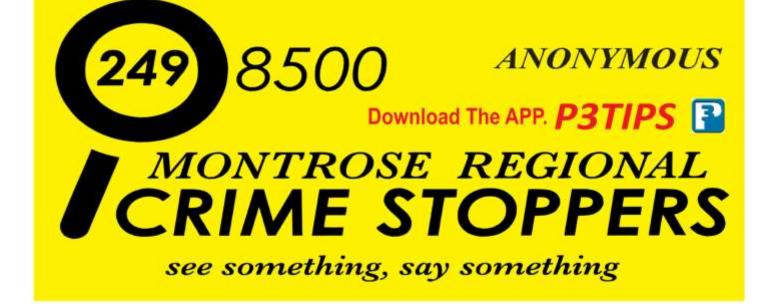
I'm reaching out because I know the power of voices being heard. I'm ready to speak, to provide documents, and to help bring light to what is happening in Montrose County.

If this resonates with you — if your station values justice, truth, and giving a platform to the unheard — please consider reaching out. Sincerely,

Dena Weingart

#### PS-fyi

-Lorena Schlaugher – Property Manager for Cairn Communities / SGA Western -Ryan Callahan with Conerly & Callahan – Attorney representing the plaintiffs, who also serves as the free legal aid in Montrose County This creates a serious conflict of interest and makes it extremely difficult for tenants like us to access fair legal support, especially in fast-tracked eviction cases.





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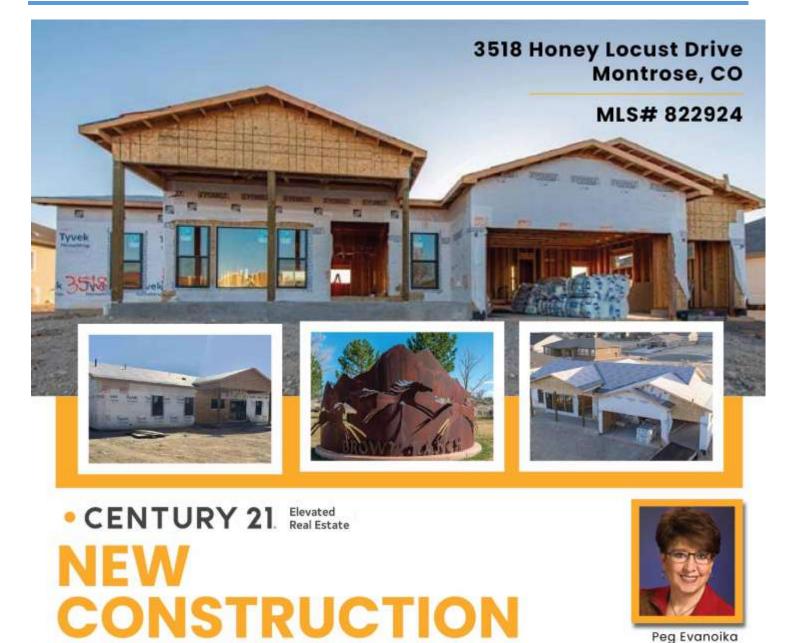
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- 炎 3 Bathrroms
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- 🔮 2,030 sq ft
- 🔮 Stainless steel accents

# Property Information:

Located in the highly sought-after Brown Ranch subdivision, this thoughtfully designed home maximizes interior space while offering agenerously sized backyard. The open-concept floor plan features a split-bedroom layout, providing ample room in the common area along with large windows to fill the home with natural light, creating a warm and inviting atmosphere. Lovingly crafted, the builder brings a personal commitment to quality and detail in every corner of this exceptional home.



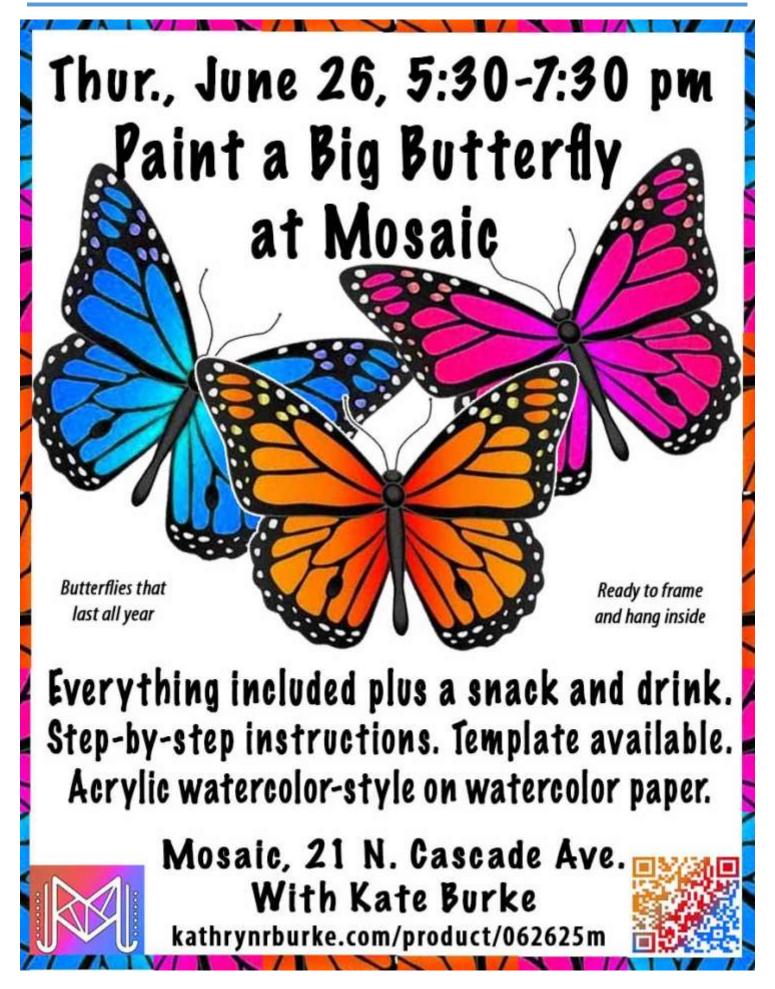


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# **OPINION/EDITORIAL: LETTERS**

# **CULTIVATED SALMON APPROVED FOR SALE IN THE US**

#### To the editor,

I was thrilled to learn the Food and Drug Administration granted regulatory approval for San Francisco based company Wildtype to sell its cultivated salmon in the United States. The product will debut at select restaurants. For those who don't know, cultivated meat is grown from animal cells, without slaughter. It offers a number of potential environmental, public health and nonhuman welfare benefits.

"Wildtype's achievement is a watershed moment for domestic seafood production and for the cultivated protein industry overall," said Dr. Suzi Gerber, executive director of the Association for Meat, Poultry, and Seafood Innovation. "Food technologies meet the highest safety standards, and can play a vital role in healthy American diets, while strengthening our food system's domestic production and resilience."

Despite such progress, significant technological challenges remain for cultivated meat to reach price parity with incumbent, slaughtered options. Thankfully, these can be overcome with increased public funding for cellular agriculture research. Any politician interested in reducing our greenhouse gas emissions, pandemic risk, and the suffering we inflict on animals should support this forward thinking effort.

Jon Hochschartner, Granby CT

# **ANALYSIS OF THE RISE OF ANTISEMITISM IN THE U S**

#### Editor:

Antisemitism has been on the rise in the U.S., with incidents of hate crimes and violence against Jewish communities increasing significantly in recent years. The Anti-Defamation League (ADL) reported a "361% surge" in antisemitic incidents following the start of the Israel-Hamas war in October 2023. This alarming trend has led to growing concerns about the factors contributing to this rise, including political rhetoric, social media influence, and broader immigration policies.

#### Examining Open Border Policies

The correlation between open border policies and antisemitism is a complex issue. Some argue that increased immigration can lead to a rise in antisemitic sentiment if individuals from regions with historically high levels of antisemitism bring those attitudes with them. Others contend that immigration itself is not the root cause, but rather the "failure to integrate" new arrivals into American society in a way that fosters tolerance and mutual respect. President Trump was twice elected on one main issue and that was to secure the border. And when you look at the tens of thousands of hardened criminals being rounded up and deported by the Trump admin. You have to ask are the democrats intentionally trying to destroy the U S? Political and Social Factors

The rise in antisemitism is also linked to political extremism and misinformation (Links Below)[B]<u>https://extremism.gwu.edu/rise-antisemitism-leads-rapidly-escalating-violence-and-terrorism-us</u>. Hate groups and radicalized individuals have used social media to spread false narratives that fuel antisemitic beliefs. Additionally, political violence has escalated, with high-profile attacks targeting Jewish individuals and institutions [A]<u>https://time.com/7287941/rise-of-antisemitism-political-violence-in-united-states</u>. The Biden-Harris administration implemented a National Strategy to Counter Antisemitism, aiming to combat hate through education, law enforcement, and coalition-building, this was as ineffective as was most of Biden's policies. [C]<u>https://2021-2025.state.gov/</u>report-on-policies-programs-and-actions-across-the-globe-to-combat-antisemitism. And when you look at the members of congress known as the squad who have made public antisemitic statements. We have to ask how are people like this getting elected? Conclusion

While open border policies may contribute to demographic shifts, the rise of antisemitism in the U.S. is driven by a combination of "political, social, and ideological factors". Addressing this issue requires a "multi-faceted approach", including stronger hate crime enforcement, education on antisemitism, and policies that promote "social cohesion" rather than division. But having an open border is an unnecessary danger that should never be allowed. And having foreign students on American college campuses engaging in antisemitic protest should never be allowed or tolerated.

RAY LANGSTON, MONTROSE

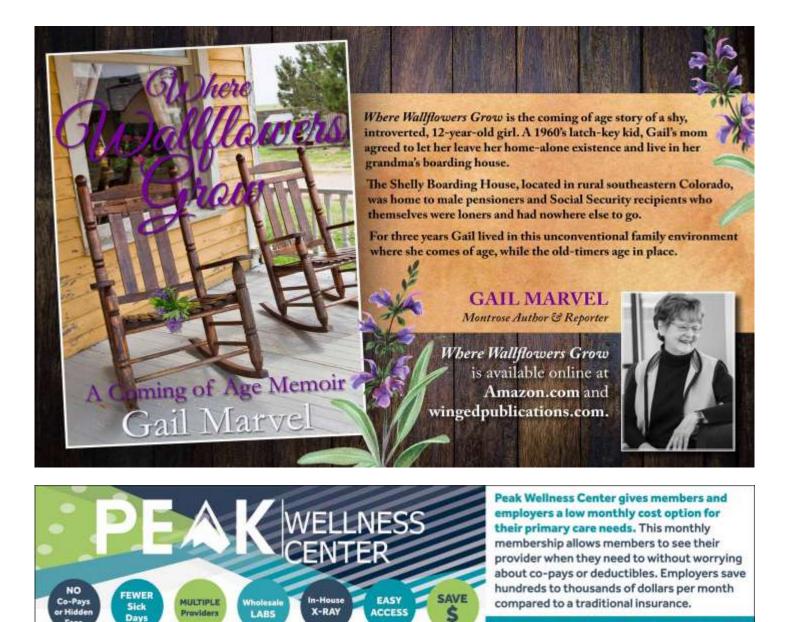
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# **REGIONAL NEWS BRIEFS**

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#### Editor:

I'm regularly amazed at the number of people who believe that if they pin their careers on Donald Trump, some of his "success" will rub off on them. In almost every case, what rubs off is more akin to something associated with toilet tissue; and learning that loyalty is a one-way street in Trump World.

