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Montrose Mirror

A WARM PLACE, A CUP OF COFFEE, MAYBE A PHONE

Bv Caitlin Switzer

MONTROSE-As temperatures plunge, The Shepherd's Hand (505 S. 2nd Street) Executive Director Abbie Brewer has seen a rise in the numbers of people coming to the organization's Food Pantry, which is open from 9am to 1pm on Mondays and Thursdays. "There has been a huge increase--about 40 percent," Brewer said last week.

Founded by retired Marine Captain and Montrose businessman Garey Martinez, The Shepherd's Hand is a non-profit weekday shelter that provides resources to people experiencing homelessness and food insecurity. Brewer, a longtime local non-profit leader, has stepped in to assist Martinez as he takes a step back after working for many years to bring relief to those in need.

As always, cash donations to The Shepherd's Hand are welcome, Brewer said. Other things that make excellent donations include sleeping bags, hygiene products, and men's clothing in the smaller sizes. There are also renovations needed to the older building that houses The Shepherd's



© Issue No. 561 Nov. 27, 2023

Continued pg 2

The Shepherd's Hand. Photo by B. Switzer.

THREE NARROW GAUGE RAILROADS IN THE SAN JUAN MOUNTAINS MINING DISTRICT



Silverton Gladstone & Northerly locomotive No 32 and tender, near the Gold King Mill in Gladstone. 1899. San Juan Historical Society.

By Kathryn R. Burke

SAN JUAN COUNTY-Silverton boomed in the 1800s. By 1885, the town had around 1,200 residents. Although never as rich or famous as towns like Leadville and Aspen, Silverton and San Juan County became one of the most important areas in the Western Colorado mining regions.

The mines were diversified. Most importantly, they had gold. The silver crash of 1893 dealt a heavy economic blow to silver mine camps, but with gold...Silverton prospered. San Juan County surpassed \$1,000,000 in gold production for the first time in 1898 and by 1905 had over 3.000 residents.

Gold was discovered in Arrastra Gulch (location of the Silver Continued pg 24

Montrose Red Hawks Sports Roundup

Carole Ann McKelvey's **Rocky Mountain Cravings!**

Reader Photo Spotlight! **B. Switzer and Deb Reimann!** Letters to the Editor! Regional News Briefs!

by Cliff Dodge!

https://www.whiteyshomeimprovement.com/

A WARM PLACE, A CUP OF COFFEE, MAYBE A PHONE <u>From pg 1</u>



Hand, and keeping the lights on can be pretty expensive.

For most people, a crisis of any kind can easily escalate, and the Shepherd's Hand is there to help, Brewer said.

And while some of those who seek assistance may struggle with substance abuse, trauma, or mental health challenges, the Shepherd's Hand also sees a significant number of clients who simply face poverty, hunger, and a lack of housing.

"Not everybody is on drugs," Brewer said. "We see plenty of people who say they just need a warm place, a cup of coffee. Or maybe they are without a phone, and they just need to make a call."

Everyone is welcome here. The Shepherd's Hand is open Monday through Friday, from 9am to 5pm, and closed on Saturdays and Sun-

Learn more, and how you can help—visit https://www.shepherdshandmontrose.org/. The web site notes that donations may be sent to: The Shepherd's Hand, Inc at P.O. Box 3354 Montrose, CO 81402. There is also a link to donate online. The Shepherd's Hand, Inc is a 501c3: all donations are tax deductible.



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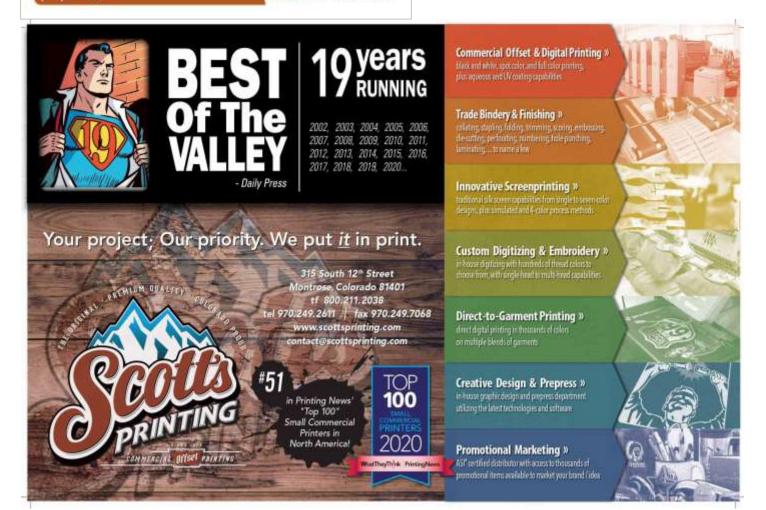
REGIONAL NEWS BRIEFS

UNCOMPAHGRE ROAD CLOSURE DUE TO BRIDGE MAINTENANCE

Special to the MIrror

MONTROSE— Montrose County Road and Bridge Department will close Uncompanyer Road over the South Canal, just east of Pahyre Road. Crews will be replacing the bridge deck and repaving the surface. The closure will begin Monday, Nov. 27, and is scheduled to last until Tuesday, Dec. 12 depending on weather.

The Canal Road on the west side of the bridge will be accessible. Motorists are asked to use alternate routes. For more information, please visit montrosecounty.net or contact Montrose County Road and Bridge Department at 970-249-5424.



OPINION/EDITORIAL: LETTERS

I AM THANKFUL TO BE AN AMERICAN

Editor:

Thanksgiving is generally remembered as a harvest celebration in the fall of 1621 with the Pilgrims and Wampanoags.

That occasion was soon forgotten by the settlers' long history of attacks on their indigenous neighbors.

President Abraham Lincoln (a Republican) established several national Thanksgiving Days during the Civil War. When the Union troops were finally successful at the battles of Gettysburg and Vicksburg in July, 1863, President Lincoln set August 6, 1863 as a national day of Thanksgiving. Closer to the end of the Civil War, Lincoln invited all Americans at home and abroad to celebrate a day of Thanksgiving on the last Thursday of each November.

During his address dedicating the national cemetery at Gettysburg, Lincoln asked the people "to highly resolve...that this nation, under God, shall have a new birth of freedom-and that the government of the people, by the people, and for the people, shall not perish from the earth."

I am *extremely* fearful that if an aspiring autocrat, run by the wealthiest people of the USA and its foreign enemies, is elected President, our democracy will have perished from the earth.

I am thankful to be an American.

Raye Highland, Montrose





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OPINION/EDITORIAL: LETTERS

INCREASE PUBLIC FUNDING FOR CULTIVATED-MEAT RESEARCH

To the editor,

Politicians love to pay lip service to animal welfare, and yet so few of them hold the position that would do most to relieve the suffering of our fellow creatures. That would be supporting increased public funding for cultivated-meat research. For readers who aren't familiar with the term, cultivated meat is grown from livestock cells, without slaughter.

Though the protein is currently sold in a handful of restaurants, it's prohibitively expensive to produce on a mass scale. More government support for cellular-agriculture development will help rectify this. Compassionate politicians, especially those working at the national level, should back efforts to transition away from animal husbandry.

Jon Hochschartner, Granby, CT



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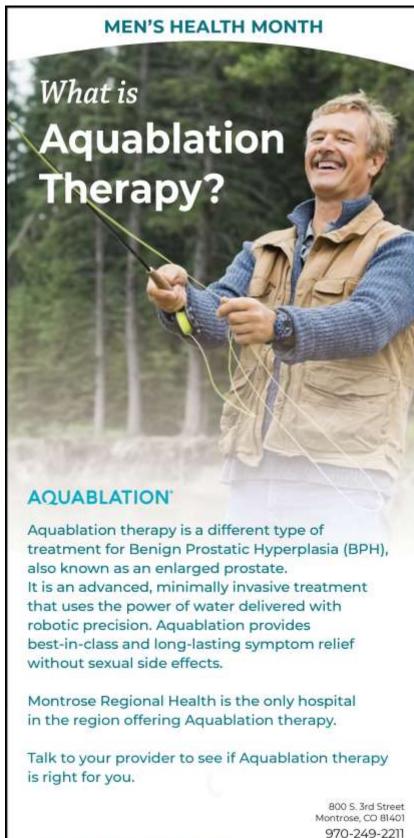
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REGIONAL NEWS BRIEFS



MONTROSE

BLM SOUTHWEST DISTRICT OFFERING PERMITS TO CUT YOUR OWN CHRISTMAS TREE

Special to the Mirror

MONTROSE- The Bureau of Land Management Southwest District is offering Christmas tree cutting permits for sale online at https://

forestproducts.blm.gov/ and at BLM Southwest District offices Monday through Friday, 8:00 a.m. to 4:30 p.m. The BLM accepts cash, credit card, or check. Permits are valid for piñon pines or junipers. Information regarding authorized cutting areas is provided upon purchase.

"The BLM is excited to once again offer the opportunity for families and friends to get outside on their public lands and select their own Christmas tree," said Southwest District Manager Stephanie Connolly. "Please remember to follow BLM cutting guidelines and safety precautions when harvesting your tree."

Permits can be purchased online or from any of these BLM Southwest District offices: BLM Gunnison Field Office - \$10.00 (Nov. 20 through

Dec. 25)

2500 E. New York Ave., Gunnison, CO 81230

Phone: (970) 642-4940

Dolores Public Lands Office, BLM Tres Rios Field Of-

fice - \$8.00 (Nov. 20 through Dec. 24) 29211 Highway 184, Dolores, CO 81323

Phone: (970) 882-7296

Montrose Public Lands Center, BLM Uncompangre Field Office - \$8.00 (Nov. 18 through Dec. 24) 2505 S. Townsend Ave., Montrose, CO 81401

Phone: (970) 240-5300

Permit holders are required to keep their permit with them while cutting and attach it to their tree prior to transporting. The BLM recommends bringing along a handsaw, eye protection, rope or twine, food, water, and blankets when you cut your tree. Tire chains, a shovel, and emergency supplies are also recommended. Remember to monitor weather conditions and let someone know where you will be and when to expect you back. For more information on cutting a Christmas tree on BLM-managed public lands, please visit https://www.blm.gov/programs/ natural-resources/forests-and-woodlands/forestproduct-permits/colorado-christmas-trees.