Elon Musk is the latest roadkill left in the wake of the Trump bus: The power Musk sought by investing \$300,000,000 into the campaign didn't last long. No one yet knows how this ongoing story will end; but one takeaway: the world's richest man, once admired for his "brilliance", wasn't brilliant enough to realize that associating with Trump is a surefire recipe for self-destruction. He leaves his allpowerful position as Trump's chief hatchet man, where many called him the "shadow president", with a literal black eye, and his reputation, and that of Tesla, in tatters. Silver lining for the rest of us: Musk proved that even billionaires are generally not too bright outside of their core strengths; and shouldn't necessarily be relied upon for wise decisions. Rudy Giuliani, in the wake of the 9/11 attacks, was widely acclaimed as "America's Mayor". Now he is seen as a fool; brought down after becoming Trump's chief counsel; defending the indefensible, and degrading his own image in the process. Michael Cohen, Trump's longtime personal lawyer, went to prison for doing Trump's dirty work; and now regularly calls out his former boss's lack of trustworthiness, his selfishness, and his astounding breadth of corruption.

And, of course, there are the politicians who saw Trump as a mob boss early on; but then discarded all of their moral principles, capitulated, and decided it would be better for them to bow at his feet. The list includes nearly the entire Republican congressional caucus, but among the most prominent: His current VP, who once called him "Hitler," and an "Opiate for the masses," but who now bends lower in genuflection than all others. Trump repeatedly insulted "Lyin Ted" Cruz, calling his wife ugly, and claiming his father was involved in the JFK assassination. Cruz is now is one of his main supplicants; willing to go to any depth of self debasement in order to stay in his favor. "Little Marco" Rubio, who ignored numerous degrading insults over the years, has ditched his squeaky clean persona to become his Secretary of State. Lyndsay Graham, who once called Trump a "race baiting xenophobic bigot" and a "moron" now kowtows at every opportunity. Mitch McConnell, once considered the savviest, most successful congressional political leader in decades, after caving to Trump and protecting him after he attempted to overthrow our own government, is resigning in disgrace; a broken shell of a man. Vice President Mike Pence; who eventually found the courage to speak the truth about the disgrace of the Big Lie, paid with the destruction of his political career. The remaining list of sellouts and roadkill is too long to share here; but includes: previous Speakers Paul Ryan, Kevin McCarthy, and John Boehner. This group's fate ensures that Mike Johnson, a CINO (Christian In Name Only) remains 100%

compliant with Trump's wishes, even when it means abandoning his responsibility to tell the truth to the American People.

And then there's his cabinet. RJK Jr, he of the brain eating worm. Having failed to attain status in Camelot, he saw his chance to gain prominence and power by jumping aboard the Trump Bus, but his own family have since largely disowned him as crazy. Tulsi Gabbard, Pam Bondi, "Cash" Patel, Don Bongino, Linda McMahan, and Pete Hegseth; were all chosen with no serious qualifications but one: total subservience. All of these clowns will go down in history as the worst ever to inhabit their positions. Additionally, nearly all of Trump 45's cabinet officers have called him not fit for leadership in any capacity, much less as president.

And at the bottom of the list of Trump loyalists are his base; the most misguided people ever, with the possible exception of in 1930's Germany. They still believe Trump will remain loyal to them, no matter what happens ... but ... when justice inevitably catches up with him, he'll be nowhere to be found, and they'll have nothing to show for their loyalty other than disappointment and bitterness. The list of people who expected loyalty, and then paid the price, is much too long to fit here. Very few who associate with him survive intact in the end ... but ... despite the fact that they will ultimately lose it all, they still come running, with visions of dollar signs in their eyes, when the mob boss calls ... suckers and losers all! David Congour, Montrose

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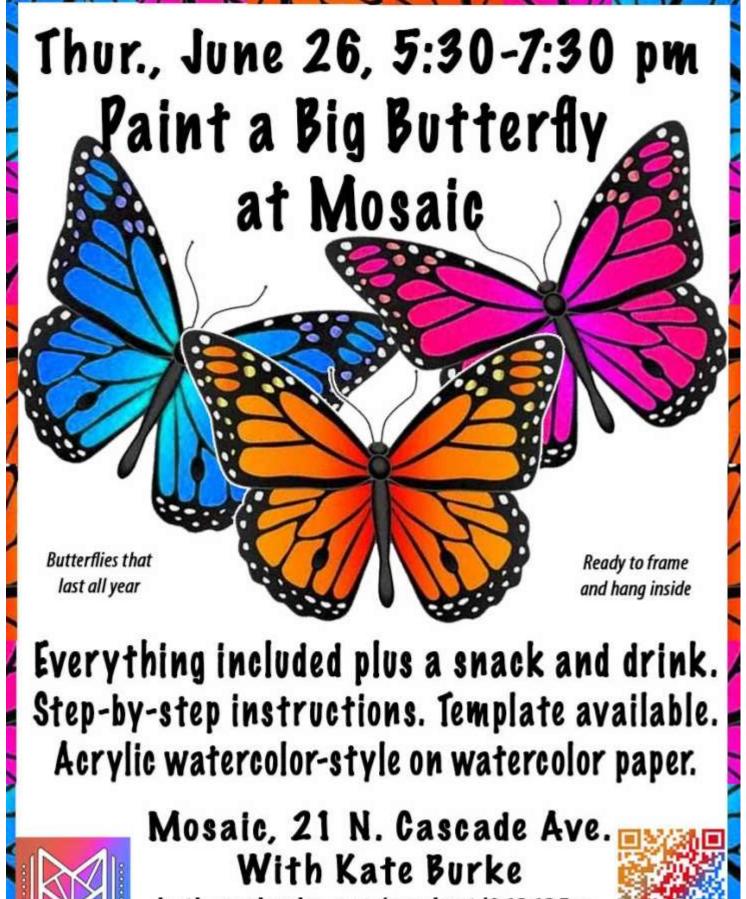


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### **OPINION/EDITORIAL: LETTERS**

### **REPUBLICANS ARE POLLING HIGHER AS 'THE PARTY WITH THE BETTER ECONOMIC PLAN'**

#### Editor:

CNN last week reported brutal new numbers for Democrats. Even Democrat voters don't have any faith in where their party is headed. They don't think they are the party with strong leaders, and a vast majority of Democrats don't think their party is the one that can get things done. Further, Republicans are polling higher as "the party with the better economic plan," and "the party closer to your economic values." Also reported by CNN: "Democrats have traditionally been the party of the middle class. No more! Donald Trump and the Republican Party have taken that mantle away and now a key advantage that Democrats had historically has gone away. Adios, amigos!" All this in spite of Dems/the media doing everything possible to bash Trump on the questions of tariffs and trade – predicting recession, death, and destruction. (Most of) the American people are not dummies. They haven't forgotten how bad things were under Biden's handlers, and they know Democrats don't have any answers. Meanwhile, consumer confidence is up, inflation under Trump is down, personal income is growing, and the "right track" number is at historical highs. Things are significantly better under Trump and the Republicans, and the people know it.

Biden and Democrats blocked the U.S. Steel - Nippon Steel deal because they had no clue how to negotiate with the Japanese to get a deal that both protected our national security concerns and protected/created tens of thousands of jobs in the U.S. Enter Trump, and we now have that agreement. The benefits of the agreement include \$14 billion in capital investment projects at U.S. Steel - investments that U.S. Steel could not make as a standalone entity. Those new capital expenditures will revitalize the only remaining blast furnace mill in Pittsburgh, build a new R&D center in Pennsylvania, build a new Greenfield steel mill, transform the historical Gary works mill in Indiana, invest in the Arkansas plant for advanced electrical steel production, invest in iron ore mining in Minnesota, invest in oil and gas production in Alabama, and also preserve U.S. Steel's headquarters in Pittsburgh. In addition to ensuring that American jobs cannot

be offshored, the deal guarantees the majority of U.S. Steel's board must be U.S. citizens, and key management, including the CEO, will also be U.S. citizens. The deal outlines that U.S. Steel's trade actions will be determined solely by U.S. citizens. Don't expect our illustrious media/ Democrats to report anything truthful, much less put a positive light on any of Trump's accomplishments (including our local Montrose Press and G.J. Sentinel.) When a man who shouted "free Palestine" and killed two defenseless young Israeli embassy employees in DC, the New York Times reported that the motive was unknown. ABC news used the murders to parrot the Hamas front group's (CAIR) spiel on "islamophobia." Hamas terrorists raped and killed 1,200 Israelis at a music festival and took 251 innocents hostage, including a baby whose body was recently returned. An autopsy showed the baby had been strangled along with his older brother. When Israelis recently held a barbecue, a media outlet called Jews having a nice meal a "barbaric display of sadism." The Washington Post just ran a farcical story headlined: "The mysterious drop in fentanyl seizures on the U.S.-Mexican border." The sub-headline added to the hilarity: "The reasons behind the decrease of fentanyl seizures are complex." The article of course didn't mention Trump on his first day in office declaring a state of emergency over fentanyl, immediately closing the southern border, and pressuring Mexico's president, Canada's prime minister, and China's president to stop the trafficking. As far as the Post is concerned, the last four months of Trump fighting fentanyl never happened. Democrats see no evil as Jews are now burning in America. The media/ Democrats now want you to feel sorry for the family of the radical Islamist terrorist who, in the heart of liberal sanctuary city Boulder, just set on fire elderly Jews holding a peaceful vigil for Jewish hostages still held by Hamas. The media/Democrats are replete with sob stories of the terrorist's family's hopes and aspirations, but haven't done a single profile of any of the victims – or their families. Ironically, the terrorist had no concern for his own family because Jihad was his priority: "Jihad is more beloved to me than my mother, wife, and

#### children."

After spending years covering up Biden's mental limitation, Democrats are now trying to rewrite history and cover up that cover up. It's worth going back a little further. It is now clear that the Biden administration and the CDC knew the Covid "vaccines" were dangerous but covered up the facts rather than be honest with the American people. Democrats and their toadies in the media also covered up many pertinent facts about the January 6th "insurrection," including the facts surrounding the murder of Ashli Babbit. It also turns out Biden's handlers knew cancer-causing chemicals were released into the local environment after the train derailment in East Palestine, Ohio, and totally lied about it.

The media/Democrats have lost their power to shape and manipulate public opinion. Most Americans are much wiser now. They have totally had it with the media/Democrats breathlessly reporting every hoax and manufactured hysteria aimed at Trump, while totally ignoring anything remotely truthful or important. The media worshiped Obama and treated him to a love-fest that was 24/7. On the flip-side, that same media hate everything Trump stands for and will do anything to destroy him. Guess what folks? More voters approve of the job President Trump is doing than approved of the job former President Obama was doing at this same point in his second term - in spite of the unhinged propaganda. Also, for the first time in a generation, the clear majority of Americans say the country is on the right track. Normal people just aren't listening to the media/Democrats anymore. I am sure the third-, fourth-, and fifth-generation steelworkers in Pennsylvania have no doubt that Republicans have their backs, versus the liberals who actively participated in shipping their jobs offshore. Like most Americans, they now know to totally ignore the barrage of media/Democrat "talking points" (lies).

Here's a quick chuckle. NPR is under the delusion it has a constitutional right to use your hard earned tax money to spread radical leftist propaganda they hilariously label "the unbiased news." *Ed Henrie, Montrose* 

### Extra Ordinary Pub Crawl Whispers in the Alleys

This exclusive event caters to adult thrill seekers eager to uncover what lurks in the downtown alleys' darkness. Accompanied by the local museum ghost expert, you'll hear stories woven in history with the eerie tales of Montrose's shadows.

The tour stops at unique historical buildings, providing ample time to absorb the historical ambiance and sample various libations. Spaces for this special crawl are limited. Tickets cost \$25 per person. RSVP by calling 970-249-2085 or emailing

info@montrosehistory.org. (The ticket price includes appetizers and the guided tour with the local historian; drinks are not included). The tour begins at the Montrose Historical Museum at 6:00 pm on Friday June 13th



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### **COMMUNITY NEWS BRIEFS**

### SOFIA TALVIK TO PERFORM AT THE HEALTHY RHYTHM ART GALLERY JUNE 19

.Special to the Mirror

MONTROSE-On June 19, Sofia Talvik will perform at The Healthy Rhythm Art Gallery in Montrose, Thursday, June 19 - 7:30 PM. 33 N. Uncompany Avenue: +1 323-270-6284. <a href="http://www.healthyrhythm.net">www.healthyrhythm.net</a>.





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### **DELTA HEALTH WEST ELK HOTCHKISS CLINIC WELCOMES NEW NURSE PRACTITIONER**



Doran Tregarthen. Courtesy photo.

Special to the Mirror DELTA – Delta Health is pleased to announce the addition of Doran Tregarthen, a new Nurse Practitioner to the Delta Health West Elk Hotchkiss Clinic, expanding access to quality healthcare services for residents of Delta County and surrounding communities. Doran brings a strong commitment to rural healthcare and patient-centered care to the practice. A Colorado native originally from Colorado Springs, Doran has called Delta County home for the past 20 years after spending summers in the Carbondale and Rifle areas during his youth.

"Delta County is a hidden gem," said Tregarthen. "One of my passions has always been providing direct care to individuals, which was why I became a nurse in the first place. Being a Nurse Practitioner still allows me to be a catalyst for change while still providing patient care." Tregarthen completed both undergraduate and graduate studies at Colorado Mesa University, demonstrating a commitment to local educational institutions. His decision to pursue advanced practice nursing was driven by a passion for direct patient care and the opportunity to expand their scope of practice while continuing to serve as a catalyst for positive change in healthcare. Tregarthen brings a patient-centered care philosophy that emphasizes shared decision-making and therapeutic relationships. His approach focuses on treating the whole person rather than just physical ailments, and working collaboratively with patients to develop care plans that meet individual needs and circumstances.

"Shared decision making is first and foremost a priority," said Tregarthen. "For this reason, establishing a therapeutic relationship with my patients is critical. I want to provide care for the entire individual rather than just their physical ailments and formulate a plan that works for

#### them."

Rural healthcare holds special significance for the Tregarthen, who values the meaningful relationships that can be built with patients in smaller communities. "I enjoy working in our local rural area because of the therapeutic relationships we get to establish with our patients," said Tregarthen. "People are more than just a number or patient in rural healthcare." Tregarthen is excited to join the West Elk Hotchkiss Clinic team, with a collaborative environment and commitment to excellence. "The West Elk Clinic is full of professionals that strive to make each encounter the best it can be. Each provider and staff member is willing to go out of their way to help each other and our community," said Tregarthen. "When you walk in the door you can just feel the positivity." In his free time, Tregarthen enjoys an active family life with spouse Ashley and their five children, ages 2-15. When not attending various sporting events, the family takes advantage of Western Colorado's recreational opportunities in the mountains. Tregarthen is currently accepting new patients. To schedule an appointment or to learn more, call 970.872.1400 or visit https:// deltahealthco.org/west-elk-clinic-ofhotchkiss/.



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### **REGIONAL NEWS BRIEFS**

#### US 550 CHIP SEAL OPERATIONS SCHEDULED FOR JUNE 9 AND 10 BETWEEN DURANGO AND SILVERTON

#### Special to the Mirror

REGIONAL-US 550 chip seal operations scheduled for June 9 and 10 between Durango and Silverton

Motorists will encounter two work zones and should allow for up to 40 minutes of additional travel time

Southwest Colorado — Beginning Monday, June 9, the Colorado Department of Transportation will perform a two-day surface treatment project along a six-mile segment of US Highway 550 (Mile Points 49 to 55), north of Purgatory Ski Area. Motorists will encounter full stops, up to 15-minute delays and will be guided by a pilot vehicle during the chip seal operations. Motorists entering the work zone from driveways or access roads must wait for a pilot vehicle to proceed and then join the traffic flow.

A separate project work zone for the <u>US</u> <u>550 Rockfall Mitigation and Retaining Wall</u> <u>Replacement Project</u> is located just onemile north on Coal Bank Pass (Mile Points 56 to 60). Motorists should plan for full stops, single-lane traffic guided by a temporary traffic signal and additional delays of up to 20 minutes. Traffic impacts for this project will continue until the anticipated project completion in late October.

Motorists traveling between Durango and Silverton should allow for a total of 40 minutes of additional travel time Monday through Tuesday. All work is weatherdependent. Motorists are encouraged to check the most current traffic impacts on <u>COtrip.org</u>.

Chip Seal Traffic Impacts (Mile Points 49 to 55)

Daytime work hours range from 7:30 a.m. to 5 p.m., Monday through Tuesday. Traffic impacts include:

Expect one-lane alternating traffic guided by a pilot vehicle and 10 to 15 minute delays

Motorists entering the highway from a driveway or intersection must wait for a



pilot car before proceeding with the flow of traffic

A speed reduction of 40 mph will be enforced through the work zone Slow down - following posted speeds is necessary to avoid vehicle damage in the chip seal work zone

Rockfall Mitigation & Wall Replacement Traffic Impacts (Mile Points 56 to 60)

May 2025 through October 2025 work hours will range from 7 a.m. to 7 p.m., Monday through Friday with some Saturday work. Traffic impacts will include: Between MP 60 and MP 56 traffic can expect to see two sets of traffic signals directing them to single lane alternating traffic through the work zones, 24/7 throughout the duration of the project Motorists can expect intermittent delays with traffic holds up to 20 minutes at the Deer Creek location (Mile Point 59.3) Flaggers will guide motorists during daylight hours while work is occurring Speeds will be reduced to 25 mph through the work zone and traffic fines will be doubled

Lane widths through the work zones will be reduced to 11' throughout the duration of the project

Motorists should slow down as they approach the work zone, drive with caution, allow extra space between vehicles and give themselves extra travel time

### DELTA HEALTH WELCOMES EXPERIENCED FAMILY NURSE PRACTITIONER TO ADULT PRIMARY CARE CLINIC

#### Special to the Mirror

DELTA- Delta Health is pleased to announce the addition of Huntyr Maclaskey, a Nurse Practitioner, to the Delta Health Adult Primary Care Clinic team. Huntyr brings extensive experience in primary care and a passion for preventative medicine to serve patients across the Western Slope.

A longtime Western Colorado resident, Maclaskey has called the region home for 21 years after growing up in Grand Junction. His deep roots in the community reflect a strong commitment to serving local patients and understanding the unique needs of rural healthcare.

"I want to be an integrated part of patients' health journey," said Maclaskey on why he wanted to become a Nurse Practitioner. "Being able to spend individualized time with patients and establishing a relationship is one of the greatest parts of being a provider in healthcare."

Maclaskey brings a diverse healthcare background that began in emergency medical services as an EMT/firefighter before transitioning to nursing. After earning a Bachelor of Science in Nursing (BSN), he discovered their passion for outpatient medicine and served as a nursing director for six years at an outpatient primary care practice. This leadership experience provided valuable insights into practice management and patient care coordination.

Continuing his educational journey, Maclaskey completed a Master of Science in Nursing with a Family Nurse Practition-

er specialization (MSN-FNP) through the University of Colorado at Colorado Springs. His clinical training included internships at various practices throughout Grand Junction, Montrose, and Delta, providing comprehensive exposure to the healthcare landscape across the Western Slope.

Maclaskey's care philosophy centers on preventative health and patient-centered communication. "I emphasize preventative health first and ensure lifestyle modification is optimized for their health goals," he said. "Patient-centered care is very important to me and good communication is emphasized in my visits. You'll very rarely see me typing in a visit." Having worked exclusively in rural healthcare settings, Maclaskey appreciates the unique opportunities and challenges of serving smaller communities. "Rural healthcare is all I have ever known," said Maclaskey "I enjoy the opportunity to manage more conditions and consider patient's social and cultural preferences, which is very diverse, in rural settings."

Maclaskey expressed enthusiasm about joining The Adult Primary Care Clinic team, particularly the opportunity to provide care across multiple generations. "We have a great team of providers and staff at Adult Primary Care. I am proud to be a part of it," they said. "I am most looking forward to following people across their lifespan. We serve a large age range and I like the ability to see multiple generations."



Huntyr Maclaskey. Courtesy photo.

Outside of healthcare, Maclaskey enjoys an active lifestyle that includes daily exercise and a passion for sustainable living. Along with his wife and two children, they maintain a diverse collection of animals including goats, ducks, chickens, and dogs. Their recent venture into greenhouse gardening and growing vegetables and fruit trees reflects their commitment to healthy living and environmental stewardship.

"Most recently, I have built a greenhouse and learning a lot about growing veggies and fruit trees," said Maclaskey "I enjoy sharing success, and failure, stories of gardening."

Maclaskey is currently accepting new patients. To make an appointment at the Delta Health Adult Primary Care Clinic, call 970.874.7668 or visit <u>https://</u> deltahealthco.org/internal-medicine/.