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NOV 1 - DEC 5



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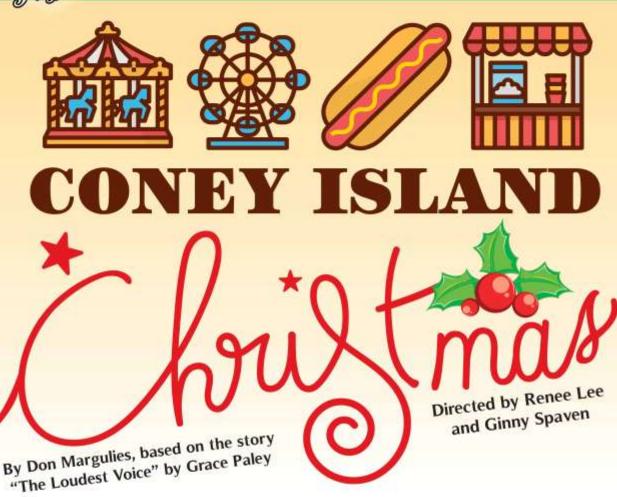




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REGIONAL NEWS BRIEFS

BUCKLEY PARK TO REOPEN DEC. 2

Special to the Mirror

MONTROSE — After a months-long project to improve safety, playground equipment, and overall accessibility at Buckley Park, the City of Montrose is pleased to announce the official grand opening ceremony and celebration for the park on Saturday, December 2, from 11 a.m. to 1 p.m. The city will host a hotdog cookout, along with refreshments, as part of the celebration.

Public Works Director Jim Scheid said the Buckley Park playground replacement project became a top priority following a 2021 audit of all city playgrounds. This audit identified several playgrounds in the city that were past their usable life. As Buckley Park is one of the oldest and busiest parks in the city, it was selected as the best candidate for the first replacement. Following a public open house discussion earlier this year, a list of replacement priorities based on playground use, condition, and availability of replacement parts was formulated. The final design is centered around the principles of accessibility, inclusivity, and safety.

"The new playground meets federal and industry standards while also being an engaging place for kids to play and enjoy life," Scheid said. "Having been in service for several decades, Buckley Park is a place of fond memories for many longtime residents."

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City staff are excited to unveil the new playground. All residents are encouraged to attend the ceremony on December 2 to

celebrate this rejuvenated space that will be enjoyed by current and future generations.



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COLORADO NEWS BRIEFS

SECRETARY OF STATE OFFICE'S ELECTRONIC RECORDING TECHNOLOGY BOARD AWARDS MORE THAN \$224,000 TO LAS ANIMAS, SAGUACHE, AND OURAY COUNTIES

Special to the Mirror

DENVER – The Department of State's Electronic Recording Technology Board (ERTB) has awarded \$224,438 in grants to Las Animas, Saguache, and Ouray Counties to maintain and upgrade recording technologies, properly index historical documents, and allow customers to access records digitally.

"Las Animas and Ouray Counties can ensure historical documents are accessible to the public and Saguache County will be upgrading their servers and security thanks to my office's Electronic Recording Technology Board," said Secretary Griswold. "I'm proud that we can make government more secure, transparent, and accessible to the public!" Las Animas County was awarded \$20,039 to assist with the cost of archive software maintenance so that members of the public can conveniently access historical land records online and digitally. Las Animas County's Grant Agreement (PDF).

Saguache County was awarded \$51,303 to assist with licensing and maintenance costs for its digital recording technologies. Saguache County's Grant Agreement (PDF).

Ouray County was awarded \$153,096 to purchase and implement new digital recording software that will benefit internal staff, county users, and additional customers, and to upgrade equipment and increase accessibility of records for the public. <u>Ouray County's Grant Agreement</u> (PDF).

The ERTB was created in 2016 with the mission of developing, maintaining, improving, replacing, or preserving land records systems in our state. The ERTB's statutory authority was renewed in 2021 with new legislation that allows the board to consider security improvements for counties' land recording systems. The grants help counties – espe-

cially in rural Colorado – invest in technological upgrades. Since its creation, the board has awarded more than \$10 million

dollars to ensure county clerks are able to improve and maintain property records and other important documents.



Gayle Frazzetta, MD, FAAFP, CCD

UNDERSTANDING YOUR BODY: MENOPAUSE, MYTHS, AND MEDICINE

Tuesday, November 28, 6-7:30pm

Montrose Campus, Cascade Hall South 3rd and Cascade Avenue • Montrose, Colorado

Until they go through menopause, women are at a lower risk of chronic disease than men. After that, their bodies can go haywire. More than 70% experience not only the notorious hot flashes, but also over 100 other symptoms, such as insomnia and incontinence. In addition, women's risks of osteoporosis, heart attack, stroke, dementia and other chronic diseases increase. This often-dramatic change is ascribed to a loss of hormones and was treated in the last century with hormone replacement, up until 2002 when a study associated it with incidences of breast cancer. The study, which was misinterpreted, cast a shadow over menopause treatment that remains today.

In the final part of her presentation, Dr. Frazzetta shares her knowledge of hormone optimization, a therapy for menopausal symptoms and preventative against chronic disease.

FOR MORE INFORMATION:

Rhonda Claridge

Instructor of English
Colorado Mesa University, Montrose Campus
rolandg@coloradomesa.edu • 970.249.7009

Gayle Frazzetta, MD, FAAFP, CCD

Frazzetta is board certified in Family Medicine and a Fellow of the American Academy of Family Practice. She has specially training in hormone optimization and esteoporosis management. Having graduated with Honors in Nutritional Sciences from Cornell University, she has interests in decase prevention and wellness in relation to nutrition.

She was the team physician for the Colorado Explosion, the women's professional basketball team based in Denver. She is an Associate Clinical Professor with the University of Colorado School of Medicine and continues to train medical students and Advanced Practice Professionals.

Frazzetta advocates for hormone therapy as an integral part of addressing men's and women's health needs. In 2019, she was awarded Humanitarian of the Year for the State of Colorade for her work within the local community on sexuality and relationship education and concussion misnagement of student athletes. She is also a Certified Clinical Densitomatrist by the International Society of Clinical Densitomatry.

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REGIONAL NEWS BRIEFS

MONTROSE REGIONAL HEALTH PARTNERS WITH GUARDIAN RESEARCH NETWORK FOR RESEARCH



Jeff Mengenhausen, CEO of MRH. Courtesy photo.

Special to the Mirror

SPARTANBURG, S.C. - Guardian Research Network (GRN) has announced that Montrose Regional Health (MRH), the leading healthcare facility in Colorado's Uncompahgre Valley, has joined its nationwide healthcare research consortium. The new alliance lays the foundation for MRH's research by introducing opportunities for clinical trials in multiple care specialties while supporting GRN in continuing to drive clinical trial participation nationally. "We're looking forward to participating in this research consortium and connecting with other GRN member health systems that are also committed to finding new methods to diagnose and treat diseases," said Jeff Mengenhausen, CEO of MRH. "Our partnership with GRN adds yet another layer of depth to the excellent care we provide to our community. Montrose Regional Health's core values include always pursuing the best outcomes for patients, making the partnership with GRN the logical next step for the hospital." Representing millions of patients across the country, GRN focuses on advancing healthcare data technology, clinical research trials, and real-world data science. The strategic alliance of the two organizations will pave the way for continued innovations and care improvements.

"Joining GRN underscores MRH's commitment to continuously exploring improvements in patient care by playing a role in discovering new ways to diagnose and treat diseases," said Shirley Trainor-Thomas, GRN's Chief Administrative Officer and Vice President, Partner Network. "That commitment to innovative care aligns beautifully with GRN's mission of accelerating discoveries and improved overall health of patients." As GRN's consortium continues to grow, health systems around the country will further strengthen their clinical care with greater research opportunities, tailored therapies and proactive screening protocols. Through the dynamic national database, GRN focuses on advancing healthcare data technology, clinical research trials and real-world data science.



COLORADO NEWS BRIEFS

PLAN FOR BRIEF DELAYS ALONG CO 140

Special to the Mirror

LA PLATA COUNTY— Motorists traveling Colorado Highway 140 between La Plata, New Mexico and Red Mesa should plan for delays beginning Monday, Nov. 27. Colorado Department of Transportation maintenance crews will perform three-day guardrail repairs at the Long Hallow Bridge, located approximately 4 miles north of the Colorado and New Mexico state line.

Crews will work swiftly to complete the repairs however, work is weather dependent.





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COLORADO NEWS BRIEFS

MONTROSE COUNTY SEEKS COMMUNITY MEMBERS TO SERVE ON BOARDS AND COMMITTEES

Special to the Mirror

MONTROSE— Montrose County is seeking dedicated residents to serve on various boards and committees that play a vital role in shaping the county's future. Current openings include positions on the Region 10 Board of Directors, Region 10 Business Loan Fund Committee, Airport Advisory Board, Historic Landmark Advisory Board, and Fair Board.

Serving on a board or committee is an excellent opportunity to give back to the community, share your expertise, and make a lasting impact on the lives of others. "Serving on the Montrose County Planning Commission for several years gave me valuable insights into the challenges and opportunities facing our community," stated Commissioner Roger Rash. "I would strongly encourage others to apply to help provide a positive impact on our community."

Montrose County values the contributions of its residents and encourages individuals to apply for board and committee positions. Applicants should have a passion for serving their community, a willingness to commit their time and talents, and a desire to make a difference. Interested individuals can apply online at https://www.montrosecounty.net/174/Boards-Commissions-Committees. Applications are open until positions are filled.

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Questions or reservations. contact Cindy Marino at MRD. 970-252-4884.

1 pm. Mon., Nov. 27, 2023 | Montrose Senior Center, Montrose Pavilion

WED. DEC. 6, Forum at 8am



Program Western History with Kate Burke
The Silverton Train & Red Mountain Mining District





8 am. WED., DEC. 06, 2023 | THE FORUM. Cascade Hall, Montrose.

COLORADO NEWS BRIEFS

EXPECTED REVISIONS TO COLORADO NONFARM PAYROLL JOBS

Special to the Mirror

COLORADO-The Colorado Dept. of Labor & Employment (CDLE) Second quarter 2023 Quarterly Census of Employment and Wages (QCEW) results indicate Colorado total nonfarm payroll jobs estimates will be revised up for this period with the release of benchmarked estimates in March 2024. June 2023 estimates are expected to be revised up by about 40,900 nonfarm payroll jobs, or 1.4 percent. April and May 2023 estimates are expected to be revised up by about 27,000 and 23,300 nonfarm payroll jobs, respectively.

Applying these results through October 2023 brings estimated total nonfarm payroll jobs in October to 2,958,600. This change brings over the year payroll job growth estimates through October 2023 to 69,500 or 2.4 percent.

The final March 2024 benchmarked series are expected to vary from these estimates due to new seasonal adjustment factors and new estimates of nonfarm payroll jobs not covered by the unemployment insurance program.

Industry sectors expected to undergo an upward revision to payroll jobs estimates in the 2nd quarter1 include trade, transportation, and utilities (~15,800), education and health services (~12,400), financial activities (~8,900), professional and business services (~6,800), construction (~4,700), government (~4,600), and other services (~1,100).

The industry sectors expected to undergo a downward revision to payroll jobs estimates are leisure and hospitality (~7,700) and manufacturing (~4,500). Mining and logging and information may also be revised down.

Payroll jobs estimates for the Denver (~44,100), Colorado Springs (~7,100), Fort Collins (~3,500), and Greeley (~3,400) Metropolitan Statistical Areas are expected to be revised up in the 2nd quarter1. The Pueblo and Grand Junction Met-

ropolitan Statistical Areas may also be revised up.

Total nonfarm payroll job estimates for the Boulder Metropolitan Statistical Area may be revised down. 1 Values shown are June estimates. Expected Revisions to Colorado Nonfarm Payroll Jobs based on 3rd quarter 2023 QCEW data will be released Wednesday, February 21, 2024.



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THREE NARROW GAUGE RAILROADS From pg 1



Silverton Northern Locomotive 100 with passengers at Red Mountain. Otto Mears is in front of the engine. 1888. San Juan Historical Society.

Silver Lake and Iowa mines) in the early 1870s, but the area didn't boom until the 1880s. Development was aided by the railroads. The Gold King vein was discovered in 1887. Two of the largest producers were the Sunnyside Mine near Eureka and the Gold King at Gladstone. The San Juan Mountains mining district was a major producer into the 1950s and produced gold and silver placers in the 1930s. Of over 11,000 mines recorded in Colorado by the USGS (in 1968), 5,000 are listed as gold producers.

Probably the most amazing factor of this era is the speed in which mines, towns, and railroads were completed. A mining camp or town could spring up (or disappear) in months, a city could be built in a year, and railroads, which required mindboggling engineering feats to conquer the rugged terrain, could be completed in less than two years.

Colorado's mining districts astounding success is due the narrow-gauge railroads that served them, bringing in people and supplies and taking out ore for smelter processing. Otto Mears, "Pathfinder of the San Juans," is credited with building and operating three narrow gauge railroads connecting Silverton to the San Juan Mountain Mining District.

The Silverton Railroad (SRR)

His first, The Silverton (Red Mountain)
Railroad, ran northwest out of Silverton to
serve the Red Mountain mining district.
Mears completed the Silverton Railroad
(SRR), founded in 1887, in just over a year.
The train steamed over Red Mountain
Pass and traveled a nearly impassable 21.5
-mile route between Silverton (San Juan
County) and Albany in Ouray County.
[Related Story]

The Silverton Northern Railroad (SNRR) His second railroad, The Silverton Northern was built two years later to serve the mills and mines near Howardsville and Eureka, as mining activity continued to increase along the upper Animas River. The Sunnyside Mine, a huge producer (still being worked over a century later) had been discovered. A key point on the line was the Silver Lake Mine and Mill, with its own two power plants, blacksmith, carpentry, and machine shops, miners' boarding house, and the Waldheim Mansion. The complex was in the Animas Mining District just north of Silverton and jointly run by co-owners, Lena and Ed Stoiber. It became one of the most advanced centers of mining technology in Colorado. Originally only two miles long, the SNRR was soon extended to Animas Forks and the Gold Prince. At over 11,000 feet elevation, Animas Forks, was one of the highest



Gold Prince Mine and Mill above Animas Forks and tracks of the Silverton Northern Railroad. ca 1899. Ross Beaber, DPL.

mining camps in North America. The route was projected to run on to Mineral Point (Ouray County) and then to Lake City (Hinsdale County) via Henson Creek including a proposed three-quarter-mile tunnel through the mountains. However, for much the same reasons (terrain, weather, falling markets) that the Silverton Railroad stopped at Albany, Animas Forks, reached in 1896, was the end of the Silverton Northern line.

The SNRR managed to survive bad weather and fluctuating metals markets for years. The main line was cut back from Animas Forks to Eureka in the late 1930s. Finally, in 1942, while the mines were idle and US involvement in World War II was increasing, the remaining SN equipment was requisitioned by the US Army for use on the White Pass and Yukon Route during construction of the Alaska Highway. The rails were torn up for scrap.

The Silverton Gladstone and Northerly Railroad (SG&N)

Numerous claims were established in the Gladstone area (midway between Red Mountain and Eureka). By 1882, Gladstone was booming following two large strikes: the Ben Franklin Mine and the Sampson mine. By 1895, Gladstone had a general store, a sawmill and 100 yearround residents.

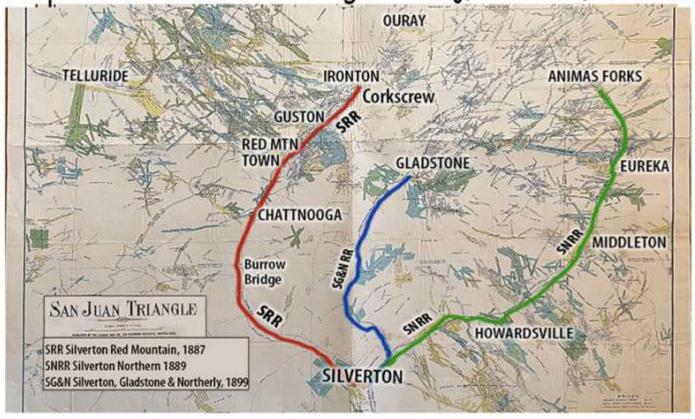
But, the town and surrounding mines, especially the high-producing Gold King, were only accessible by wagon road and mule trail.

When the D&RG arrived in Durango in 1881, then made its way north to Silverton, the entire San Juan Triangle (Ouray-Silverton-Telluride) saw increased mining activity.

A third rail line was needed. Otto Mears

THREE NARROW GAUGE RAILROADS From previous pg

Map of the San Juan Triangle: Ouray, Telluride, Silverton



Three narrow gauge routes through the San Juan Mountains. George S. Clayson. 1905. Edited. Not to scale.

was approached to build it, but he had moved east and had no interest in another Colorado railroad.

The Gold King decided to build their own railroad. Their new line was completed and chartered on July 2, 1899 to haul ore from the mines on Cement Creek to the Silverton smelters. It was 7.5 miles long and had a half mile of spurs. However, by 1908, the mine was in trouble. The region had entered a slump that would last until a short revival during WWI. The Gold King finally closed in 1909.

Mears now had control of all three of the Silverton lines.

Mears, who had moved to Silverton in 1904, got back on board, and leased the mine...and the SG&N railroad in 1910. Five years later it was absorbed by his Silverton Northern—they were already sharing stock and crews—and it became known as the Gladstone Branch. In 1916, Mears purchased it outright in a tax sale.

Severe floods in 1910-11 caused extensive damage to all three of his railroads. The total cost to repair them was over \$25,000. The SG&N remained closed until the spring of 1912. During that time, the Gold King brought its ore to Silverton by wagon.

Evaluating the situation, Mears decided to move to California and turned over local control of his properties to his son-in -law James Pitcher. All assets of the SGNRR were transferred to the SNRR and it became the Gladstone Branch of the SNRR.

Pitcher did a good job, but rail service kept declining, and he had trouble making the mortgage payments. The railroad limped along for three more years. Finally on July 10, 1915, the owners lost the railroad to foreclosure.

Mears stepped in again and purchased the property for \$14,600.00 at a tax sale. (Not a bad price, when the line originally cost \$230,000.00.) During WWI, the mine saw a resurgence because it produced zinc, needed for shell casings.

The end of a colorful era in Colorado's mining history

After WWI, Mears' three little lines never fully recovered. The Silverton Railroad was abandoned in 1922. The Gold King closed for good, and the Gladstone branch was never used again. In 1938, all equipment was transferred to the SNRR. The last of the Silverton railroads, The Silverton Northern, went down on August 7, 1942. Only one narrow gauge line continues between Silverton and Durango today, the old D&RG line functioning as a tourist train called the Durango and Silverton Narrow Gauge Train. The ride is still unspoiled though, as you pass through incredible scenery and become immersed in nostalgic history of the exciting era of mining for ore in the San Juan Mountains and traveling by narrow gauge trains.

George S. Clayson. ca 1905. Mines Repositoy, edited. Not to scale.

UNITED STATES NEWS BRIEFS

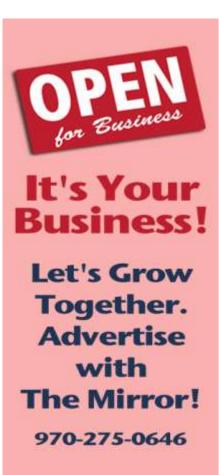
FEDERAL GRAND JURY INDICTS GRAND JUNCTION MAN FOR DISTRIBUTING FENTANYL

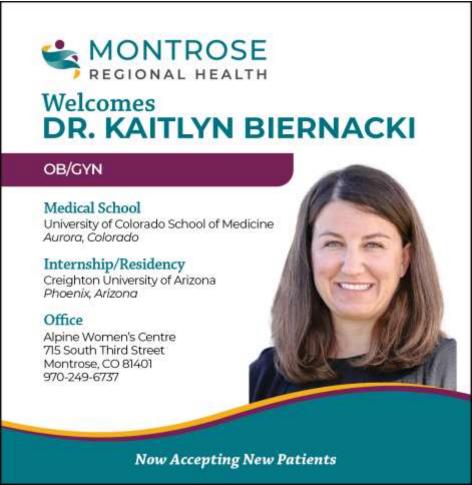
Special to the Mirror

UNITED STATES-The <u>U.S. Attorney's Office</u> for the District of Colorado announced last week that Shawn Burket, age 43, of Grand Junction, was charged with possessing fentanyl with intent to distribute, and with possessing a firearm as a prohibited person. A federal grand jury returned the indictment against Burket on October, 4, 2023, and he was arrested on November 14, 2023. According to court documents, the offenses allegedly took place in Clear Creek County on or about August 2, 2023. If convicted on the narcotics charge, Burket faces not less than ten years imprisonment. He is currently detained in federal custody pending trial. The investigation in this matter was conducted by the ATF and the Idaho Springs Police Department. Assistant United States Attorney Al Buchman is handling the prosecution.