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### **OPINION/EDITORIAL: COMMENTARY**

### WHAT HAPPENED TO CITIZEN INPUT?

Decisions made without your guidance bring into question your relevance when presented with a ballot question

#### By David White

The "democratic process" that is so often referred to as "how things work" in this country often times leaves out the common man who then gets to "vote" for choices he has had no input in making. Such is the case with what appears to be coming to City of Montrose residents this November in an off-year election being considered by the City Council at considerable expense to the taxpayers. What I'm referring to are revisions to the Charter of the City of Montrose that are currently being drafted by a City of Montrose Charter Review Committee comprised of Mayor Dave Frank, Mayor Pro Tem Judy Ann Files, City Manager Bill Bell, Assistant City Manager Ann Morganthaler, City Clerk Lisa DelPiccolo and City Attorney Christopher Dowsey. A discussion of what they've been working on was held on May 19<sup>th</sup> in a City Council Work Session (https://www.youtube.com/watch? v=Jow9Lw6NRt0) and is quite interesting. As background, the voters of the City chose to adopt a new "Home Rule" Charter in an election held on November 7, 1967 (http://metsa911.org/dept/as/code/ Charter.pdf). This vote came after a citizen committee was chosen to be members of the "Charter Convention" which was formed to draft a new and updated City Charter with the goal of declaring the City of Montrose to be a "home rule" municipality which gives City government much broader latitude to act in the best interests of the citizens versus being a "statutory" arm of State government. The history of the Charter Convention is summarized in the Charter as follows: "The Montrose, Colorado Charter Convention was elected on the 18th day of July, 1967, according to the provisions of the Article XX of the Constitution of the State of Colorado. The twenty-one elected members of the Charter Convention

have been charged with the responsibility

of drafting a new Charter to supersede

the City Charter heretofore in effect in

said City and to prescribe the form and

substance of home rule government for the City of Montrose, Colorado."

For the record, the original members of the 1967 Charter Convention who signed off the new home rule charter were: John E. Kreidler (Chairman), Lois D. Elicker (Secretary), W. Robert Schaeffer (Vice-Chairman), Charles E. Adams, Gerald L. Dome, Carl Q. Anderson, Dennis W. Morris, Marvin Gill, Donald E. Cashen, Terrance K. Carr, Marvin J. Johansen, Harland K. Duncan, L.F. Flower, Jr., C.U. O'Neill, Heber L. Musgrave, Donald W. Dalee and John F. Helmericks. (NOTE: Only 17 of the 21 members were present when the vote was cast to move the new charter forward to the voters. No mention of the four (4) missing members is made.) In order to amend the City Charter, provi-

sions are made within it for doing so as follows:

SECTION 2. AMENDING THE CHARTER. Amendments to this Charter may be framed and submitted to the electors through petitioning the Council or by the Council on its own initiative in accordance with the provisions of the Constitution of the State of Colorado. Nothing herein contained shall be construed as preventing the submission to the people of more than one Charter amendment at any one election. If there is any conflict or inconsistency between amendments voted upon at the same election and more than one be adopted, then the amendment receiving the largest number of votes shall prevail.

Interestingly, the Charter had not been substantially updated or changed until early 2014 when City Manager Bill Bell (he'd only been Manager for less than 3 years) led a Charter Review Committee to include members of the City Council who recommended more than three (3) dozen changes to the Charter to include taking away the joint hiring of the City Police Chief and City Clerk by the City Manager and City Council and placing full authority for each under the City Manager. This group chose to exclude the public from

participating in the process (which they could do), leaving changes presented to voters from City Staff and elected officials as the only ones that could be voted on. In an interview with the Montrose Press published on March 25, 2014 (Montrose City charter due for revision | Local News Stories | montrosepress.com), then Mayor Judy Ann Files stated: "The changes are largely clerical - corrections of typographical errors and removing masculine-specific pronouns and will align the charter more closely with the city's current practices. The charter will also be amended to reflect the city's current organizational chart. A city manager is not mentioned in the charter, but amendments add several references to the position and its duties. Those include the city manager's authority to make line-item changes to the budget throughout the year and to appoint or remove a city clerk and police chief without a vote of the council. The updates will not change the city's current practices, Files said, but will instead eliminate ambiguities. If the amendments are done correctly and with foresight, she added, it could be another 50 or so years before another revision is needed."

A local resident and former State Legislator, Ben Alexander, wrote a letter that was published in the *Montrose Press* on March 26, 2014, wherein he warned the public about the way that these 2014 Charter amendments were formulated and given to the public to vote on. He stated:

"My concern is that the way the ballot is presented, most, if not all, voters will not be fully aware of what they are voting for or against. Were these omissions in the ballot language intentional or simply an oversight? That is for each individual to determine. In this era of distrust in public officials, this is no way to conduct open and honest government." City charter changes deeper than appear | Letters | montrosepress.com

### WHAT HAPPENED TO CITIZEN INPUT? From Previous pg

So here we are, 11 years later and we find that Mrs. Files words as Mayor then in 2014 and now, today in 2025, as Mayor Pro Tem (some things, somehow, stay the same, don't they?) that her prediction that it could be another 50 or so years before another (Charter) revision is needed, has fallen flat on it's face 39 years before revisions should have been needed. And Ben Alexander's words are as true today as they were in 2014! What's on the table to be changed in the Charter? Quite a few things it turns out. Some inconsequential and others questionable.

Here are a few examples:

-All references to his/her or he/she, etc. will be removed making the Charter gender neutral (read into this what you will). -The word "qualified" currently precedes the word "elector." It is proposed to remove the word "qualified" as the City Attorney claims that it is

"redundant." (Why is this being done? Is being qualified too much to ask?). -As currently written in the Charter, if the citizens want to recall a City Councilor, they need to gather signatures on a petition reflecting a total of 15% of qualified voters who voted in the election in which the Councilor was elected. The proposed Charter change would push that number higher to 25%, making a recall effort that much more difficult for the citizens to initiate. If the same Councilor faces a second recall effort, the number of signatures goes to 50%!

-As a side note, the Charter currently says that: "To ensure the greatest possible control of governmental process by the people, provision is made in the Charter for the direct democratic techniques of initiative referendum, and recall. These methods provide the means whereby the people can, if they wish, directly control the legislative process and recall any elected official who proves himself unsatisfactory. "It's pretty obvious that what is happening with the proposed amendment to the recall of a Councilmember that this Council is choosing to do an end run around the Charter. -Elimination of the local residency requirement for a Municipal Court Judge goes away.

-Mandatory residency requirement of the City Manager stays in place (Bill Bell wants everyone to know that he's staying put as Manager for the foreseeable future – watch the video!

-Here's the link to the video: <u>https://</u> www.youtube.com/watch?

#### <u>v=Jow9Lw6NRt0</u>)

-City Council salaries to be set by motions of the Council vs. set by Charter. -Public postings will be changed as Attorney Dowsey "sees fit."

All I can say is that the pontificating by our new Mayor (Dave Frank) and City Attorney (Christopher Dowsey) certainly lends credence to the disconnect between the perceived (by them) elitist positions they hold and the reality that they are simply there on a temporary basis. But that doesn't mean that they aren't going to use their personal positions and agendas to dictate the "choices" THEY are choosing to give us rather than taking input from the citizens by having them sit on a Charter Review Committee. Mayor Frank went so far as to state that he consulted with other municipalities to obtain suggested changes to our Charter but can't be bothered with getting his own citizens' input. Go figure!

The Council and Manager really fouled things up in 2014 by setting the precedent to put forth "fixes" to the City's guiding document from their positions in City Hall and not including the man on the street. This group of Councilors could have taken their lead from just up the road in Delta where the question of establishing a Charter Commission was put to a vote in 2024 and passed.

In an article back on March 13, 2025, we learned that:

The City of Delta will hold a special election on April 1 for voters to decide on the adoption of a new city charter. This follows the 2024 election, in which citizens approved the formation of a Charter Commission to review and update the existing charter, which was originally adopted in 1950.

The elected nine-member Delta Charter Commission, with guidance from the city attorney, city staff and community members, met extensively to assess necessary revisions, taking into account changes in state laws, the Colorado Constitution, and modern municipal governance practices.

After thorough review, the commission determined that a full rewrite, rather than piecemeal amendments, was the most effective approach to streamlining and modernizing the city's foundational document. <u>City of Delta voters to decide</u> on updated charter in special election | <u>Local News Stories | montrosepress.com</u> After a lot of hard work and effort by the citizens Commission, the City of Delta's voters approved their new charter on April 1, 2025.

Let's take a lead from our past. While 1967 was a long time ago for some, we did something that Delta and others haven't done in many more decades or ever. We, the citizens of the City of Montrose, deserve to have hands on involvement in our City's Charter. It's about time that the City Council gave it up and followed Delta's lead. Table these so called "needed changes" and bring to the voters a Charter Commission question. It might do you well to open the process to those who elected you.

Mr. White is an active citizen & community leader as well as a business owner, entrepreneur, former Colorado Springs City Councilor and Montrose City Councilor as well as Montrose Mayor. He was a two-term Montrose County Commissioner and has served on many boards and commissions during his career. He & his wife are the parents of six children and have 10 grandchildren & one great grandchild.



Safurday, June 21, 2025

DOORS 7 PM · SHOW 7:30 PM ADVANCE SEATS \$20 · DOS \$25

33 N. UNCOMPAHGRE AVENUE, MONTROSE, CO WWW.HEALTHYRHYTHM.NET Page 52

### **REGIONAL NEWS BRIEFS**

### **CRACK THE CASE OF THE MISSING SHEEP AT DMEA'S ANNUAL MEETING**

#### Special to the Mirror

REGIONAL-Sheep have gone missing from the agrivoltaic Garnet Mesa Solar Array and the suspect is still at large! Join us for DMEA's Annual Meeting on Thursday, June 12, 2025, for an evening of mystery, community fun, and prizes. This year's theme: *Whodunnit?* 

#### Solve the case, win big

You'll receive a Clue-style game card when you arrive. Your mission? Use your detective skills to uncover *who stole the sheep*.

Visit six themed booths—each representing a different "room" in our co-op mystery—to uncover clues and eliminate suspects.

Solve it right, and you'll be entered to win one of six grand prizes (announced during the business meeting)

-Nintendo Switch 2 with extra Joy-Cons -PlayStation 5 Pro with Gift Card

-Milwaukee electric mower & blower kit

-Milwaukee tool combo kit

-iPad Air with Apple Pencil Pro

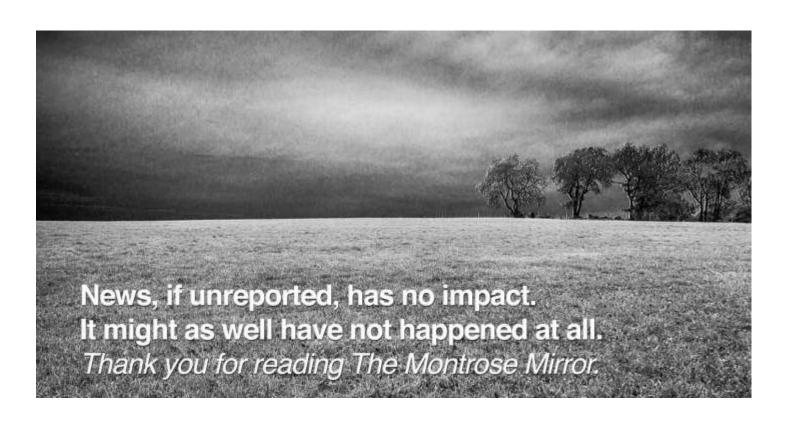


-iPad Mini with AirPods Pro 2 Sniff out clues, and something tasty Delicious eats await from Bo-B-Q, Carnitas El Chapo, Sunny Thai, The Cod Father Fish & Chips, Third Bowl Ice Cream, and Polar Express Shaved Ice. Enjoy live music, activities, free swag, and fun for all ages as you track down clues and suspects. Make your voice heard Member registra-

tion and in-person voting for the Board of

Directors begins at 4:30 p.m. and closes at 5:30 p.m., just before the business meeting. Mail-in ballots and online ballots must be received by Tuesday, June 10. For more information visit <u>dmea.com/</u> <u>elections</u>

**Be there or risk being the prime suspect** Thursday, June 12, 4:30 – 8 p.m. Hotchkiss K-8 School, 465 Lorah Lane, Hotchkiss



CORF

TERENTURY

### 525 ELIZABETH STREET, DELTA, CO 81416 MLS # 820393

TThis beautifully updated 3-bed, 1.5bath home in Garnet Mesa is a mustsee! Nearly everything is new, including the kitchen (cabinets & appliances), bathrooms, doors, floors, blinds, and fresh paint inside and out. The smart layout features upstairs laundry, and an enclosed front porch ideal as a mudroom or summer sleeping area. The home is move-in ready, clean, and efficient, with windows replaced 15 years ago. Enjoy a fenced front yard, detached garage with concrete floor, low-maintenance gravel yard, and HOA-provided irrigation water. Close to schools, medical facilities,

and all that Delta offers.



THIS IMAGE HAS REEN VIRTUALLY STA

CE

SLEVATED PROUDLY PRESENTS

#### \$347,000.00 3 BR 1.5 bathrooms

### CONTACT:LESLIE GORE

- 19702753195
- 🞽 lesliegorerealtor@gmail.com 🗋
- ttps://tinyurl.com/LeslieGoreC21



### **REGIONAL NEWS BRIEFS**

### CITY AND COUNTY TO HOST HAZARDOUS WASTE COLLECTION EVENT JUNE 28

#### Special to the Mirror

MONTROSE — The City of Montrose, in partnership with Montrose County, has planned a waste collection event to give Montrose area residents an opportunity to safely dispose of hazardous chemicals used in many household products. Batteries, aerosols, fertilizer, paint supplies, fluorescent light bulbs, and liquid fuels and chemicals will be collected during the 2025 Household Hazardous Waste Event scheduled for Saturday, June 28, from 8 a.m. to 5 p.m. at the City Public Works Shop located at 1221 64.50 Road. Earlier this spring the city and county agreed to contribute funds to safely dispose of all hazardous materials collected during the event. "In an effort to promote safety, beautify the community, and expand public services, the City of Montrose and Montrose County desire to host a one -time combined residential Household Hazardous Waste (HHW) Collection event that will include city and county residents," the city and county said in a joint statement. "The goal of this event is to encourage citizens to properly collect, handle, and dispose of common household hazardous waste materials." Volumes and quantities are limited to a maximum of 20 gallons of liquid waste material, 50 pounds of dry, granular palletized, or powder waste material, and 20

#### aerosol cans per customer. Fee Schedule:

Batteries (Wet/Dry Cell) lithium, nickelcadmium (NiCd), alkaline, and nickelmetal hydride (NiMH) — \$5.00 per pound.

Large rechargeables (gel cells) — \$2.50 each.

Light bulbs (fluorescent and ballasts) Fluorescent bulbs (8', 4' and shorter) \$.50 each. Compact Fluorescent Lights (CFLs) — \$1.00 each.

Ballasts — \$5.00 each.

Liquid Fuels (automotive fluids, degreasers, mineral spirits, gasoline, kerosene) — \$1.00 per gallon or \$.50 for smaller containers.

Liquid Chemicals (acids, adhesives, bleach, caustic cleaners, oxidizers, solvents) — \$2.00 per gallon or \$1.00 for smaller containers.

Fertilizer (granular) Containers weighing five pounds or less — \$1.00. Containers weighing five pounds or more — \$2.00. Fertilizers (liquid) Containers per gallon — \$2.00 Containers less than one gallon — \$1.00.

Herbicides, Pesticides, Poisons, Insecticides (liquids, must be in sealable containers) — \$2.00 per gallon or \$1.00 for smaller containers.

Paint (oil & latex based, primers, artist) — No charge. Paint Supplies (cleaner, thin-

ner, varnish, turpentine) — \$1.00 per gallon or \$0.50 for smaller containers. Aerosols and spray paint — \$1.00 each. Fire Extinguishers — \$5.00 each. Solid grease, waxes, oils, chemicals, cleaners — FREE

Stains, polyurethanes — FREE Stucco, plaster, drywall mud, mortar, grout — FREE

Thermometers (mercury) \$1.00 each. Flammable gas tanks propane, oxygen, MAPP — small (1 lb) \$2.00 each, large (20 lb) \$5.00 each (The contents of these products are not classified as household hazardous waste, however due to the methods required to safely dispose of the containers, they are included in this event.)

The following shall NOT be collected:

• Unidentifiable chemicals and hazardous wastes;

Non-residential household hazardous wastes;

• Excessive volumes or quantities of residential household hazardous wastes reasonably indicating the material was generated from a commercial or industrial facility;

• Explosive or radioactive material;

• Electronic waste

• Biological/infectious waste

For more information, visit <u>CityofMont-rose.org/HHW</u>

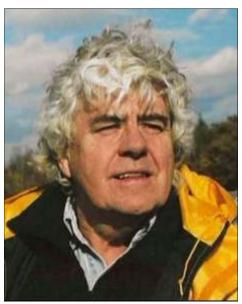




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**REYN SPOONER** JOHNSTON & MURPHY

### COMMUNITY OBITUARIES MICHAEL JOSEPH BERRY October 16, 1938 — June 2, 2025



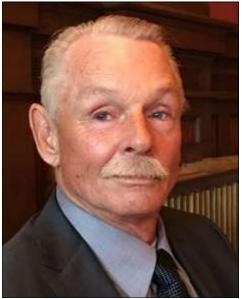
MICHAEL JOSEPH BERRY, aged 86, passed away on June 2, 2025, at home in Montrose, Colorado. Born on October 16, 1938, in Clondalkin, County Dublin, Ireland, to Patrick Gerald Berry and Nora Wimsey

Berry.

Though born in Dublin, Michael spent his formative years in Ballymote, County Sligo; along with his three younger brothers-Gerald, David, and Donald. When Michael was sixteen, he moved to Surbiton, England and lived with family to complete his studies. In 1957, Michael immigrated to the United States when he was nineteen years old and resided in New Jersey and worked in New York City. Two years later he was drafted into the U.S. Army and served in Germany on the Czechoslovakian border for two years. When he returned, he lived in New Jersey. He met the love of his life in 1964, Carol "Lynne" Kecker and they were married in 1967.

Michael was a man of wisdom, kindness, and witty Irish humor. Michael spent his career as a land surveyor, planning sites and locations with precision and care. He built a home for his family in West Milford, New Jersey where they resided for 42 years before moving to Montrose, Colorado in 2015. Michael's passions included playing soccer, fishing, sailing, photography, bagpiping, and gardening. He was survived by his loving and devoted wife of 57 years Lynne Berry; son Chris Berry, daughter Johanna Berry Wasser, son-in-law Nick Wasser, and grandchildren Elizabeth (Betsy), Aubrey, and Sayla. As well as many friends and extended family members who will miss him dearly. Michael was a Program of All-Inclusive Care for the Elderly (PACE) participant in Montrose. The organization and staff made it possible for Michael to live a pleasant and comfortable life at home. A celebration of life will take place in Colorado, New Jersey, and in his native land Ireland; dates to be determined. In lieu of flowers, the family requests donations be made to the Dementia Association in Michael's memory.

### JOHN "RIC" RICHARD ALFORD II February 14, 1956 — May 23, 2025



JOHN RICHARD ALFORD II, 'Ric' passed away peacefully May 23, 2025, with his family by his side. He was 69 years old and had been a resident of Montrose since 1994. He was a Land Steward in high country restoring it to natural grass lands for grazing, retiring in 2013.

He was born in Fort Gordon, Georgia on February 14,1956, the son of Edgar Lee Alford and Elise Mae (Hilton) Alford. Ric graduated from Prince George High School in Prince George, Virginia in 1973. Joined the US Navy, San Diego, California in 1974. Received an Honorable Discharge 1975. In 1978 he earned a Bachelor of Arts in Political Science and International Relations (Magna Cum Laude) from Georgetown University in Washington, District of Columbia.

Ric meet his wife, Teri Lynn McClemans in 1984 and married 1987, Newport Beach, California before moving to Laguna Hills, California.

He enjoyed spending time with his family fishing and boating on vacations to Lake

Powell. He had a passion for the arts and enjoyed painting murals. His favorite was painting the interior of the Egyptian Westwood Theatre in Los Angeles, California in 1984. Ric was one of the first Veterans to receive and test the Ottobock Computer prosthetic (leg) for the Veterans returning from Iraq in 2002. He assisted prosthetists to obtain their certification to service and maintain the computer legs for the Veterans around the country.

Ric is survived by his wife, Teri, of Montrose, daughter Ariel (Alford) Buchanan, son-in-law, Arin and two grandchildren, Agnus and Angus Buchanan of Montrose, as well as his extended family in Montrose, and Washington. Half-brother, Lee Alford of West Virginia, half-sister, Terri Gusley from N.C. and many nieces and nephews.

Ric was tagged as the fun one in the family and will truly be missed.

### ISSUE 525 June 9, 2025

# ARTESOL

### **COMMUNITY NEWS BRIEFS**

### **SNOW CAPPED CIDER MAKES HISTORY AT 2025 GLINTCAP**

#### Special to Art & Sol

AUSTIN, Colorado – <u>Snow Capped Cider</u>, led by owner and head cidermaker Kari Williams, continues its streak of excellence by being named **Midsize Cidermaker of the Year for the second consecutive year at the 2025 GLINTCAP.** In an unprecedented achievement, Snow Capped Cider also took home **10 Best in Class awards, setting a new record at the competition** for the most ever received in a single year.

"This moment is monumental for our entire team," said Williams. "To earn back-to-back Midsize Cidermaker of the Year honors, and hold the record for the most Best in Class awards in GLINTCAP history, is both surreal and humbling. These accolades reflect our team's relentless passion and precision, and the incredible quality of fruit we're able to grow on the Western Slope of the Rockies," said Williams.