The charges in the indictment are allegations. The defendant is presumed innocent unless and until proven guilty beyond a rea-

sonable doubt. Case Number 23-cr-420



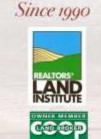




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OPINION/EDITORIAL: COMMENTARY

RIDING THE ROUNDABOUT RODEO-MOVING TRAFFIC AROUND IN MONTROSE

Michael A. Cox

MONTROSE-The roundabout may be the only traffic control device to be immortalized in progressive rock music. I doubt anyone here abouts would have ever heard of the song "Roundabout" by a Scottish group called Yes. I only became aware of it during a desperate Google search looking for some inspiration for this piece. The song was no help. So, let's just press on.

Roundabout or traffic circles are in Montrose and more are coming. It appears that rather than install a set of traffic lights at a busy intersection, the Montrose traffic engineer guys (and gals) are ripping up intersections and building traffic circles,

"roundabouts" to allow the safer, faster flow of vehicles through four-way street crosses. I am very much okay with this. A properly engineered and functioning roundabout is arguably the most efficient mover of traffic through an intersection in the universe.

And, when you consider that a set of signals for a four-way intersection can run as much as \$125,000, not to mention future maintenance, and the fact that more turn lanes can cost a chunk of change (added land costs, road building, pavement, and striping), it makes sense to just build a roundabout in the beginning.

Though they are a relatively new thing here on the western slope, circles have been around awhile. There was one built in Bath, England, in 1768. While it proved efficient in moving horses and carriages, however it was actually built as an architect's artistic expression. If you have ever driven in Paris (not a pastime I recommend), you avoided going through the Arc de Triomphe when you used the roundabout *Place de l'Étoile* which was built in 1780. The Eastern US has been home to many circles since the late 18th century when a Frenchman named Pierre Charles L'Enfant did the route at that is known as Dupont Circle in Washington D.C. I think I got lost on that one once.

My first major roundabout experience came in the early 1990s where I rented a snappy little Peugeot for a couple of weeks of visiting golf courses in Ireland. When I came off the giant roundabout leaving Dublin Airport, I thought I had negotiated it pretty well. That state of euphoria was blown away as I glanced into the rearview mirror where the main feature showing was a young couple

saluting me in unison with the middle finger of their respective right hands from somewhere very near to my rear bumper. Of course, they were unaware of my status as an International Golf Journalist, otherwise their actions would have been more polite. I have since become a master user of roundabouts and understand the rules and courtesies involved.

Early last week I approached one of our roundabouts in Montrose, where a driver was at a dead stop, with a turn signal blinking. The lady was patiently waiting for the circle to clear in her favor. Yielding is a good thing, but she allowed three comfortable gaps and five cars to pass before entering an already sparsely traveled intersection. I have long ago given up honking at such oversites. I have learned that (1) The person is as deaf as I am and won't hear it, (2) It will startle them out of their nap and they will take out a cement truck with their Prius (not pretty), or (3) an octogenarian in checkered shorts and flip-flops will attempt to cause damage to my octogenarian body with a golf club. Roundabouts are intended to keep traffic moving. Data from many studies and tests prove that they work, but only if everyone uses them as intended. When approaching a roundabout, it is not obligatory (or common sense) to always stop at the entrance. You stop only to avoid contact with another vehicle. I am not suggesting aggressive driving, but if there is a hole, fill it. I'm sorry, there are people who should never go near roundabouts. They need stop signs and signals. In Colorado we don't do turn signals at roundabouts. I know, we are not used to the Polis people making good decisions but there it is. The City of Montrose yields to the Model Traffic Code for Colorado Municipalities, which, in its update in 2020 removed the need for turn signals.

If we get to a point where we have multilane roundabouts turn signals may get another look. I have been on some circles in the UK and Europe that are more than a quarter mile in diameter and have four lanes of traffic. Signals are useful in those situations. For now, our weannie little traffic circles warrant no blinkers.

Here are the rules we need to go by (Colorado law):

-Slow down to about 15 to 20 mph as you approach the roundabout.

- -Look for pedestrians in the crosswalk and yield to them.
- -Look left for oncoming traffic and yield to cars already in the roundabout.
- -Large vehicles such as trucks and recreational vehicles have the right-of-way.
- -When a safe gap is available, merge into roundabout traffic.
- -Pay attention to signage and merging vehicles

Cyclists are expected to follow the same rules. However, for safety's sake, if you are not excited by riding next to a car or truck wheeling round a circle you may want to get off and walk the pedestrian route through a roundabout.

As Montrose continues to make use of a good traffic control device, I applaud them. I would hope that they give some thought to the designs used. I have noticed that the roundabout at Woodgate and Ogden is getting some gingerbread. Retainer bricks, pine trees, and the like will soon be in place. I think that is a bad idea. By adding such features, the unobstructed view through the little roundabout is destroyed. I think the driver needs to be able to see the action in the whole circle and the opposite approaching traffic.

There is a new and important roundabout proposed for the recently completed Oak Grove and Woodgate junction. I am good with that, except for the thought that it would have been more efficient and less costly in the long run to do it when the Woodgate extension was brought in. A little patience and some creative budgeting would have given us the needed project rather than leaving us no choice but to remodel what we just built.

There is another consideration for this project that has been discussed among the nearby stakeholders. That is the short distance between the west bound outlet from the roundabout and the Townsend traffic signal. By improving the flow from Woodgate to Oak Grove it is conceivable that a red light at Townsend could back up traffic into the roundabout. That detail will need attention.

Michael Cox is a Montrose resident and a former journalist and marketing specialist. You may reach him at mcox@burrocreekpictures.com.



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REGIONAL NEWS BRIEFS

USPS OPERATION SANTA LETTER ADOPTION NOW OPEN

Special to the Mirror

WASHINGTON, DC — Are you interested in sending children and families some holiday magic this season? You can now adopt a letter written to Santa by going to USPSOperationSanta.com.

USPS Operation Santa turns 111 years old state. this year. The program relies solely on random acts of kindness and the generosithe gift — especially the size and weight. ty of strangers. It allows people to help children and families have a magical holiday when they otherwise might not safely and securely.

USPS Operation Santa is not a guaranteed gift-giving program.

Since Sept. 18, the Postal Service has received letters from across the country and has been delivering them to Santa's U.S. workshop at 123 Elf Road, North Pole 88888. Letters sent with First-Class Mail postage and complete, accurate and legible return addresses have been opened, reviewed and posted on USPSOperation-Santa.com. People can begin reading and adopting letters today.

Instructions for Letter Adopters:

Visit USPSOperationSanta.com, register and have identity verified.

If potential adopters are unable to complete their ID verification online, they will be provided with a code and given instructions on how to complete verification in person at a local Post Office.

Once verified, the adopter will receive a welcome email with detailed information on how to participate in the program.

Potential adopters can read letters and choose one or more to fulfill. Once a letter is chosen, adopters must follow the directions they were sent in their welcome email to ship gifts.

Packages must be shipped via Priority Mail service, but gifts do not need to be in Priority Mail-branded boxes.

Letter adopters are responsible for postage fees to ship the gift packages.

Tips for Reducing Shipping Costs Postage to ship packages is based on size, weight and distance. Here are some tips

to lower costs:

Use Priority Mail Flat Rate boxes, free at your local Post Office. Take a box with you when shopping and only purchase items that can fit in the box.

Adopt a letter from your state or a nearby

Pay careful attention to the dimensions of Shipping heavy, oversized packages can be expensive.

Consider a gift card instead of purchasing larger, heavier items. Gift cards need to be sent in a Priority Mail envelope, 4 inches by 6 inches or larger, to accommodate the shipping label.

Important Dates-

Sept. 18: Postal Service began accepting letters to Santa.

Nov. 6: Registration for letter adopters opened.

Nov. 20: Letter adoption opens.

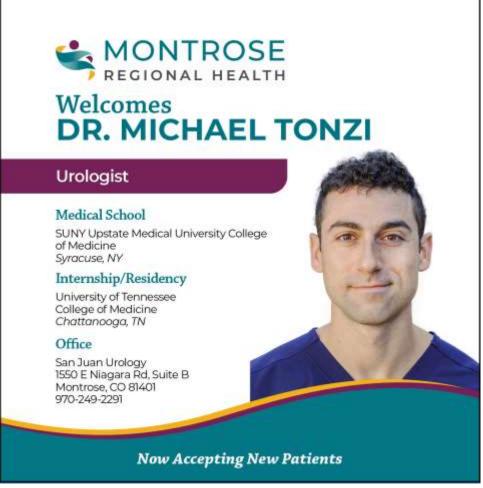
Dec. 11: Last day to send letters to Santa. Dec. 18: Last day to adopt letters and the recommended date to ship packages.

Accept No Imitations

There is only one USPS Operation Santa program, sanctioned by the U.S. Postal Service.

Fulfilling wishes through the official Postal Service program is voluntary, and any organization asking for money to adopt letters is in violation of the laws under which the Postal Service operates and is not condoned by or affiliated with the Postal Service.

For more information, visit USPSOperationSanta.com.



MONTROSE RED HAWKS SPORTS ROUNDUP

RED HAWKS DROP PLAYOFF SEMI-FINAL TO ERIE 25-22

By Cliff Dodge

MONTROSE-The Montrose Red Hawks 22-23 football season came to an end in the wind-swept Erie Tigers stadium on a cold Saturday afternoon. The Tigers prevailed 25 to 22 to clinch a spot in the 4A final against the Palmer Ridge Bears, who defeated Broomfield 38-14. The championship game will be played at 11 AM on Saturday, Dec. 2 at the Colorado State University football stadium in Fort Collins.