With more than 1,400 international entries from the United States, Spain, Japan, Canada, and beyond, GLINTCAP is widely recognized as the most prestigious competition in the cider in-



Snow Capped Cider continues its streak of excellence. Courtesy photo

dustry. Judging is conducted blindly by a diverse panel of certified experts and industry professionals. **This year's awards bring Snow Capped Cider's all-time GLINTCAP total to 27 Best in Class awards, the highest achieved to date.** The cidery earned 13 total Gold medals, with 10 receiving the Best in Class, along with 38 Silver and 8 Bronze medals. Snow Capped Cider's continued dominance across diverse cider styles, from heirloom blends and perry to wood-aged and specialty dry ciders, demonstrates both its immense technical skill and its commitment to craft. The use of historic English, French, and American cider apples grown at some of the highest orchards in the country sets Snow Capped apart from competitors. Snow Capped Cider's 2025 Best in Class Winners:

1. Chisel Jersey - 1st Best in Class Heirloom Cider (Sweet)
2. Gravenstein - 2nd Best in Class Heirloom Cider (Sweet)
3. Winesap - 3rd Best in Class Heirloom Cider (Sweet)
4. Yarlington Mill - 2nd Best in Class Tannin Forward Cider (Dry)
5. Winter Pear - 1st Best in Class Low Tannin Perry
6. Porters & Perry - 1st Best in Class Fruit Cider (Dry)
7. Blanc Mollet - 1st Best in Class Wood Aged Cider
8. BBL Aged Kingston Black - 3rd Best in Class Specialty Cider and Perry (Dry)
10. Rockie's Rose - 3rd Best in Class Specialty Cider and Perry (Dry)
To see the full list of awards, visit <a href="https://michiganciders.com/1640-2/">https://michiganciders.com/1640-2/</a>.

### **MIRROR IMAGES: MONTROSE PRIDE FEST 2025**





With a brief break from rain showers, Montrose's 2nd Annual Pride Festival took place at Cerise Park on Saturday, June 7. Photos by B. Slate.







Dad, you're not in Kansas anymore! Check out our assortment of gorgeous shirts from Barabas, exclusively at

D'Medici Footwear & Clothing



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### **CARTOON BY TIM JONES**

VEEKLY CARTOON



#### HARNESS THE HEALING POWER OF NATURE

Find out how with this nformative and entertaining book that will change your brain, your body, and your spirit.

<u>Click here</u> to find the book on Amazon



### <u>Renaturing</u>



#### Contact Author and Speaker:

- laurenhallruddell.com
- agescapesnow@gmail.com

1/2 day retreats with the author beginning in May. Email for more info.

# Live better in 2025

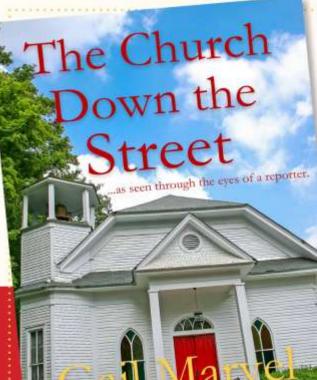
Sick and tired of feeling sick and tired? The answer is right outside your door!

### **COMMUNITY NEWS BRIEFS**

### **MONTROSE REPUBLICANS HOST A 'DAY OF PRAYER FOR OUR ELECTED OFFICIALS'**

Photo by Jodi Woodden MONTROSE-On Monday, June 2, community members gathered at the Baldridge Park Gazebo, to lift up those who serve us locally and state wide.





*he Church Down the Street*, published pre-COVID, peers into the worship services of more than 70 churches, some of which have a weekly attendance of less than 10.

Organized in a topical format (Hospitality, Program & Source Material, Music, Meditations & Invitations, and The Message), the author uses an unbiased approach to allow readers to experience the worship service as seen through the eyes of a reporter.

The Church Down the Street contains anecdotes and stories from the actual worship services and asks thought-provoking questions that allow readers to draw their own conclusions.

#### Readers will:

- · See strengths and weaknesses in the worship service
- Re-evaluate hospitality toward visitors
- · Become more aware of source material used in the worship service
- · Compare and contrast music presentations and selections
- Discern the value and content of the sermon.

Gail Marvel's book, The Church Down the Street, is available online at Amazon.com and wingedpublications.com.

> GAIL MARVEL Montrose Author & Reporter



## HOME FOR SALE PRICE IMPROVEMENT



### OFFERED AT \$479,000 Nicely Designed Comfortable Living



This nicely designed home offers 1805 sq ft of comfortable living space, featuring a spacious common area and ample storage throughout. The wide entry hall welcomes you with 2 double-door storage closets, while the great room is bathed in natural light from a striking corner of windows. The kitchen boasts granite counter tops, stainless appliances with an upgraded gas range. A large dining area, along with a versatile cooking and serving island make entertaining family and friends effortless. Step outside to the covered back patio where you can unwind while enjoying the privacy of the large, low maintenance, fenced back yard.

The primary bedroom showcasing a vaulted ceiling and five piece en-suite bath with granite counter tops, tile finishes, private water closet and a generous walk-in closet. The guest hallway has an additional double door storage closet and 2 well sized bedrooms along with another full bath. The tandem 3 car garage has 578 sq ft of space and is perfect for your vehicles, recreational toys or even as a workshop. With this home conveniently located near the community's park and not far from downtown it's just waiting for your arrival.





CENTURY 21. Elevated Real Estate Pey Evypoik

BROKER

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peg@pegevanoika.com











### WE ARE WHAT WE EAT — BUT ALSO WHAT WE CONSUME



It's a well-worn

adage: "You are

decades, this

what you eat." For

phrase has remind-

ed us that our phys-

ical health is shaped

by what we put in our bodies. Eat

well, and you nour-

ish your cells, ener-

gy levels, and lon-

gevity. Eat poorly,

and you invite a

By Gia Pirelli. Courtesy photo.

host of health issues. But in the 21st century, when our lives are steeped not only in food but in a nonstop stream of digital, visual, and emotional content, we need to expand that saying. We are not only what we eat—we are everything we consume. Beyond the Plate: The Mental Diet. Just as our bodies are built from proteins, vitamins, and minerals, our minds are shaped by stories, images, sounds, and ideas. Every podcast, TikTok scroll, Netflix binge, headline, tweet, and comment thread adds to our psychological diet. Unlike food, which is digested and eliminated, the things we see, hear and experience linger in subtler, longer-lasting ways. They influence our thoughts, beliefs, moods, and behaviors-often without us even realizing.

Think about it this way: if you ate only processed food every day, your body would eventually become inflamed, lethargic, and unwell. Remember that film, "Supersize Me?" Where he did an experiment and ate nothing but fast food for a month. It only took 30 days to destroy his health. If you feed your mind only fearbased headlines, toxic social media, or endless comparisons, the result is mental and emotional inflammation: anxiety, anger, low self-worth, and chronic distraction. The visible consumption creates the mental atmosphere we live in. And just like polluted air, it affects us whether we notice it or not. This can be especially true in children.

The truth is especially critical when it comes to young people. Children and teens are not only physically growing they are cognitively and emotionally developing. Their brains are still wiring up key functions like impulse control, empathy, and long-term thinking. During these formative years, what they consume doesn't just entertain or inform—it shapes.

The media young people are exposed to can:

-Reinforce identity and self-worth - or erode it.

 Cultivate curiosity and empathy - or numb and desensitize.

-Encourage critical thinking - or feed confirmation bias and misinformation. -Promote resilience and purpose - or contribute to depression and self-doubt. For instance, constant exposure to hyperfiltered beauty standards can distort body image. Violent or aggressive content can normalize harshness in relationships or dull empathy. Sensationalist or divisive content can polarize thinking and reduce nuanced understanding of the world. You see it prominently in Gen Z kids now. On the other hand, meaningful stories, music, art, and diverse voices can expand awareness and inspire a sense of purpose and belonging.

### The Feedback Loop: From Individual to Society

What we consume not only shapes our personal realities—it collectively builds our cultural one. A society obsessed with outrage becomes reactive. A culture saturated in distraction becomes restless and fragmented. A media landscape focused on fear creates a public that's anxious and cynical. They say art imitates life. Music is a reflection of the soul. But it's a two-way street. Can you imagine if Charles Manson wrote a catchy country song and we all sang it in our cars? Yikes.

Our individual consumption patterns become a collective psychological climate. What trends, goes viral, or dominates attention often mirrors deeper societal values—or lacks thereof. And the more we feed those dynamics, the more they feed us in return. It's a feedback loop, and it's accelerating.

Toward Conscious Consumption Just as we've learned to read our nutrition labels, avoid trans fats and eat our greens, we need similar literacy around mental and emotional consumption. This means:

-Curating our media diet: Choosing quality over quantity. Prioritizing depth over speed.

-Pausing to reflect: Asking not just what we're watching or reading, but why, and how it's making us feel.

-Modeling intentionality.: For young people, adults have a responsibility to demonstrate mindful consumption and open conversation about what's influencing us. -Diversifying your inputs: Seeking out different perspectives, voices and ideas to challenge and expand our thinking. In the end, health is holistic. We can't separate the body from the mind, or the individual from the environment. Just as we need clean water and nourishing food, we need truth, beauty, connection, and meaning. If we are what we eat, then our thoughts, moods, and relationships are what we read, watch, scroll, listen to, and engage with.

Our lives are shaped not only by calories but by content—and the choice is ours. Consume wisely. Create intentionally. Because we become what we consume, and through that, we become who we are.

# CENTURY 21.

#### **BUYER-FOCUSED REPRESENTATION WITH INTEGRITY AND EXPERTISE**



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DIANE HAYNES, CRS Associate Broker C: 970-596-3521 0: 970-249-7653 DianeHaynes@outlook.com DianeHaynesRealtor@gmail.com





### Choosing a real estate agent with the Accredited Buyer's Representative (ABR) designation offers several advantages:

*Specialized Training:* ABR agents have received advanced training focused on representing buyers, giving them a deep understanding of the buying process and strategies to advocate for your best interests.

Expert Negotiation Skills: They are equipped with the skills to negotiate better terms, prices, and contingencies, helping you secure a more favorable deal.

*Market Knowledge:* ABR agents are well-versed in local market conditions, giving you insights into pricing trends, property values, and neighborhood information.

Exclusive Buyer Focus: Their primary focus is on buyer representation, ensuring you get unbiased advice and guidance tailored specifically to your needs.

Legal and Ethical Standards: ABR agents adhere to a strict code of ethics, ensuring that you receive professional and trustworthy service throughout the buying process.