The game was somewhat unusual as each team possessed the football six times, three each in the first half and three more in the second half. Both teams moved the ball and possessed it for long drives. The Tigers took the opening kickoff and drove the ball from their own 30-yard line to the Red Hawks 33-yard line before the Red Hawk defense turned the ball over on downs.

The Red Hawks took over at their 27-yard line and moved it to the Tigers 25-yard line when a pass on fourth down turned the ball back over to the Tigers. Twelve plays later, the Tigers scored on a 14-yard pass completion to take a 7-0 lead. The Red Hawks then went on a 12-play drive of their own but were again turned away on downs.

The Tigers then drove 61 yards in nine plays and scored their second touchdown on another 12-yard pass completion. The two-point conversion was successful, making the score 15-0 in favor of the Tigers at

the half.

The Red Hawks received the opening kickoff of the second half and went on a nineminute drive that covered 84 yards. Blake
Griffin and Jaxon Killen did most of the
heavy lifting for the Red Hawks. The Red
Hawks faced a 3rd down at the 12-yard line
when quarterback Gage Wareham scored
on a keeper. Griffin scored a two-point
conversion to make the score 15-8 with
about three minutes remaining in the
third quarter.

The Tigers then moved the football from their 35-yard line to the Red Hawks 13-yard line, where the Red Hawks defense stiffened and forced a 23-yard field goal try which was successful making the score the Tigers 18, the visitors 8. Montrose then put together an 11-play drive that resulted in a three-yard touchdown run by senior Jaxon Killen, who also scored the two-point conversion. The highlight of the drive was a 39-yard scamper by Blake Griffin to the three-yard line which set up the touchdown, making the score the Tigers 18, the Red Hawks 16.

The Red Hawks attempted an on-side kick which bounced around and was covered by the Tigers. The short field proved difficult for the Red Hawks defense as the Tigers moved 35 yards with quarterback Barry Barnett scoring for the Tigers from two yards out. The successful PAT moved the score to 25-16.

The Red Hawks took over on their 24-yard

line. On the second play from scrimmage, Quarterback Gage Wareham found Senior Alonzo Trujillo loose in the secondary and fired a strike when Trujillo hauled in and raced 75 yards to the Tigers one-yard line. Senior Blake Griffin scored the one-yard touchdown. The two-point conversion try was not good, leaving the score 25-22 in favor of the Tigers.

The Red Hawks again attempted to recov-

er an on-side kick but were unsuccessful. With under three minutes remaining the Tigers used their ground game to move the football and run time off the clock. The Red Hawks were unable to get the stop they needed to give their offense one last chance. Time ran out on the Red Hawks as the Tigers prevailed 25-22. The Red Hawks completed their season with 10 wins and three losses. The players and coaches had hoped for more (a berth in the 4A state final) but that was not to be. The Red Hawks won their league championship with four wins and 0 losses, received a bye in the first round of the playoffs, defeated Pueblo West in the quarterfinals, and eventually fell to the Erie Tigers in the 4A semi-final. The Red Hawks completed their second 10-3 season in a row and Coach Brett Mertens, the

coaching staff and the players are already

another run to compete for a state cham-

pionship. Hats off to the Red Hawks for a

looking ahead to the next season, and

season well played.



REGIONAL NEWS BRIEFS

ONE DELTA COUNTY HOLDS ECONOMIC ALLIANCE'S ANNUAL MEETING



Colorado Stone Quarries' Sales Manager, Marco Pezzica gave a riveting behind - the scenes presentation on the Marble Quarry. Courtesy photo.

Special to the Mirror

DELTA-On November 9, 2023, One Delta County: An Economic Alliance held its Annual Meeting at The Grove, discussing various projects they are working on. Among these, the potential Workforce Housing Project took center stage. Greg Pope, the Director of One Delta County, presented details about this initiative, which involves collaboration with the City of Delta and Uncompander Development. The City of Delta offered a donation of a



Members and guests alike enjoyed the Meet & Greet and meal prior to the Annual Meeting. Courtesy photo.

six-and-a-half-acre parcel on 7th Street, while Uncompahgre Development purchased an adjoining lot to facilitate access to the project. One Delta County has commissioned an architect to conduct a feasibility study, cost analysis, and create schematic drawings for the proposed Workforce Housing Project.

Pope emphasized the belief that such a development would benefit the entire county and could serve as a blueprint for future projects in Delta County's municipalities.

The Annual Meeting's Dinner, held at The Grove in Delta, provided a sophisticated setting where attendees enjoyed a farm-to-table dining experience. The meal was generously sponsored by Hellman Motor

Company, Alpine Bank, DMEA/Elevate Fiber, and the Delta County Independent. Guest speakers included Marco Pezzica, Sales Manager at Colorado Stone Quarries, who showcased visuals of operations at the Marble quarry and manufacturing facility in Delta. Dr. Nathan Perry from Colorado Mesa University, discussed the status and challenges within the Delta County Housing Market.

Pope highlighted the importance of community support for One Delta County's efforts in achieving economic diversity and resilience.

He stressed that successful economic development requires collaboration from local government and the entire community.





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OPINION/EDITORIAL: LETTERS

THE MCSO AND SHERIFF LILLARD HAVE OUR RESPECT AND TRUST

Editor:

Back in the day when the previous BOCC was seated they began to 'swipe' PSST money from the then Sheriff who did not have the gumption to object. I had a small part to play of getting two of the present BOCC to run for their present offices AND I remember distinctly that both, in separate conversations one from the other, that they would not do that. It since has become apparent that something hap-

pened to change their minds and now MY OPINION IS that they found out that they could 'buy' things for the county that they wanted to buy WITHOUT A VOTE TO RAISE TAXES. I mean they discovered what their predecessors discovered is that they could take the PSST money and suffer no legal challenge except if some rich constituent lodged a lawsuit, which was not likely. WaaLaa! They had a whole trunk full of \$52,000,000 dollars that they could drain

at will without a vote of the people, without offending the restrictions of TABOR, without most taxpayers even knowing what they were up to.

Predictions are that the PSST fund will be all gone next year and SO WILL TWO OF THESE COMMISSIONERS. With this kind of misdirection of funds that we, their constituents legitimately willingly voted for OUR protection by OUR sheriff's department during a period of riots, demonstrations, drug sales and difficulties getting police manpower. THESE GUYS 'ABSCONDED' WITH THE BEST, MOST USEFUL, MOST NEEDED TAX VOTED BY THE PEOPLE. From Where I Sit: As a child I was always taught to respect my civic leaders. To have trust and confidence in their behavior. It is not the case currently in Montrose insofar as our Board of County Commissioners after they have pulled off this SCAM on the people who they represent. Unless they represent the Montrose UNDERWORLD. In order for them to beat TABOR and to make their job easier by not having to go the voter for more funds to augment their General Fund, they have RU-INED the PSST and our hope for bringing our Sheriff's Department significantly higher than last place insofar as wages and benefits. With these funds and our Sheriff Lillard, Montrose could have had the premier Sheriff's Department in the state. THE FUNDS AND LEADER-SHIP WERE THERE!

What can we, the people, the voters, the citizens do? First, we can move to CANCEL the present PSST and replace it with a much more restrictive one. Second, we can elect Commissioners who stand before us publically and SWEAR to obey the vote of the majority and THIRD, refuse to pass any County funding issues that have not been reviewed by decent, competent and honest legal minds interested in the wellbeing of the community---NOT THE POLITICIANS!

In about three weeks I will be able to report to all citizens of Montrose County the final PSST tax collection numbers for the year and the cumulative amount collected since 2008. In the meantime, I feel confident the Montrose County residents fully support the MCSO and appreciate all they do for us in loyalty and protection. Sheriff Gene Lillard deserves and has our respect, appreciation and thanks for the leadership and support he provides to the men and women of the MCSO.

I will be able to report more in the coming weeks. This issue is not one based on party lines. This is a TAXPAYER ISSUE and effects voters irrespective of their party affiliation. *Bill Bennett, Montrose*

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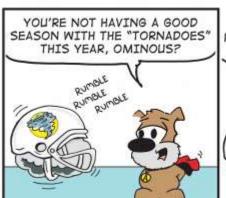


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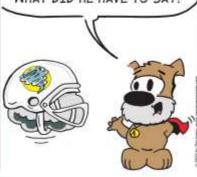
CARTOON BY TIM JONES

SOUR GRAPES



by Tim Jones

THE COACH GAVE THE TEAM A
PEP TALK FOR THE NEXT GAME?
WHAT DID HE HAVE TO SAY?







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Tacos & Beer 970-964-4448

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DineOutMontrose.com

Lighthouse Eatery 970-964-7570

Double Barrel Taco Co. 970-417-4340

> Trattoria de Sofia 970-249-0433

Rib City 970-249-7427

Stone House 970-240-8899

Mimo's 970-249-0616

Sidelines Sports Bar 970-765-0129

Amelias Hacienda Restaurante 970-249-1881

> Delta: Pour Ernie's 970-546-0074





Premier Sponsor: Montrose Farmers Market 970-249-0705

> Horsefly Brewing 970-249-6889

Rio Bravo 970-964-4477

Jimmer's Steak & BBQ 970-252-1227

Fiesta Guadalajara 970-249-2460

> El Jimador 970-249-8990

Busy Corner White Kitchen 970-323-6215

> Delta: CB's Tavern 970-399-3570



Mosaic, 21 N. Cascade Ave., Montrose



REGIONAL NEWS BRIEFS

MONTROSE COUNTY CELEBRATES CENTENNIAL OF HISTORIC COURTHOUSE

Special to the Mirror

MONTROSE—Montrose County is thrilled to celebrate the 100th birthday of its historic courthouse, a cornerstone of the community since its dedication on December 7, 1923. The courthouse, a symbol of Montrose County's rich history and enduring spirit, has stood as a testament to the craftsmanship and resilience of generations of county residents.

"The Montrose County Courthouse is not just a building; it's a symbol of our community's pride and determination," stated Commissioner Roger Rash. "As we mark this centennial milestone, we are commit-

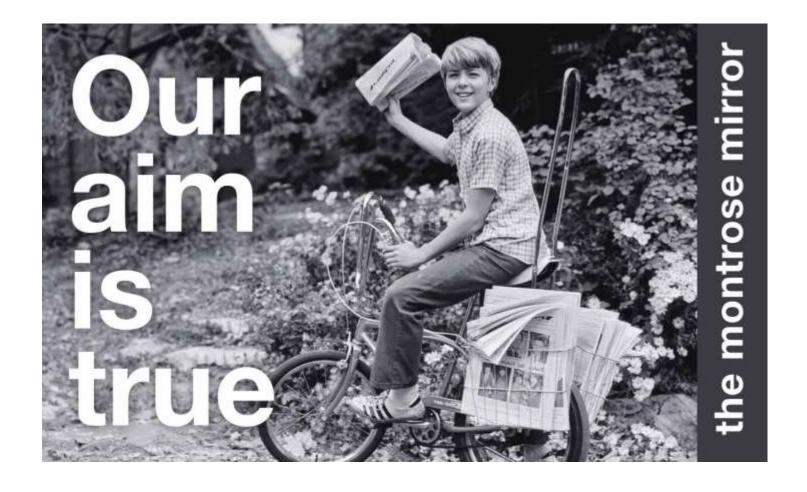
ted to preserving this landmark and ensuring that it continues to serve the people of Montrose County for another 100 years."

"The Montrose County Courthouse is an embodiment of our county's agricultural heritage," remarked Commissioner Keith Caddy. "We are proud to honor the craftsmanship of our forefathers, who used local materials to create a building that has been the county seat for 100 years. Featuring a memorial to service members of World War I, this building is an important part of our community. With the upcoming renovation project, we are committed

to preserving their legacy and ensuring that the courthouse continues to serve our community for generations to come."

The official centennial date of the courthouse is December 7, 2023, marking a century of service to the people of Montrose County. Montrose County invites the community to join in the festivities and celebrate this significant milestone in the county's history.

Together, we can honor the past, embrace the present, and look forward to a future filled with countless memories within the walls of the Montrose County Historic Courthouse.



COMMUNITY OBITUARIES

WILLIAM DALE 'BILL' SIDERS December 3, 1941-November 18, 2023

WILLIAM DALE "BILL" SIDERS, age 81, passed away on Saturday, 18 November 2023, at the Montrose Regional Hospital's ICU. Bill was born on December 3, 1941, at the home of his maternal grandparents, Charles and Blanche Fels in Prospect Township, Highland County, Ohio, to his young parents, Charles Albert and Esther (Long/Fels) Siders. Still living are his sister, Shirley Jean Crownover, brother, David Pershing Siders, and many nieces and nephews, most of whom live in Ohio. Those preceding his death were both sets of his grandparents and his parents. His paternal grandparents were Joseph Albert and Lillie Lee (Spurgeon) Siders. After graduating from Marshall High School, Marshall, Highland County, Ohio, in the spring of 1959, he entered college at Ohio State University in Columbus, Ohio, fall of 1959. Bill married Nancy Carolyn Cluff in Marshall Township, Highland County, Ohio, on 16 June 1961. His progress in education was quite an achievement in his family of farmers, being the first to graduate from high school and then to enter college. He completed a BS in mathematics education in 1963 and an MA in educational foundations in 1965. After seven years as a high school mathematics teacher, he was accepted for OSU's doctoral program in math ed. Due to job shortages at an ABD (all but dissertation) level, he accepted an assistant math professor position in 1976 at Findlay College (now the University of Findlay in northern Ohio). With a growing family and based on his work with the advancing computer capabilities at the college, he moved from teaching to administration as the director of the computer center. Bill felt providing college education degrees for their three children was imperative. In 1981, he moved to Kenyon College as Director of Administrative Computing, where all three children received their liberal arts degrees. 1989 Bill transferred to the New Mexico Military Institute (NMMI) in Roswell, New Mexico, as Director of Information Services. While as a computing administrator,

he was president of a local ACM chapter and founding member of a local Digital User's Group. Bill hosted four national computer conferences, having been selected as a founding member of the national POISE User's Group board of directors, a founding member of the New Mexico CHECS computer group, president of CHECS, and a member of its executive board as well as a member of the SCT PowerCampus advisory board.

Bill and his family lived and worked in Columbus, Ohio and the surrounding suburbs for the first fifteen years. During this time, three children were born in the Riverside Methodist Hospital. They moved to Findlay in northwestern Ohio following grad school for six years. Then Gambier/ Mount Vernon, Ohio, for eight years. With the children grown and located around the country, Bill and Nancy moved to Roswell, New Mexico in 1989, where they worked together in the Computer/ Information Services department for eighteen years at NMMI before retiring in January 2007.

After retirement and experiencing prostate cancer, Bill enjoyed over a decade of traveling the United States in RVs with Nancy and their beloved traveling cat, Snowy. Bill became a member and president of the Friends of Bitter Lake National Refuge, a docent and board of trustees member for Roswell Museum and Art Center (RMAC; currently Roswell Museum), and a founding member of the United Field Ornithologists of Roswell (UFOR). While at RMAC, Bill was awarded the New Mexico Association of Museums (NMAM) Volunteer of the Year 2018. The plaque states: "Bill Siders not only understands scientific concepts and the museum's collection, he knows of the invaluable experience gained learning, from others, knowing when to lead and when to listen, and



never taking a learning opportunity for granted."

In September of 2021, recurrent health conditions necessitated a move from Roswell after 32 years to Montrose to be close to their oldest daughter, Melissa Sue Siders, and her husband, David T. Sinton. Their second daughter, Colleen Rebecca, and her husband, Christopher K. Eaton, are retired and live in Littleton, Colorado. The youngest and only son is Dr. Craig William Siders, physicist and senior scientist at Lawrence Livermore National Laboratory, and his wife, Dr. Jennifer L. (Walker) Siders, Asst. Prof. of Physics at Las Positas College, of Livermore, California. Bill and Nancy have five grandchildren: Dr. Rebecca Christine Eaton of Cincinnati, Ohio; Kacie Marie Sinton, KKCO's Director of Digital Media of Grand Junction, Colorado; Charles Augustus Siders, pursuing his graduate work in physics and astronomy at UNM in Albuquerque, New Mexico; Declan Alexander Eaton, finishing his BS in Milwaukee, Wisconsin; and Jake Keaton Siders, studying film scoring at Berklee College of Music in Boston, Massachusetts. After moving to Montrose, he enjoyed providing Ignite Montrose and Ignite Ridgway presentations and being a Black Canyon Audubon Society member. No services are planned at this time. A memorial may be celebrated in the future in the state of Ohio. Crippin Funeral Home

of Montrose is assisting the family.







By Carole Ann McKelvey

RIDGWAY -- I've been trying to come up with a date to visit this new (old, I'll explain) Ridgway restaurant ever since I learned that Ouray's once Bon Ton Italian Restaurant had moved. Seems the popular Ouray restaurant lost it's lease in the rented basement space and decided to get out of Dodge.

Bon Ton, now the upscale Bella Vino, is more than worth the trip. The other night, to celebrate my birthday, my son lan and grandchild Zane took me there. What a delight! Bella Vino is located at 220 S. Lena St.. Ridgway, CO 81432 in an old Victorian. Very posh and elegant. On the menu you'll find old favorites and new offerings; a plethoria of delightful Italian fare.

First I ordered a glass of Merlot; and was not disappointed. Ian, coffee, and Zane, soda. A basket of delicious bread apperared and the menu was very tempting. Bella Vino is very family friendly and there were other families this evening. Prices are what you would expect in a fine dining restraurant. Appetizers from \$10-18; pasta dishes from \$12-30; house specialities run \$31-60.

So many great choices! My son mentioned the eggplant parmesan and I immediately decided that would be a great dinner, with a salad, please. Ian went with the lobster ravioli and Zane (being

BELLA VINO IN RIDGWAY TRANSLATES TO 'GREAT FOOD'

12) asked for spagetti.

More than enough food and absolutely to -die-for. As a salad with my dinner I had the choice of a house salad or a small Ceasar or small Cob. Went for the Ceasar, who wouldn't? Because it was my birthday I received a complimentary large vanilla sundae with chocolate and a candle! (Told the waiter I didn't want the "spectacle" (his words) of singing waiters and was serinaded by my son and grandchild.) with applause from surrounding guests. Fun!

Perfectly prepared and presented entrees here. My Eggplant Parmesan arrived piping hot topped with a mushroom pate and mozzarella and swimming in a port-wine marinara. It was served over pasta with green beans almandine.

lan pronounced his ravioli, with lobster, fresh basil and an alfredo sauce, very delicious and Zane practically inhaled the spagetti (served with a giant meatball and meat sauce). Grandmommy (me) had to help the grandchild learn a bit of eating etiquette in such a fine dining restaurant. (Like, "honey, please cut up the meatball into bite-size pieces & here is how you twirl spagetti.") No need to get all gussied up, this is Ridgway by the way. Now to those choices!:

Appetizers:

Smoked salmon; Bear Creek mushrooms; soup of the day; mussles Vino Bianchi;

scallop pot pie; escargot and crawfish tails; garlic bread.

Salads:

Cobb Mediteranian; house salad; Ceasar;

salad; Ceasar; half Ceasar. (\$10-18 or add protein/chicken, salmon, shrimp or scallops for another \$6-9).



Lasagna Luciano; Kittie's Cannoli; Fettuchini Verde Alfredo; Ravioli; Angel Hair Pesto; BV Tortellini Rose; Spagehtti (with choices of vegetarian marinara \$21, meat sauce \$21, pesto, \$24, meatballs/Italian sausage +4, chicken +6, salmon +8 or shrimp & scallops +9.

House Specialities: all entries include French baquette with homemade herb butter to share, includes soup or salad. Beef Wellington; Filet Mignon; Mixed Grill; Grilled Salmon; Grilled Rack of Lamb; Eggplant Parmesan; Duckling; Shrimp Scampi; Grilled Ribeye; Pork Tenderloin Marsala; Pork Tenderloin Parmesan; Pork Tenderloin Picatta; Chicken Parmesan, Marsala or Picatta; Tuscan Garlic Chicken. \$25-55.