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### MAGIC CIRCLE PLAYERS PRESENTS: HIGH SCHOOL MUSICAL, JR, JUNE 12-21



"We've arrived because we stuck together; we make each other strong. We're not the same. We're different in a good way. Together's where we belong!" By Jonathan Heath

MONTROSE-From June 12 through 21, the youth of Montrose turn the stage at Magic Circle Players into East High School, a place where the jocks, "brainiacs," and "thespians" (theatre kids) each have their turf, but discover there is more of life to experience outside of their cliques. The story follows basketball team captain Troy Bolton (played by Kyle Whitcomb) who meets "brainiac" new girl, Gabriella Montez (played by Analise Williams) at karaoke, both discovering in the moment that they enjoy singing together. But there's pressure to "stick to the status quo" from all directions. Coach Bolton (played by Max Terry) pushes Troy to "get your head in the game," while Troy's friend Chad (played by Matteo Curtis) and Gabriella's friend Taylor (played by Breanna Swanson) remind the couple to stay in their academic and jock cliques. When drama teacher Ms. Darbus (played by Addie Howell) lets them audition for the



lead roles in the school musical written by fellow student Kelldyn (played by Joshua Swanson), drama club stars Sharpay and Ryan Evans (played by Sofi Selee and Joab Moss) try to sabotage the couple. But as the story unfolds, Troy and Gabriella's friends start to realize there is more to each of them than their cliques and "we are all in this together."

"Thespian" Kendall Clark described the experience of bringing the show to the stage at Magic Circle:

"Being in High School Musical felt like joining a second family—assuming my family suddenly breaks into song and dance at random, which we actually do sometimes! I was the youngest cast member, but everyone treated me like I actually knew what I was doing. I've had a blast, learned a ton, and didn't trip on stage... yet. I grew up knowing these songs for as long as I can remember; singing them with my sister on car rides. So it's been great to have a reason to sing them to people who WANT to hear them! Best experience ever!"

For Analise Williams (who is playing the role of Gabriella Montez), this was her first time on stage with Magic Circle Play-



Photos of Thespians, Wildcats, Cheerleaders courtesy of Magic Circle Players.

ers: "My overall experience with Magic Circle has really been life changing. From my very first practice I felt such a passion and excitement for learning my lines, songs, and choreography. But I also have made such deep and meaningful connections with the cast and directors. I'm so grateful to be included in such a beautiful community of people and I couldn't recommend it more."

Co-Directed by Lisa Rediger and Shannon Rediger, High School Musical Jr is an opportunity to see—and be entertained by—the talented youth of Montrose on stage. Co-director Shannon Rediger said, "Co-directing High School Musical alongside my Mother, Lisa Rediger, has been a joy and honor. I couldn't ask for a better partner, crew or cast for my directorial debut. This show is full of beautiful harmonies, and vibrant dances that you do not want to miss."

Ready to get your tickets to High School Musical Jr? Tickets are a steal at just \$15 for adults and \$10 for youth under 18. The show opens Thursday, June 12 at 7:30 p.m. at Magic Circle Theatre, 420 S 12th St. Evening performances continue through Friday, June 20, with three matinee performances Saturday & Sunday, June 14-15, and Saturday, June 21. Full show times and tickets are available online at <u>www.magiccircleplayers.com</u> or by calling the box office at 970-249-7828.

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### **MIRROR CHURCH DIRECTORY**

#### ALL SAINTS ANGLICAN CHURCH

Address: 2057 S. Townsend, Montrose, CO 81401.

Office Hours: By appointment. Contact Information: (970) 249-2451 https:// www.allsaintsmontrose.org/ Rector: The Rev Preston Gordon, <u>pgor-</u> <u>don@allsaintsmontrose.org</u> Worship Service Times: Sundays 9AM,

#### **BIBLE BAPTIST CHURCH**

Independent Baptist 112Main St. P.O. Box 262

#### **CELEBRATION CHURCH**

Denomination: Southern Baptist Church (SBC – Southern Baptist Convention) Address: 2900 Sunnyside Road, Montrose, CO 81401 Office Hours: By appointment Phone: (970) 497-4925 Email: celebrationmontrose@gmail.com

#### **CHRIST'S CHURCH OF THE VALLEY**

Name of Church: Christ's Church of the Valley Denomination Affiliation: Nondenominational Christian Church/Church of Christ Address: 10 Hillcrest Plaza Way. Montrose, CO 81401 Office hours: Tuesday & Wednesday 9amnoon and by appointment.

#### **CHRIST LUTHERAN CHURCH**

Denomination: Christ Lutheran Montrose Affiliation: Lutheran Church Missouri Synod Address: 1980 N. Townsend Ave., Montrose, CO 81401 Contact: 970-633-0226

#### **COMMUNITY SPIRIT CHURCH**

United Church of Christ (UCC) Address: 504 N. 1st Street (HAP Building) Office hours: Call or text for appointment Phone: 970-765-7070 Email: spirit@communityspiritucc.org

#### COVENANT HEBRAIC FELLOWSHIP

Denomination affiliation. No affiliation Address Office hours N/A Contact: 720-951-9941, office@ccfmontrose.net, www.ccfmontrose.net Sunday Worship. Wednesdays 11AM, Midweek prayer and communion, Wednesday, Noon, Multi-denominational Community Prayer Hour.

All Saints Anglican Church is an Evangelical Anglican Church committed to the ministry of Word, Sacrament, and Spirit. Our music is a combination of traditional hymns, contemporary, and modern songs.

#### Olathe, Co 81425

Tuesday-Friday Phone: 970-808-1021 www.biblebaptistchurcholathe.com Pastor Gabe Skillo

Website: https:// celebrationmontrose.org/ Worship Service Times: 9am and 10:45am Senior Pastor: Pastor Brandon Mathis Church Description/Mission: Celebration Church makes disciples that make disciples. Our core values include the Scrip-

#### Contact information:

Phone: 970-249-0530 Email: CCVMontroseCO10@gmail.com Website: ccvmontrose.org Name of current Senior Pastor: Ken Lawrence Worship service times: 10:30 a.m. Mission: Christ's Church of the Valley is a loving and welcoming church whose purpose is to help people to know and grow

Website: www.montroselutheran.org Email: montroselutheran@gmail.com Pastor: Tim Onnen Worship: Sundays at 9 AM Sunday School and Adult Bible Class at 10:15 AM; Women's Bible Study Fridays at 9 AM. At Christ Lutheran Montrose you will

Website: communityspiritucc.org Current Pastor: Rev. Wendy Kidd Worship service: Sundays at 11am Mission: Our commitment to a more inclusive and accepting world is steadfast, and we will continue to work towards a future

### Name of current Senior Pastor. Led by elders

**Worship service times.** Noon on Saturdays. Children's Church will be offered as needed.

Covenant is a Hebraic roots community

We invite kids preschool and up to join our kids worship time during the 9am Sunday service. We would love to welcome you here. Following the service, join us for snacks and conversation. On the third Sunday of the month we celebrate a potluck meal together.

**Vision:** We see Jesus Christ restoring hope: in us and in our world.

Sunday School 9:15 a.m. Sunday 10:30 a.m. Sunday 6 p.m. Wednesday Bible Study/Prayer 7 p.m.

ture, discipleship, community, service, prayer, love, and unity.

Demographics: Multi-generational Celebration Kids: (age birth to 5<sup>th</sup> grade) programs offered both services. Student (middle & high school) at 9am. Adult -Discipleship classes 8am and 10:45am.

in our Lord Jesus Christ to the glory of God.

**Description:** CCV is a multi-generational church family. While we are currently pre-dominately seniors, we are becoming more multi-generational.

Sunday School & Childcare: CCV has adult Sunday School at 9 a.m. and Youth Church during the 10:30 a.m. worship service.

find friendly people gathered in a welcoming environment being comforted and encouraged by the forgiveness and love of Jesus, and sharing that with one another. We are a small congregation of seniors and middle-aged, sprinkled with young children and teenagers.

where everyone can live freely and authentically.

**Demographics:** We are a small congregation of mostly adults and seniors, however, we are always ready to welcome families and children.

that studies the Torah as well as the rest of Scripture. We learn about the Hebrew roots of the language and believe that the Lord's feasts are for today. We are predominantly made up of older folks, but have some young blood, too.

### **MIRROR CHURCH DIRECTORY From previous pg**

#### FIRST CHURCH OF THE NAZARENE

Denomination: Church of the Nazarene Address: 705 South 12th Street Office Hours: Monday - Thursday 9 am-Noon and by Appointment Contact Information: Office Phone 970 249 -9213, mncfirst@gmail.com, www.montrosenazarenechurch.org

#### FIRST PRESBYTERIAN CHURCH MONTROSE

Affiliation: Presbyterian Address: 1840 E Niagara Rd. Montrose CO. 81401 Office Hours: M-Thu 9AM -12PM

#### HILLCREST CONGREGATIONAL UNITED CHURCH OF CHRIST

Denomination affiliation: United Church of Christ Address: 611 South Hillcrest Drive, Montrose, CO 81401 Office hours: By appointment Contact information:

#### MONTROSE MISSION OF THE ORTHODOX CHURCH

Affiliation: Orthodox Meets: 2057 S. Townsend, Montrose, CO

#### MONTROSE UNITED METHODIST CHURCH

Denomination Affiliation: United Methodist Address: 19 S. Park Avenue Montrose CO. 81401 Office Hours: M-Thu, 9 a.m. - 2 p.m. Contact Information: 970-249-3716, office@montroseumc.org, mont-

#### **ROSEMONT BAPTIST CHURCH**

Affiliation: Southern Baptist Address: 1598 E. Niagara Road, Montrose, CO 81401 Office Hours: Tues-Thurs, 9am-4pm Contact information: Phone: 970.249.4887 website: <u>www.RosemontBaptist.org</u> email: <u>office@rosemontBaptist.org</u> Senior Pastor: Rolland Kenneson Worship Service Times: Our engaging and relevant Sunday Worship Service is at

Pastor: Buddy Cook

**Services** Sunday: Worship 10 AM, Adult Bible Study 11:30 AM Worship includes age -appropriate children's ministry during adult worship.

Wednesday: Prayer Boot Camp - 7 PM Mission Statement: *Montrose First Church of the Nazarene exists to make Christlike* 

Contact: 970-249-4732, <u>in-</u> form@fpcmontrose.com, www.fpcmontrose.com Pastor: Rev. Dr. Jesse G. Mabanglo Worship Service times: 9:30AM, We strive to encourage, challenge and

Phone number: (970) 249-9047 Email address: <u>office@montroseucc.org</u> Website: <u>montroseucc.org</u> **Current Pastor:** Rev. Wendy Kidd **Worship service times:** Sunday, 10 a.m. Hillcrest Congregational UCC is a welcoming, open and affirming church, open to all no matter who you are or where you are

81401 and Cimarron Creek Clubhouse. Worship Services: The Montrose Mission of the Orthodox Church meets every Saturday night at 7 PM at All Saints Anglican

#### roseumc.org

Current Senior Pastor: Rev. Kevin Young Worship service times: 8:30 a.m. Sanctuary & Virtual 9:45 a.m. Christian Education & Fellowship 11 a.m. Sanctuary Montrose UMC is a leader in being fully inclusive, loving, and just servants of

10:45 AM. We also have Bible Study for All Ages Sunday mornings at 9:15 AM. We provide a professionally-staffed nursery throughout both.