Desserts: Ask about daily specials. Bella Vino is open seven days a week from 5-9 p.m. Call for reservations (recommended) 970-325-4419.

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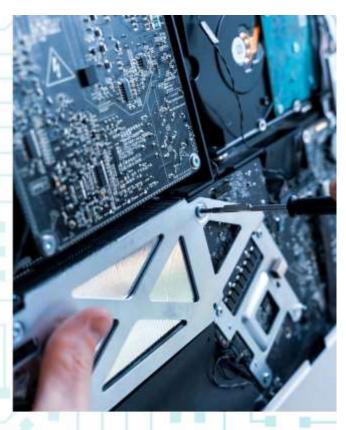
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MIRROR CHURCH DIRECTORY

ALL SAINTS ANGLICAN CHURCH

Address: 2057 S. Townsend, Montrose, CO

81401

Office Hours: By appointment. **Contact Information**: (970) 249-2451 https:// www.allsaintsmontrose.org/ Rec-

tor: The Rev Preston Gordon, <u>pgordon@allsaintsmontrose.org</u>

Worship Service Times: Sundays 9AM, Sunday Worship. Wednesdays 11AM, Mid-

week prayer and communion, Wednesday, Noon, Multi-denominational Community Prayer Hour.

Dec 20-6pm: Advent Service of Lament & Hope

Dec 24-4pm & 11:30pm: Christmas Eve Services

All Saints Anglican Church is an Evangelical Anglican Church committed to the ministry of Word, Sacrament, and Spirit. Our

music is a combination of traditional hymns, contemporary, and modern songs. We invite kids preschool and up to join our kids worship time during the 9am Sunday service.

We would love to welcome you here. Following the service, join us for snacks and conversation. On the third Sunday of the month we celebrate a potluck meal together.

Olathe, Co 81425

Tuesday-Friday Phone: 970-808-1021 www.biblebaptistchurcholathe.com

Pastor Gabe Skillo

Sunday School 9:15 a.m. Sunday 10:30 a.m. Sunday 6 p.m.

Wednesday Bible Study/Prayer 7 p.m.

BIBLE BAPTIST CHURCH

Independent Baptist 112Main St. P.O. Box 262

CELEBRATION CHURCH

Denomination: Southern Baptist Church (SBC – Southern Baptist Convention) **Address:** 2900 Sunnyside Road, Montrose,

CO 81401

Office Hours: By appointment

Phone: (970) 497-4925

Email: celebrationmontrose@gmail.com

Website: https://celebrationmontrose.org/

Senior Pastor:

Pastor Brandon Mathis

Church Description/Mission: Celebration Church makes disciples that make disciples. Our core values include the Scripture, discipleship, community, service, prayer, love, and unity.

Demographics: Multi-generational **Celebration Kids:** Nursery (Birth-4 years

old) 8am, 9:30am & 11am

Celebration Kids (Ages 5 – 10) 9:30am &

11am

Discipleship: Students (Ages 11-

18) 9:30am Sundays

Adult D2 Classes: 9:30am & 11am Sundays

Other Discipleship Opportunities:

Youth Night: First & Third Wednesdays of

Celebration Groups (all ages): Sundays – Fridays various times & locations

Seasons Young Adult (Ages 18-26) Celebration Group: Thursdays @ 5:30pm off cam-

pus location

Celebrate Recovery: Friday nights @

6:30pm

CHRIST LUTHERAN CHURCH

Denomination: Christ Lutheran Montrose **Affiliation:** Lutheran Church Missouri Syn-

od

Address: 1980 N. Townsend Ave., Mont-

rose, CO 81401 Contact: 970-633-0226 Website: www.montroselutheran.org
Email: montroselutheran@gmail.com

Pastor: Tim Onnen **Worship:** Sundays at 9 AM

Sunday School and Adult Bible Class at

10:15 AM; Women's Bible Study Fridays at 9 AM. At Christ Lutheran Montrose you will

find friendly people gathered in a welcoming environment being comforted and encouraged by the forgiveness and love of Jesus, and sharing that with one another. We are a small congregation of seniors and middle-aged, sprinkled with young

children and teenagers.

FIRST CHURCH OF THE NAZARENE

Denomination: Church of the Nazarene **Address:** 705 South 12th Street **Office Hours:** Monday - Thursday 9 am-

Noon and by Appointment

Contact Information: Office Phone 970 249

-9213, mncfirst@gmail.com, www.montrosenazarenechurch.org

Pastor: Buddy Cook

Services Sunday: Worship 10 AM, Adult Bible Study 11:30 AM Worship includes age -appropriate children's ministry during adult worship.

Wednesday: Prayer Boot Camp - 7 PM Mission Statement: *Montrose First Church* of the Nazarene exists to make Christlike disciples in Montrose Colorado and around the world.

Demographics: Our church consists of older and younger people. We have younger families with children and young teens and older adults as well. We also support the work of Calvary Ranch Colorado and its addiction recovery ministry.

FIRST PRESBYTERIAN CHURCH MONTROSE

Affiliation: Presbyterian

Address: 1840 E Niagara Rd. Montrose CO.

81401 **Office Hours:** M-Thu 9AM - 12PM **Contact**: 970-249-4732, <u>in-</u>

form@fpcmontrose.com, www.fpcmontrose.com Pastor: Jesse Mabanglo

Worship Service times: 9:30AM,

Student Worship at 6PM. We strive to encourage, challenge and support one anoth-

er through spiritual growth, worship, and service in our community, country, and world. We also encourage children and youth to grow their relationship with Christ through our children and student ministries.

MIRROR CHURCH DIRECTORY From previous pg

HILLCREST CONGREGATIONAL UNITED CHURCH OF CHRIST

Denomination affiliation: United Church

of Christ

Address: 611 South Hillcrest Drive, Mont-

rose, CO 81401

Office hours: By appointment

Contact information:

Phone number: (970) 249-9047 Email address: office@montroseucc.org

Website: montroseucc.org

Current Pastor: Rev. Wendy Kidd

Worship service times: Sunday, 10 a.m.

Hillcrest Congregational UCC is a welcoming, open and affirming church, open to all

no matter who you are or where you are

on life's journey.

Church demographics: HCUCC welcomes

all ages to worship with

us. (predominately family, youth, seniors,

singles)

We offer inter-generational worship with a children's "prayer-ground" and activity packets. A cry room is also available.

MONTROSE UNITED METHODIST CHURCH

Denomination Affiliation: United

Methodist

Address: 19 S. Park Avenue Montrose CO.

81401

Office Hours: M-Thu, 9 a.m. - 2 p.m. Contact Information: 970-249-3716, office@montroseumc.org, mont-

roseumc.org

Current Senior Pastor: Rev. Kevin Young **Worship service times:**

8:30 a.m. Sanctuary & Virtual 9:45 a.m. Christian Education & Fellowship 11 a.m. Sanctuary

Montrose UMC is a leader in being fully inclusive, loving, and just servants of

Christ. Our church family welcomes people from various cultural and faith backgrounds: single, married, remarried, with or without children, from diapers to dentures.

Wherever you are on your spiritual journey we invite you to come discover hope, joy, peace, purpose.

ROSEMONT BAPTIST CHURCH

Affiliation: Southern Baptist

Address: 1598 E. Niagara Road, Montrose,

CO 81401

Office Hours: Tues-Thurs, 9am-4pm

Contact information: Phone: 970.249.4887

website: www.RosemontBaptist.org email: office@rosemontBaptist.org emailto: off

Worship Service Times: Our engaging and relevant Sunday Worship Service is at

10:45 AM. We also have Bible Study for All Ages Sunday mornings at 9:15 AM. We provide a professionally-staffed nursery throughout both.

Rosemont Baptist's desire is to passionately bring people face-to-face with the lifechanging power of Jesus Christ.

We are a multigenerational church from different walks of life who love Jesus, love each other, and love our community. Everyone comes dressed in whatever is comfortable. We love meeting new people no

matter what stage of life they are in.

Children's services: We have a fun Sunday
School for children from four years old
through youth. We provide Children's
Church during the Sunday Worship Services where children four years old
through 9 years can learn to be worshippers of Jesus.

We provide a nursery for children under four years old with paid staff providing excellent care during Sunday Morning Bible Study and Worship Service.

SPIRITUAL AWARENESS CENTER

Denomination affiliation: Independent Interfaith

Address: Meeting at Lions Park Community Building, 602 N. Nevada, Montrose Office hours: Tues-Fri, 9 am to 4 pm, **Home**

Office – 970-252-0908 Contact information: Rev. Dr. Arlyn Macdonald,

970-252-0908, arlyn@spiritaware.org, www.spiritaware.org Name of current pastor: Rev. Dr. Arlyn Macdonald, Senior minister; Rev. Ruby Salaz, Assistant Minister. Spiritual Counseling available. Worship service times: In-person Sunday Unity Service at 11 a.m., (Social Time begins at 10 a.m.); Quiet Meditation at 10:30 a.m. Virtual Afternoon Service on Zoom at 2:00 p.m.; Chai Chats, a Wednesday morning midweek informal gathering at 10:30 a.m. at Pun Hill Himalayan Restaurant, Montrose; Thursday Empowerment Circle at 10:30 a.m. on Zoom. Everyone is

welcome. The Spiritual Awareness Center is an interfaith spiritual community welcoming spiritual seekers and people of all faiths, providing a safe place to explore and nurture the individual's unique connection to the Divine through Unity services, classes, family and community projects, including the Great Community Giveaway and Wellness Fair. People of all ages are welcome. There are currently no Sunday School or nursery services provided but craft supplies are available for youth.

ST. STEPHEN'S ANGLICAN CHURCH

Denomination: Anglican-Reformed

Episcopal Church (REC)

Address: 2405 Sunnyside Road, Montrose

970-249-4868

Contact: ststephensmont-

rose@yahoo.com

www.ststephensmontrose.com

Rev. Dec. Garrett Agajanian

St. Stephen's is a community of caring Christians rooted in the godly traditions of the past, focused on the challenges of the present, hopeful for the future, continuing in the Faith once delivered to the saints, using the 1928 Book of Common Prayer.