Rosemont Baptist's desire is to passionately bring people face-to-face with the lifechanging power of Jesus Christ. We are a multigenerational church from different walks of life who love Jesus, love each other, and love our community. Everyone comes dressed in whatever is comfortable. We love meeting new people no disciples in Montrose Colorado and around the world.

**Demographics:** Our church consists of older and younger people. We have younger families with children and young teens and older adults as well. We also support the work of Calvary Ranch Colorado and its addiction recovery ministry.

support one another through spiritual growth, worship, and service in our community, country, and world. We also encourage children and youth to grow their relationship with Christ through our children and student ministries.

on life's journey.

Church demographics: HCUCC welcomes all ages to worship with us. (predominately family, youth, seniors, singles)

We offer inter-generational worship with a children's "prayer-ground" and activity packets. A cry room is also available.

Church for Vespers, and we currently meet only on the third Sunday of each month for Divine Liturgy in Montrose at 9:30 AM at the Cimarron Creek clubhouse.

Christ. Our church family welcomes people from various cultural and faith backgrounds: single, married, remarried, with or without children, from diapers to dentures.

Wherever you are on your spiritual journey we invite you to come discover hope, joy, peace, purpose.

matter what stage of life they are in. **Children's services:** We have a fun Sunday School for children from four years old through youth. We provide Children's Church during the Sunday Worship Services where children four years old through 9 years can learn to be worshippers of Jesus.

We provide a nursery for children under four years old with paid staff providing excellent care during Sunday Morning Bible Study and Worship Service.

### **MIRROR CHURCH DIRECTORY From previous pg**

#### SPIRITUAL AWARENESS CENTER

Denomination affiliation: Independent Spiritual and Interfaith Community Address: Services at Lions Park Community Building, 602 N. Nevada, Montrose Office hours: Tues-Fri, 9 am to 4 pm, Home Office – 970-252-0908 Contact information: Rev. Dr. Arlyn Macdonald, 970-252-0908, <u>arlyn@spiritaware.org</u>, www.spiritaware.org Name of current pastor: Rev. Dr. Arlyn

#### **ST. STEPHEN'S ANGLICAN CHURCH**

Denomination: Anglican-Reformed Episcopal Church (REC) Address: 2405 Sunnyside Road, Montrose 970-249-4868 Contact: ststephensmont-

#### VICTORY BAPTIST CHURCH OF MONTROSE

Denomination Affiliation: Independent Baptist

Address: 2890 N Townsend Ave., Montrose, CO 81401

Office Hours: Monday-Friday 8am-12pm Contact Information: Phone (970) 249-

#### Church Directory

Mirror Editorial Staff MONTROSE-As a way of serving the faith community in Montrose, the Montrose Mirror is in the process of establishing a Church Directory. If your congregation or fellowship would like to be included in the directory, please supply the following

Macdonald, Senior minister; Rev. Ruby Salaz.

Assistant Minister. Spiritual Counseling available.

Worship service times: In-person Sunday Unity Service at 11 a.m., (Social Time begins at 10 a.m.); Quiet Meditation at 10:30 a.m. Virtual Afternoon Service on Zoom at 2:00 p.m., 2<sup>nd</sup> Sunday of each month; Chai Chats, a Wednesday morning midweek informal spiritual gathering at 10:30 a.m. at Pun Hill Himalayan Restaurant, Mont-

rose@yahoo.com www.ststephensmontrose.com Rev. Dec. Garrett Agajanian St. Stephen's is a community of caring Christians rooted in the godly traditions of the past, focused on the challenges of the

6874; email at <u>info@vbcmontrose.org</u>; website: <u>vbcmontrose.org</u> **Current Pastor**: Roland Kassales **Worship Service Times:** Sunday School at 9:30am, Sunday AM Service at 10:30am, Sunday PM Service at 6pm, Wednesday Night Service at 6:30pm (all services include childcare)

information to the Montrose Mirror: Name of church Denomination affiliation Address Office hours Contact information (phone number, email address, website) Name of current Senior Pastor Worship service times rose; Everyone is welcome. The Spiritual Awareness Center is an interfaith spiritual community welcoming spiritual seekers and people of all faiths, providing a safe place to explore and nurture the individual's unique connection to the Divine through Unity services, classes, family and community projects. People of all ages are welcome.

There are currently no Sunday School or nursery services provided but craft supplies are available for youth.

present, hopeful for the future, continuing in the Faith once delivered to the saints, using the 1928 Book of Common Prayer. **Sunday:** Holy Communion10 am. Fellowship following service. Children's nursery available (unstaffed).

Victory Baptist Church exists to exalt God, edify saints, and evangelize the lost. Demographics: Victory Baptist serves everyone with age-appropriate classes, groups, and activities. Families with children make up the majority of VBC with young adults, singles, middle-aged couples, and seniors comprising the rest.

Please give a one sentence description of your church and its mission in the Montrose community.

Brief description of your current church demographics (predominately family, youth, seniors, singles). Do your church services include Sunday School and childcare?



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### **MIRROR IMAGES: OUT & ABOUT**





Above, an old cabin on the Ranger Road. Photo by Harry Switzer.

Mountain Man Dan Deuter at the June 7 Community Day celebration at the Ute Indian Museum. Photo by B. Switzer.

Below, an appreciative crowd turned out for the Montrose Summer Music Series on Friday, June 6. Photo by B. Switzer.



### **COMMUNITY NEWS BRIEFS**

### **WOMEN'S GIVING CLUB DONATES TO WEST END FAMILY LINK**



At right, The Employees and the Board of directors want to thank the Women's Giving Club for the wonderful donation last week. Photo by Doris Van Ness.





PRESENTS

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### Trust Success! We do Real Estate RIGHT! ALPINE VIE SAVE THE DATE! LOCAL EVENTS CALENDAR

#### ONGOING-

**COLUMBINE QUILTERS** meet at Welcome Home Alliance Warrior Resource Center, 4 Hillcrest Plaza Way Montrose. 1st Saturday except for July at 9 am.

**FRIENDSHIP QUILTERS** meets at the Montrose County Events Center, 4th Thursday Jan - Oct, 3rd Thursday Nov - Dec, 9am. **HEALING COLLECTIVE OF WESTERN COLORADO-**Every 1st and 3rd Tuesday of the month from 12-1pm the Healing Collective of Western Colorado meets at 220 N Stough Ave. It is open to all wellness providers in the area who would like to collaborate with and learn from other local practitioners.

MONTROSE FARMERS MARKET (970) 249 0705 Centennial Plaza, 433 S. 1st St. Montrose, CO 81401

www.valleyfoodpartnership.org. Year-Round Farmers Market, Saturdays 9am-1pm (Summer), every other Saturday 10am-1pm (Winter). Accepts SNAP and Double Up Food Bucks.

**MONTROSE ALTRUSA**-1st Tuesday of the month Program meeting; 2nd Tuesday of the month committee meeting; 3rd Tuesday of the month Business meeting. Meetings are held at the Field House on the corner of Colorado Avenue and Rio Grande Avenue at Noon.

FREE THINKERS meet 1st Sunday of the month for information call 970 417-4183

BOSOM BUDDIES BREAST CANCER SUPPORT GROUP, Wednesdays noon-12:45, 645 S. 5th Street

**MONTROSE HISTORICAL SOCIETY** meets 1st Wednesday of the month @ Montrose Events Center, 1036 No 7th Street 7 pm (970) 249-2085 <u>www.montrosehistory.org</u>

**MONTROSE AREA WOODTURNERS** Montrose Area Woodturners meet second Saturdays 9 am. Chapter of the American Association of Woodturners. For location and information contact: Al Head 970-209-0981 or <u>aheadaviation@outlook.com</u>

**NURSE FAMILY PARTNERSHIP**-Breastfeeding Support Group on the 1st and 3rd Thursday of every month. An infant scale will also be available to check your baby's weight. Breastfeeding Support Group (Bring your questions and your family!) Montrose County Event Center (1036 North 7th Street Room 3) 10am - 12pm. Questions? Please call 970-252-5015.

**BINGO EVERY FRIDAY, SATURDAY, SUNDAY** at 7pm at the American Legion Post 24 Olathe doors open at 5:30. Sunday Bingo will start at 1:30pm. More info call Tom 970 260 8298.

#### MONTHLY

June 12-21-Magic Circle Players Youth Theatre presents High School Musical Jr. Full show times and tickets are available online at <a href="http://www.magiccircleplayers.com">www.magiccircleplayers.com</a> or by calling the box office at 970-249-7828.

June 13-Whisper in the Alleys: A Haunted History Tour for Adults Friday 13th of June. This exclusive after-hours event is designed for adult thrill seekers ready to explore what lurks in the darkened alleys of downtown Montrose. Tickets cost \$25.00 per person. RSVP by calling 970-249-2085 or emailing info@montrosehistory.org (the ticket price includes appetizers and the guided tour with the local historian; drinks are not included.) The tour begins at the Montrose Historical Museum at 6 pm on Friday June 13. June 13-14-Friday, 8 a.m. – 4 p.m. | Saturday, 8 a.m. – Noon. Annual Rummage Sale. Hillcrest Congregational United Church of Christ (611 S Hillcrest Dr, Montrose, CO 81401). Proceeds benefit the HCUCC Women's Union and disaster relief in St. Louis. Please bring your own bag(s) to the sale.

June 14-Annual Cobble Creek Garage Sale, 8am-2pm.

June 19-Sofia Talvik at The Healthy Rhythm Art Gallery in Montrose, Thursday, June 19 - 7:30 PM. 33 N. Uncompany Avenue: +1 323-270-6284. <a href="http://www.healthyrhythm.net">www.healthyrhythm.net</a>

**Sept. 13-14**-The highly anticipated Tribute to Aviation, Montrose Regional Airport's signature event, is officially scheduled for Sept. 13-14, 2025. As one of the largest static aircraft displays in the western United States, Tribute to Aviation will showcase both military and civilian aircraft. For more information, please contact Vendla Stockdale at vstockdale@montrosecounty.net or 970-964-2479 or visit <u>www.tributetoaviation.com</u>



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Contact us: Editor@montrosemirror.com www.montrosemirror.com



### **MIRROR IMAGES: OUT & ABOUT!**

### WET JUNE WEATHER: LATE SPRING RAINS OR EARLY MONSOON?



CB Williams snapped this photo of Slight flooding at the corner of Ogden and S. Townsend Saturday afternoon.

Click on this ad to Download your FREE copy of Beyond Rock today!

This Xeriscape Guide is made just for Montrose, put together by Ginny Price, Retired Colorado Master Gardener/ Small Acreage Assistant.