Sunday: Holy Communion10 am.

Fellowship following service.

Children's nursery available (unstaffed).

MIRROR CHURCH DIRECTORY From previous pg

SUMMIT CHURCH OF MONTROSE:

Denomination affiliation:

Southern Baptist

Address: 10977 60.75 Rd. Montrose, CO

81403

Office hours: Varies Contact information:

phone number: 970-275-7026

 $email: \underline{summitchurchmontrose@gmail.com}$

website: www.summitchurchmontrose.org

Senior Pastor: John DeSario

VICTORY BAPTIST CHURCH OF MONTROSE

Denomination Affiliation: Independent

Baptist

Address: 2890 N Townsend Ave., Mont-

rose, CO 81401

Office Hours: Monday-Friday 8am-12pm Contact Information: Phone (970) 249-

at 9 am followed by a time of fellowship and snacks. Summit Church has frequent Bible studies and other events for adults, young adults, youth and children. Please visit https://

<u>www.summitchurchmontrose.org/</u> <u>events</u> for more information.

Summit Church Montrose is a new church plant that preaches the Word of God, reaches the lost with the Gospel of Jesus Christ and equips Christians to serve the

6874; email at info@vbcmontrose.org;

website: <u>vbcmontrose.org</u> **Current Pastor**: Roland Kassales

Worship Service Times: Sunday School at 9:30am, Sunday AM Service at 10:30am, Sunday PM Service at 6pm, Wednesday Night Service at 6:30pm (all services in-

clude childcare)

Worship service times

Worship service times: Sunday Worship is Lord. Summit Church has people of all agate 9 am followed by a time of fellowship es!

We have families with children (babies, school aged, recent high school and college graduates) up to retired individuals. During the Sunday sermon we offer teaching for children ages birth to Kindergarten, in a kid friendly room called Base Camp. We also have a children's activity during our Monday night adult Bible study. We meet for prayer at the church every Wed. at 6:30.

Victory Baptist Church exists to exalt God, edify saints, and evangelize the lost. Demographics: Victory Baptist serves everyone with age-appropriate classes, groups, and activities. Families with children make up the majority of VBC with young adults, singles, middle-aged couples, and seniors comprising the rest.

Church Directory

Mirror Editorial Staff

MONTROSE-As a way of serving the faith community in Montrose, the Montrose Mirror is in the process of establishing a Church Directory. If your congregation or fellowship would like to be included in the directory, please supply the following

information to the Montrose Mirror:

Name of church
Denomination affiliation
Address Office hours
Contact information (phone number, email address, website)
Name of current Senior Pastor

Please give a one sentence description of your church and its mission in the Montrose community.

Brief description of your current church demographics (predominately family, youth, seniors, singles).

Do your church services include Sunday School and childcare?



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COMMUNITY NEWS BRIEFS

MONTROSE REPUBLICAN WOMEN PRESENT 2023 CIVIC AWARDS HONORING LOCAL VOLUNTEERS

Special to the Mirror

MONTROSE-Montrose Republican Women's 7th Annual Civic Awards Ceremony honored seven community members who go above and beyond in their service to others both at home and internationally. MRW President Kerri Catlin spoke of how these volunteers bring light into the lives of others and restore faith, hope, and courage to those in need.

MRW members recognized these individuals with a brief biography, focusing on details of volunteer work each contributes to our community.

Thank you all for your resolve and hard work to make our community a better place to live.

The 2023 MRW Civic Award Recipients:
Ben Harris - 101 year old WWII Veteran,
Chamber Red Coat and Service Club mem-

ber

Judy Atencio - Giving support to Veterans Karen Deeds - Hospital Volunteer and genealogist

Leah Cole - Mrs Claus for the Cause, children's advocate

Zilla May Brown - Local Historian Val and Terry Burnell - Western Colorado Friends of the Himalayas, Altrusa Club member



Leah Cole – Mrs. Claus for the Cause, children's advocate and MRW 1st VP Marti Barnes. Courtesy photo.



The 2023 MRW Civic Award Recipients: Val and Terry Burnell - Western Colorado Friends of the Himalayas, Altrusa Club member; Zilla May Brown - Local Historian; Karen Deeds - Hospital Volunteer and genealogist; Judy Atencio - Giving support to Veterans; Back row: MRW President Kerri Catlin, 2nd VP Cherie Whiteford, Chaplin Roena Frank. Courtesy photo.



Ben Harris – 101-year old WWII Veteran, Chamber Red Coat and Service Club member. At right, Harris is pictured with his family. Courtesy photos.





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COMMUNITY NEWS BRIEFS: SMALL BUSINESS

MONTROSE ENTREPRENEURS BUILD A LIFE, LAUNCH A BUSINESS WHILE CRUSHING 'MOM GUILT'

Special to Art & Sol

MONTROSE-Trina + Tara O'Brien are partners in life and business. Moms of boy / girl twins, together they've created Power Mom. They are educators, coaches, speakers, health and wellness enthusiasts, and "all things" sports lovers.

Trina grew up in Southern California while Tara was born and raised in Long Island, NY. West Coast met East Coast in South Florida, where both played collegiate soccer and, years later, became a couple. In soccer terms, they joke Tara is the power while Trina is the finesse, the perfect combination for success.

They now reside here in Montrose, which they call their little piece of heaven. Together with the twins, they enjoy outdoor adventures, Jeep rides, RVing, Mexican food, and spending time with their dogs. They recently launched their book "Crush Mom Guilt: Transform Your Life from Crappy to Happy and Ignite Your Inner Greatness" This book empowers and inspires moms to overcome the deep-seated feelings of regret and imperfection that



The O'Briens, who live in Montrose, recently launched their book, "Crush Mom Guilt: Transform Your Life from Crappy to Happy and Ignite Your Inner Greatness."

Courtesy photo.

often accompany motherhood.

Through sharing their personal journeys, they reveal how they transformed their lives from feeling exhausted and unmotivated to living a life of energy, confidence, strength, and self-love.

In Crush Mom Guilt, a mom will find the motivation and guidance she needs to



Tara and Trina O'Brien, above, are partners in life and business. Courtesy photo.

ignite her inner greatness and become strong and confident... all without mom guilt. You can learn more about Trina + Tara and the all services they offer at www.powermom.co or join their free Facebook group at https://www.facebook.com/groups/ PowerMomLife





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Contact Kate Burke and I'll make it happen. Text 970-729-1188. CLICK to pm me

READER PHOTO SPOTLIGHT: B. SWITZER





B. Switzer snapped these photos of the Montrose Community Tree Lighting Downtown and (below right) of the Annual Partners Mentoring Chili Bowl Cookoff at the Temple building on Main Street.









Montrose County Fairgrounds Friendship Hall

For Vendor Information call

Debbie 970.531.2438 or email montrosefootwear@aol.com

SAVE THE DATE! LOCAL EVENTS CALENDAR

ONGOING-

MONTROSE ALTRUSA-1st Tuesday of the month Program meeting; 2nd Tuesday of the month committee meeting; 3rd Tuesday of the month Business meeting. Meetings are held at the Field House on the corner of Colorado Avenue and Rio Grande Avenue at Noon.

GRIEFSHARE SUPPORT GROUP For anyone who has lost a loved one. Join at any time. Meets every Tuesday from 6:30-8:30pm for 13 weeks beginning Aug. 1st. (Aug. 1 thru Oct. 24) at Rosemont Baptist Church 1598 E. Niagara Rd. Montrose, CO 81401

Register at: RosemontBaptist.org/events/griefshare or call at (970)249-4887

FREE THINKERS meet 1st Sunday of the month for information call 970 417-4183

BOSOM BUDDIES BREAST CANCER SUPPORT GROUP, Wednesdays noon-12:45, 645 S. 5th Street

MONTROSE HISTORICAL SOCIETY meets 1st Wednesday of the month @ Montrose Events Center, 1036 No 7th Street 7 pm (970) 249-2085 www.montrosehistory.org

MONTROSE AREA WOODTURNERS second Saturdays 9 am. 17800 - 6400 Rd in Montrose. Chapter of the American Association of Woodturners. Information: Al Head 970-209-0981 or aheadaviation@outlook.com

NURSE FAMILY PARTNERSHIP-Breastfeeding Support Group on the 1st and 3rd Thursday of every month. An infant scale will also be available to check your baby's weight. Breastfeeding Support Group (Bring your questions and your family!) Montrose County Event Center (1036 North 7th Street Room 3) 10am - 12pm. Questions? Please call 970-252-5015.

BINGO EVERY FRIDAY, SATURDAY, **SUNDAY** at 7pm at the American Legion Post 24 Olathe doors open at 5:30. Sunday Bingo will start at 1:30pm. More info call Tom 970 260 8298.

THE HEALING COLLECTIVE OF WESTERN COLORADO welcomes local practitioners, who focus on healing the whole being. Meetings are on the 1st and 3rd Tuesday of the month and both are from Noon-1 pm, upstairs at the Mother Earth store on Main Street . We support one another with our practices, business, and personal needs. For more information please contact Erin Easton at ErinKEaston@gmail.com

THE MONTROSE GENEALOGY CENTER at 700 E. Main St. is now open Wednesday and Thursday afternoons, 1-4 p.m. or call for an appointment: 970-240-1755. Free help and resources for your family history research." (The center is sponsored by the non-profit organization, Fore-Kin Trails Genealogical Society.)

MONTHLY

Oct. 6-Dec. 1-Starting at First Friday on October 6, Montrose Center for Arts is selling corks for \$10 each. Each cork purchased between October 6 and First Friday on December 1 will receive a bottle of wine plus a chance to win an original Bob DeJulio painting. First Friday @ MCA from 4:30pmMontrose Center for Arts @ 11 S Park Avenue.

Dec. 2-The annual Parade of Lights is scheduled for Saturday, Dec. 2 at 5:30 p.m. Please dress in warm clothing.

Dec. 20-All Saints Anglican Church presents Advent Service of Lament & Hope on Dec 20, 6pm.

Dec 24-All Saints Anglican Church — Christmas Eve Services at 4pm & 11:30pm





READER PHOTO SPOTLIGHT: DEB REIMANN



A full moon suspended over the mountains of Montrose. By Deb Reimann.

